

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 13-13 50 Free							
1	27.30 L	F	Gemma Spies	13	INFA NMA	31/01/2025	Infinity Gala 2025
2	28.54 L S	F	Saskya Kistnasami	13	ASA ILD	02/07/2024	Prestige Tournament 2024
3	28.74 L	F	Leandi Prinsloo	13	BS LLD	04/12/2024	Free State Champs 2024
4	28.90 L	F	Thandi Bosman	13	USC BUF	13/12/2024	NMBA Championships 2024
5	29.13 L	F	Morgan Gous	13	INFA NMA	31/01/2025	Infinity Gala 2025
6	29.17 L S	F	Sophie Smith	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
7	29.21 L	P	Deune' Du Plessis	13	BLSS MAN	04/12/2024	Free State Champs 2024
8	29.38 L S	F	Ava Lorenzen	13	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
9	29.58 L S	F	Ellen Faul	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
10	29.62 L	P	Ashleigh de Jager	13	BLOT MAN	04/12/2024	Free State Champs 2024
11	29.66 L S	P	Morgan Tandy	13	CA EKU	05/12/2024	EGA Summer Championships
12	29.80 L	F	Sage Moodie	13	RSA	04/10/2024	Curro AquaElite Gala
13	29.86 L S	P	Liane Coetzee	13	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
14	29.87 L S	F	Jothany Ngnotchouye	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
15	29.91 L S	F	Anja De Villiers	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
16	29.96 L	F	Olivia Stroebel	13	HPS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
17	29.97 L S	F	Melokuhle Mhlongo	13	PSCP UMD	02/07/2024	Prestige Tournament 2024
18	30.10 L S	F	Tyla Charles	13	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET
19	30.12 L	F	Keira Swanepoel	13	KLOO ETH	25/01/2025	uShaka Champs 2025
20	30.16 L	F	Mari Bruwer	13	LSTZN CCD	02/11/2024	Limpopo LS - Top 8 skole 2024
21	30.21 L	F	Irma Kotzé	13	POTC KKD	07/12/2024	NWS Championships 2024
22	30.24 L	F	Rebecca Botha	13	KNYA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
23*	30.36 L	F	Ansuné Van Vuuren	13	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024
23*	30.36 L S	P	Alice Esterhuysen	13	KSTAR EDD	05/12/2024	Western Cape LC-A Championship 2024
25	30.39 L S	P	Seruby Van Tromp	13	JAQ EKU	05/12/2024	EGA Summer Championships
26	30.41 L	P	Aimee van der Merwe	13	MDOL JHB	29/11/2024	CGA Championships 2024
27	30.42 L S	P	Sofia Nixon	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
28*	30.46 L	F	Ella Bunge	13	BLUO UGD	07/12/2024	Stingrays Champs 2024
28*	30.46 L S	F	Emma De Villiers	13	INFA NMA	17/01/2025	6th A League Gala 2025
30	30.48 L	F	Emily Geldart	13	INFA NMA	13/12/2024	NMBA Championships 2024
31	30.56 L	F	Zoe Morgado	13	CSA EZD	29/11/2024	Mpumalanga Championships 2024
32	30.60 L	F	Mila Strydom	13	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
33*	30.63 L	F	Hayley De Haas	13	SEAL UMD	25/01/2025	uShaka Champs 2025
33*	30.63 L S	F	Ayla Ahmed	13	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
35	30.66 L	F	Mackenzie Abrams	13	USC BUF	13/07/2024	1st A League Gala 2024
36*	30.71 L	F	Mayli Van Schalkwyk	13	ASA ILD	07/12/2024	Stingrays Champs 2024
36*	30.71 L	P	Leah de Jager	13	CRSC JHB	29/11/2024	CGA Championships 2024
38	30.77 L	F	Anika Lamprecht	13	VRC FSH	18/10/2024	NTS Level 3+ October Age Group 2024
39*	30.79 L	F	Mbalenhle Jared	13	ELEC FSH	18/10/2024	NTS Level 3+ October Age Group 2024
39*	30.79 L	F	Kiersten Hillen	CR	VASA EKU	01/02/2025	EGA Last Chance Gala
41	30.83 L S	F	Victoria Jackson	13	SOUL EKU	05/12/2024	EGA Summer Championships
42	30.86 L	P	Caeli Ferreira	13	CRSC JHB	29/11/2024	CGA Championships 2024
43	30.94 L	P	Lauren Walker	13	WATR JHB	29/11/2024	CGA Championships 2024
44	30.95 L	F	Roxanne Barnard	13	BEAV ETH	25/01/2025	uShaka Champs 2025
45	30.96 L	F	Mia Pienaar	13	PGAC EKU	10/01/2025	2024 Grand Prix Invitation Swimming
46	31.05 L	F	Mia Putter	13	NWUC KKD	07/12/2024	NWS Championships 2024
47	31.08 L	F	Stacey Welsh	13	BEST NMA	13/12/2024	NMBA Championships 2024
48	31.09 L	P	Sophie Barrow	13	MDOL JHB	29/11/2024	CGA Championships 2024
49	31.10 L	F	Hannah-Grace Havinga	13	TUKS FSH	13/12/2024	NMBA Championships 2024
50	31.11 L	F	Edith Lindsay	13	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
51	31.15 L S	P	Nicola Hawley	13	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
52	31.17 L	F	Carolina Eybers	13	VHD ZLD	11/01/2025	Uthukela District Age Group Gala
53	31.19 L S	F	Rebecca Nilsson	13	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
54	31.22 L	P	Shellaine Pahl	13	DRGN EKU	29/11/2024	CGA Championships 2024
55*	31.25 L	F	Mikayla Rondel	13	CA EKU	12/10/2024	EGA Summer 2
55*	31.25 L	P	Kiana Borstlap	13	POTC KKD	07/12/2024	NWS Championships 2024
57*	31.28 L	F	Leane Van der Merwe	13	PRA GSD	25/01/2025	uShaka Champs 2025
57*	31.28 L	F	Jeannemi Pretorius	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
59	31.31 L S	F	Rylie Crous	13	BLMA CPT	21/09/2024	CTA INVITATIONAL LC MEET	
60	31.40 L	F	Jany Norval	13	SS MPD	29/11/2024	Limpopo Champs 2024	
61	31.50 L	F	Arinda Vorster	13	BS LLD	04/12/2024	Free State Champs 2024	
62	31.53 L	F	Hannah Wright	13	CA EKU	26/10/2024	Summer 3 Delville	
63	31.55 L S	F	Jessica Wood	13	TCA EKU	05/12/2024	EGA Summer Championships	
64*	31.60 L	F	Daniella McLean	13	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024	
64*	31.60 L S	P	Philippa Groves	13	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024	
66	31.62 L S	P	Isabella De Beer	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024	
67	31.71 L	P	Rene' Coetzer	13	DRGN EKU	29/11/2024	CGA Championships 2024	
68	31.73 L	F	Melan van der Spuy	13	BLOT MAN	11/10/2024	Otters Prestige Gala 2024	
69	31.74 L	P	Isabella Oswald	13	CRSC JHB	29/11/2024	CGA Championships 2024	
70	31.78 L S	P	Zoi Dimatellis	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024	
71	31.80 L	F	Miya De Villiers	13	INFA NMA	14/09/2024	3rd A League Gala 2024	
72*	31.82 L	P	Kiana Kalpage	13	RACE JHB	29/11/2024	CGA Championships 2024	
72*	31.82 L S	P	Francesca Flack	13	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024	
74	31.86 L	P	Saheli Kalpage	13	RACE JHB	29/11/2024	CGA Championships 2024	
75	31.97 L S	P	Mila Nienaber	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024	
76	32.00 L S	P	Isabella Brooker	13	AACTA CPT	05/12/2024	Western Cape LC-A Championship 2024	
77	32.04 L S	F	Olivia Latimer	13	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024	
78	32.06 L	F	Nina Van Staden	13	KSC EZD	29/11/2024	Mpumalanga Championships 2024	
79	32.08 L	F	Abigail Da Silva	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
80	32.12 L	P	Abigail Weber	13	DRGN EKU	29/11/2024	CGA Championships 2024	
81	32.14 L S	P	Mary Maponyane	13	TCA EKU	05/12/2024	EGA Summer Championships	
82	32.18 L	F	Keira Wilson	13	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
83*	32.20 L	F	Zenicke Van Schalkwyk	13	DESA NMA	05/10/2024	4th A League Gala 2024	
83*	32.20 L S	F	Arabella Sadler	13	LEGC ETH	02/07/2024	Prestige Tournament 2024	
85	32.25 L S	P	Anya Sonnekus	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024	
86*	32.27 L	F	Talitha Vd Schyff	13	LSBOS WB	02/11/2024	Limpopo LS - Top 8 skole 2024	
86*	32.27 L	F	Eirley Lottering	13	USC BUF	13/12/2024	NMBA Championships 2024	
86*	32.27 L S	F	Annelie Thiar	13	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024	
89*	32.32 L	F	Jaimee Cronje	13	COMS TSH	13/09/2024	NTS September Age Group 2024	
89*	32.32 L	F	Janika Wessels	13	BLOT MAN	11/10/2024	Otters Prestige Gala 2024	
91*	32.33 L	P	Donyelle Cupido	13	BLNE MAN	04/12/2024	Free State Champs 2024	
91*	32.33 L	P	Amber Gaddin	13	CRSC JHB	29/11/2024	CGA Championships 2024	
93	32.37 L	F	Janneke Scheepers	13	RSA	04/10/2024	Curro AquaElite Gala	
94*	32.41 L S	F	Abigail Slabber	13	SEAL UMD	02/07/2024	Prestige Tournament 2024	
94*	32.41 L	F	Hannah Van der Merwe	13	PSCP UMD	28/09/2024	KCDA Age Group 1 2024	
96	32.44 L	F	Kaylee Van der Merwe	13	LAD UTD	02/11/2024	Uthukela District Age Group Gala	
97	32.45 L S	P	Tyloh Aitken	13	WSTV ETH	02/07/2024	Prestige Tournament 2024	
98	32.47 L S	F	Juliette Wallis	13	GREY CPT	02/11/2024	CTA A & B CHAMPS 2024	
99	32.49 L	F	Isabella Redfern	13	CRSC JHB	22/01/2025	Crusaders Night Gala 2	
100	32.57 L	P	Sasha Bailey	13	RACE JHB	29/11/2024	CGA Championships 2024	
101	32.58 L	P	Zaila Forsdyke de Almeida	13	RACE JHB	29/11/2024	CGA Championships 2024	
102	32.60 L	P	Ashley Williams	13	BLNE MAN	04/12/2024	Free State Champs 2024	
103*	32.67 L S	F	Lisa Du Toit	13	SEAL UMD	02/07/2024	Prestige Tournament 2024	
103*	32.67 L S	P	Aimee Liebenberg	13	SWAR WCD	05/12/2024	Western Cape LC-A Championship 2024	
105	32.72 L S	F	Zoe Geddes	13	INFA NMA	17/01/2025	6th A League Gala 2025	
106	32.76 L S	P	Elrie Moolman	CR	VASA EKU	05/12/2024	EGA Summer Championships	
107	32.85 L	F	Elle Gasson	13	BLSS MAN	13/09/2024	Pelicans Age Group Gala	
108	32.92 L	F	Frances Esterhuysen	13	KSTAR EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools	
109	32.93 L	F	Ava Kranenburg	13	VINE CPT	09/11/2024	Swartland Prestige Gala 2024	
110	33.03 L	F	Alessia Dowle	13	UNIC CCD	02/11/2024	Limpopo LS - Top 8 skole 2024	
111	33.04 L	P	Nicole Uys	13	DRGN EKU	29/11/2024	CGA Championships 2024	
112	33.07 L	F	Katelyn Dutton	13	AZON ETH	14/06/2024	AQZ Winter Warmer 2024	
113*	33.08 L	P	Rachele Goosen	13	UNIU EZD	29/11/2024	Mpumalanga Championships 2024	
113*	33.08 L S	P	Emerson Woods	13	ESTR EKU	05/12/2024	EGA Summer Championships	
115*	33.10 L	P	Morgan Maree	13	DRGN EKU	29/11/2024	CGA Championships 2024	
115*	33.10 L	P	Emma Love	13	MDOL JHB	29/11/2024	CGA Championships 2024	
117	33.16 L	F	Mia Strydom	13	INFA NMA	17/08/2024	Madibaz Swim Meet 2024	

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
118	33.20	L	F	Laaiqah Abrahams	13	INFA NMA	31/01/2025 Infinity Gala 2025
119	33.30	L	F	Caitlin Matthasen	13	RFA TSH	18/10/2024 NTS Level 3+ October Age Group 2024
120*	33.31	L	F	Phoebe Oagile-Motso	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
120*	33.31	L	F	Kirstin Bouwer	13	AGAQ OBD	09/11/2024 Swartland Prestige Gala 2024
120*	33.31	L	F	Jemma Van Der Merwe	13	ELEC TSH	13/09/2024 NTS September Age Group 2024
123	33.34	L	P	Emma Terblanche	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
124	33.36	L	F	Emma Groenewald	13	KTS	05/10/2024 FLAMINGO GALA OCT 2024
125*	33.37	L	F	Amalia van der Westhuizen	13	INFA NMA	13/12/2024 NMBA Championships 2024
125*	33.37	L	F	Leah Hopper	13	KNYA EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
127	33.43	L	P	Gabriella Roelandt	13	AA JHB	29/11/2024 CGA Championships 2024
128	33.45	L	F	Madison Alton	13	RFA TSH	07/12/2024 NWS Championships 2024
129*	33.49	L	P	Charlotte Costa	13	MDOL JHB	29/11/2024 CGA Championships 2024
129*	33.49	L	F	Alicia Kock	13	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
131	33.54	L	F	Casey Lee Mccabe	13	HBV MP	01/02/2025 Limpopo School Champs & Limpopo AG
132	33.58	L S	P	Emily Oelofsen	13	TCA ECU	05/12/2024 EGA Summer Championships
133	33.61	L	P	Nina Steyn	13	BLSS MAN	04/12/2024 Free State Champs 2024
134	33.63	L S	P	Isabella Mare	13	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
135	33.70	L	F	Nika Van den Berg	13	QSAW CED	09/11/2024 Winelands SL4
136	33.73	L	P	Liat Fittinghoff	13	OLDE JHB	29/11/2024 CGA Championships 2024
137*	33.74	L	P	Ava Koortzen	13	LINR JHB	29/11/2024 CGA Championships 2024
137*	33.74	L S	P	Miané Cronjé	13	FISH EDD	05/12/2024 Western Cape LC-A Championship 2024
137*	33.74	L	F	Giorgia Wood	13	STSC KCD	07/12/2024 Stingrays Champs 2024
140	33.79	L	F	Anika Muller	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
141	33.82	L	F	Hayleigh Sutherland	13	AWIN TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
142	33.86	L	P	Daniella Tolmay	13	AFIN JHB	29/11/2024 CGA Championships 2024
143*	33.87	L	P	Annabelle Marsh	13	TINC TSH	29/11/2024 CGA Championships 2024
143*	33.87	L	F	Anesuise Jojozi	13	PELIC MAN	09/11/2024 Bull Sharks Gala
145	33.89	L S	F	Isabella Wener	13	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
146	33.92	L	F	Liandi Joubert	13	USC BUF	13/12/2024 NMBA Championships 2024
147	33.96	L	F	Marine Wilken	13	VALS FDD	25/10/2024 Neptunes Gala
148	33.99	L	P	Oatile Oliphant	13	WATR JHB	29/11/2024 CGA Championships 2024
149	34.05	L	F	Mia Lombard	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
150	34.09	L	F	Nolwazi Malaza	13	CSC TSH	13/09/2024 NTS September Age Group 2024
151	34.10	L	F	Alessia Dowle	13	SS MPD	12/10/2024 Limpopo Age Group 4
152*	34.12	L	F	Maleleko Mushikita	13	SS MPD	29/11/2024 Limpopo Champs 2024
152*	34.12	L S	P	Mia Lourens	13	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
154	34.14	L	P	Tinokudzaishe Shoniwa	13	MDOL JHB	29/11/2024 CGA Championships 2024
155	34.16	L	P	Annabelle Gwilt	13	SASE JHB	29/11/2024 CGA Championships 2024
156	34.18	L	F	Ezra Swartz	13	BULS MAN	13/09/2024 Pelicans Age Group Gala
157	34.21	L S	F	Jani Barkhuysen	13	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
158	34.23	L	P	Kylie Broncho	13	PER JHB	29/11/2024 CGA Championships 2024
159	34.24	L	P	Kukhokonke Hlatshwayo	13	AA JHB	29/11/2024 CGA Championships 2024
160*	34.34	L	F	Moné De Kock	13	HE CCD	01/02/2025 Limpopo School Champs & Limpopo AG
160*	34.34	L	F	Mieke Botha	13	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
162*	34.36	L	P	Ilane' Smit	13	BULS MAN	04/12/2024 Free State Champs 2024
162*	34.36	L	F	Demi Murray	13	USC BUF	13/12/2024 NMBA Championships 2024
164*	34.38	L	F	Janike Marais	13	BEARS TSH	13/09/2024 NTS September Age Group 2024
164*	34.38	L	F	Aila van Biljon	13	BLOT MAN	24/08/2024 Kovsie Gala 2
166	34.46	L	F	Gabriela Govender	13	INFA NMA	15/06/2024 PEA Winter Gala 2024
167	34.48	L	F	Anè Joubert	13	BLNE MAN	19/10/2024 Pelicans Gala 2
168	34.49	L	F	Tatum Venter	13	WSS LLD	24/08/2024 Kovsie Gala 2
169	34.53	L	F	Alexia Montgomery	13	AQUA UTD	02/11/2024 Uthukela District Age Group Gala
170	34.55	L S	F	Belen Neethling	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
171	34.57	L	P	Surayia Harris	13	CRSC JHB	29/11/2024 CGA Championships 2024
172	34.58	L	P	Kaira Nel	13	WSS LLD	04/12/2024 Free State Champs 2024
173	34.59	L	F	Lene Bester	13	MATL KKD	23/11/2024 NWS Age Group 3 + 4 2024
174	34.62	L	F	Lindsay Balmer	13	RSA	04/10/2024 Curro AquaElite Gala
175	34.68	L	P	Bokang Seleke	13	AFIN JHB	29/11/2024 CGA Championships 2024
176	34.74	L	F	Nangamso Bodlani	13	STSC KCD	07/12/2024 Stingrays Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
177	34.75	L	P	Lucy Seymour	13	CRSC JHB	29/11/2024 CGA Championships 2024
178	34.76	L	P	Ivanke Jacobs	13	HREF BPD	07/12/2024 NWS Championships 2024
179	34.78	L S	P	Peighton Le Roux	13	SOUL EKU	05/12/2024 EGA Summer Championships
180	34.83	L	P	Lisa Ferreira	13	BULS MAN	04/12/2024 Free State Champs 2024
181*	34.85	L	P	Jordan Godfrey	13	AFIN JHB	29/11/2024 CGA Championships 2024
181*	34.85	L	P	Courtney Biggs	13	SASE JHB	29/11/2024 CGA Championships 2024
183*	34.93	L	P	Ontshiametse Makatiers	13	RBOT BPD	07/12/2024 NWS Championships 2024
183*	34.93	L S	P	Zoe Bayisayi	13	TCA EKU	05/12/2024 EGA Summer Championships
183*	34.93	L	F	Lune Coetsee	13	LAD UTD	02/11/2024 Uthukela District Age Group Gala
186*	34.96	L	F	Katelyn Ferns	13	ACAQ CCD	12/10/2024 Limpopo Age Group 4
186*	34.96	L S	P	Layla Bettencourt	13	CA EKU	05/12/2024 EGA Summer Championships
188	34.99	L S	F	Jemah Van der Westhuizen	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
189	35.01	L	P	Addisyn Moloney	13	AWSC JHB	29/11/2024 CGA Championships 2024
190	35.12	L	P	Erin Hilliar	13	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
191	35.13	L	P	Swapnika Kasiredy	13	SASE JHB	29/11/2024 CGA Championships 2024
192	35.14	L S	F	Rebecca Alderman	13	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
193*	35.17	L	F	Jeanrie Lennox	13	RBOT BPD	09/11/2024 NWS Age Group 1 & 2 2024
193*	35.17	L	P	Ngoko Seke	13	MDOL JHB	29/11/2024 CGA Championships 2024
195	35.19	L	F	Leah Stewart	13	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
196	35.21	L	F	Thandolwethu Dlamini	13	MSC NGD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
197	35.22	L	P	Emihle James	13	RBOT BPD	07/12/2024 NWS Championships 2024
198*	35.26	L	F	Chiara Surtees	13	CRSC JHB	22/01/2025 Crusaders Night Gala 2
198*	35.26	L	P	Zoey Van Leeuwen	13	CRSC JHB	29/11/2024 CGA Championships 2024
200	35.29	L	F	Trinity Kavanagh	13	TCA EKU	12/10/2024 EGA Summer 2
201	35.33	L S	P	Miane Muller	13	CA EKU	05/12/2024 EGA Summer Championships
202	35.43	L S	P	Samantha Kröger	13	BARR CPT	05/12/2024 Western Cape LC-A Championship 2024
203	35.53	L	F	Terina Retief	13	BLNE MAN	11/10/2024 Otters Prestige Gala 2024
204	35.58	L	P	Bella Spolander	13	DORE JHB	29/11/2024 CGA Championships 2024
205*	35.62	L S	P	Kate Doull	13	ASA ILD	02/07/2024 Prestige Tournament 2024
205*	35.62	L S	F	Josephine Endres	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
207	35.71	L	F	Amée Mc Laughlin	13	RFA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
208	35.74	L	F	Cara Hughes	13	FRA KCD	26/10/2024 Froggies Aquatics Championships 2024
209	35.77	L	F	Angelique Marais	13	EXP TSH	01/02/2025 EGA Last Chance Gala
210	35.79	L	F	Ava-Sophia Smith	13	BCA BUF	11/01/2025 EDEN INTER DISTRICT PRESTIGE
211	35.84	L	F	Courtney Logie	13	KLOO ETH	14/06/2024 AQZ Winter Warmer 2024
212	35.87	L	F	Julie Marais	13	LSWBA WB	01/02/2025 Limpopo School Champs & Limpopo AG
213	35.88	L	P	Danicka Groenewald	13	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
214	35.89	L S	P	Abigail Naicker	13	ACSA ETH	02/07/2024 Prestige Tournament 2024
215*	35.90	L S	P	Amelia Kyprou	13	ESP EKU	05/12/2024 EGA Summer Championships
215*	35.90	L S	F	Paula Theron	13	CASC CPT	21/09/2024 CTA INVITATIONAL LC MEET
217	35.97	L	F	Mikah Cillié	13	TUKS TSH	13/09/2024 NTS September Age Group 2024
218	36.03	L	F	Lily Theron	13	TINC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
219*	36.07	L	F	Elle Joubert	13	PLAY CED	09/11/2024 Swartland Prestige Gala 2024
219*	36.07	L	F	Lyla Barnard	13	RFA TSH	18/10/2024 NTS Level 3+ October Age Group 2024
219*	36.07	L	F	Zande Bata	13	SRAY BUF	22/11/2024 BCA Long Course Championships 2024
222	36.09	L	F	Nkembo Baghana	13	CPSC TSH	13/09/2024 NTS September Age Group 2024
223	36.10	L	F	Leelah Kemp	13	TINC TSH	13/09/2024 NTS September Age Group 2024
224*	36.16	L	F	Mjanyelwa Mtshweni	13	CA EKU	12/10/2024 EGA Summer 2
224*	36.16	L	F	Danika Botha	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
226	36.18	L	P	Alouise Supra	13	TNDER FDD	04/12/2024 Free State Champs 2024
227	36.20	L	P	Ofentse Mthopeng	13	MDOL JHB	29/11/2024 CGA Championships 2024
228	36.28	L S	P	Clarrisa Schuch	13	LEGC ETH	02/07/2024 Prestige Tournament 2024
229	36.31	L	F	Moloko Masemene	13	ELEC TSH	13/09/2024 NTS September Age Group 2024
230*	36.32	L	P	Sameeha Valli	13	MDOL JHB	29/11/2024 CGA Championships 2024
230*	36.32	L	P	Isabelle Boyd	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
232	36.40	L	P	Chizara Nsibanyoni-Anyiam	13	WATR JHB	29/11/2024 CGA Championships 2024
233	36.42	L	F	Kaiyann Bricknell	13	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
234	36.44	L	F	Liv Van den Heever	13	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
235*	36.59	L S	P	Mayra Singh	13	PSCP UMD	02/07/2024 Prestige Tournament 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
235*	36.59	L	F	Danielle Bond	13	ROA EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
237	36.60	L	F	Amahle Mazula	13	MAKO EKU	12/10/2024 EGA Summer 2
238	36.64	L	P	Zeina Bhamjee	13	ATLA JHB	29/11/2024 CGA Championships 2024
239	36.68	L	F	Beah-Zita Cerone	13	HAAG UTD	07/12/2024 Uthukela District Age Group Gala
240	36.70	L	F	Xandri Hattingh	13	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
241	36.75	L	F	Daniela de Gouveia	13	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
242	36.83	L S	P	Paballo Mabote	13	MAKO EKU	05/12/2024 EGA Summer Championships
243*	36.85	L	P	Inge Borman	13	BULS MAN	04/12/2024 Free State Champs 2024
243*	36.85	L	F	Londiwe Ngwenya	13	SGUL ETH	25/01/2025 uShaka Champs 2025
245	36.86	L S	P	Kiara Naidoo	13	MAKO EKU	05/12/2024 EGA Summer Championships
246	36.97	L	F	Taylor-Lee Cameron	13	RFA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
247	37.01	L	F	Chloë Snyman	13	SS MPD	29/11/2024 Limpopo Champs 2024
248	37.02	L	P	Emily Ackerman	13	QUES JHB	29/11/2024 CGA Championships 2024
249	37.08	L	F	Zuwena Khamanga	13	LEGC ETH	25/01/2025 uShaka Champs 2025
250	37.11	L	F	Chibeka Mwansa	13	MAHD NMD	23/11/2024 NWS Age Group 3 + 4 2024
251	37.13	L	F	Chloe Oosthuizen	13	CSC TSH	13/09/2024 NTS September Age Group 2024
252	37.17	L S	P	Ciara Kroef	13	FAC EKU	05/12/2024 EGA Summer Championships
253	37.39	L	P	Amy Wellsted	13	CRSC JHB	29/11/2024 CGA Championships 2024
254	37.44	L	F	Hesmari MacRobert	13	KSTAR EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
255	37.60	L	P	Abbeygail Emond	13	DRGN EKU	29/11/2024 CGA Championships 2024
256	37.64	L	P	Mienke Byliefeldt	13	RBUR BPD	07/12/2024 NWS Championships 2024
257*	37.72	L S	P	Isabella Ryan	13	ESTR EKU	05/12/2024 EGA Summer Championships
257*	37.72	L	P	Mieke Van der Walt	13	NWUC KKD	07/12/2024 NWS Championships 2024
259	37.74	L S	F	Keandra Jardim	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
260	37.76	L	F	Klara Nel	13	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
261	37.77	L	P	Sunechka Roodt	13	MATL KKD	07/12/2024 NWS Championships 2024
262	37.93	L	P	Olwethu Gqoloma	13	RBOT BPD	07/12/2024 NWS Championships 2024
263	37.98	L	F	Juané Labuschagne	13	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
264	38.03	L S	P	Cornelea Breedt	13	ESP EKU	05/12/2024 EGA Summer Championships
265	38.07	L	F	Elnye Potgieter	13	RFA TSH	13/09/2024 NTS September Age Group 2024
266	38.11	L	F	Angelina Fernandes	13	WSS LLD	25/10/2024 Neptunes Gala
267	38.14	L	F	Suzanne Marais	13	BEARS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
268	38.17	L S	P	Mieka Janse van Rensburg	13	JAQ EKU	05/12/2024 EGA Summer Championships
269	38.21	L S	P	Kaitlynn Moodley	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
270	38.23	L	F	Izelle Arrow	13	TASC MPD	29/11/2024 Limpopo Champs 2024
271	38.25	L S	P	Danica Carey	13	CA EKU	05/12/2024 EGA Summer Championships
272	38.30	L	P	Nala Hlapho	13	RBOT BPD	07/12/2024 NWS Championships 2024
273	38.37	L	F	Tlotliso Rakubutu	13	HREF BP	09/11/2024 NWS Age Group 1 & 2 2024
274*	38.52	L	P	Frané van Wyk	13	BS LLD	04/12/2024 Free State Champs 2024
274*	38.52	L	F	Michelle De Beer	13	TASC MPD	29/11/2024 Limpopo Champs 2024
276	38.58	L S	F	Sydney Sprout	13	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
277	38.61	L	F	Ayazingca Dyasi	13	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
278*	38.64	L	F	Danelle Carstens	13	PSA ZLD	26/10/2024 Froggies Aquatics Championships 2024
278*	38.64	L S	P	Peyton Russell	13	PGAC EKU	05/12/2024 EGA Summer Championships
280	38.82	L	P	Lunè Botes	13	BS LLD	04/12/2024 Free State Champs 2024
281	38.83	L	F	Anne-Marie Brink	13	RFA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
282	38.84	L S	P	Zisuliwe Zikhali	13	MAKO EKU	05/12/2024 EGA Summer Championships
283	38.85	L	F	Tayla-Jean Gibb	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
284	38.86	L	F	Casey Charlton	13	TRAZ TSH	13/09/2024 NTS September Age Group 2024
285*	39.12	L	F	Nomathemba Makhasane	13	MATL KKD	09/11/2024 NWS Age Group 1 & 2 2024
285*	39.12	L	F	Kate Tager	13	CUHE OBD	09/11/2024 Swartland Prestige Gala 2024
287	39.20	L	F	Amare Victor	13	CPSC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
288	39.24	L	F	Nika Naude	13	LALE CED	09/11/2024 Winelands SL4
289	39.26	L S	P	Bontle Dube	13	ESP EKU	05/12/2024 EGA Summer Championships
290	39.29	L	F	Amelia Minnaar	13	USC BUF	13/12/2024 NMBA Championships 2024
291	39.30	L	F	Hannah Kemp	13	LALE CED	09/11/2024 Winelands SL4
292	39.39	L	F	Jennifer Mostert	13	TASC MPD	12/10/2024 Limpopo Age Group 4
293*	39.40	L	F	Leane Botha	13	FRA KCD	26/10/2024 Froggies Aquatics Championships 2024
293*	39.40	L S	P	Nokukhanya Maseko	13	MAKO EKU	05/12/2024 EGA Summer Championships

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
295	39.43	L S	P	Sithabile Mdlalose	13	JAQ EKU	05/12/2024	EGA Summer Championships
296	39.59	L S	P	Naledi Mohapi	13	ESTR EKU	05/12/2024	EGA Summer Championships
297	39.66	L	F	Annabel Chinakidzwa	13	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024
298	39.70	L	F	Mieke Pretorius	13	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
299	39.78	L	F	Landri Du Toit	13	BULS MAN	01/02/2025	Heidedal & Sentraal Galal
300	39.82	L S	F	Mieke Haughton	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
301	39.90	L S	P	Ayamaah Zwane	13	WSTV ETH	02/07/2024	Prestige Tournament 2024
302	40.10	L	F	Kayla De Lange	13	TASC MPD	12/10/2024	Limpopo Age Group 4
303	40.11	L	F	Keletso Goeieman	13	KALA	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
304	40.23	L	F	Carli Wessels	13	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
305	40.33	L	F	Simone Uys	13	LSJM SKD	02/11/2024	Limpopo LS - Top 8 skole 2024
306	40.39	L S	F	Kendra Samuels	13	GREY CPT	02/11/2024	CTA A & B CHAMPS 2024
307	40.45	L	F	Luna Copteros	13	PEAS NMA	13/12/2024	NMBA Championships 2024
308	40.50	L	F	Reabetswe Mokwele	13	POLSC GCD	29/11/2024	Limpopo Champs 2024
309	40.66	L	F	Clarika Van den Hever	13	BULS MAN	19/10/2024	Pelicans Gala 2
310*	40.97	L	F	Kirsten Koopman	13	LEGC ETH	25/01/2025	uShaka Champs 2025
310*	40.97	L	F	Johannah Strydom	13	WRP EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
312	41.33	L	F	Johanna Hanekom	13	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
313	41.43	L S	F	Miahlee Flink	13	KHAY CPT	02/11/2024	CTA A & B CHAMPS 2024
314	41.60	L	F	Retang Kgoale	13	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
315	41.64	L	F	Reabetswe Sebola	13	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
316	41.72	L	F	Gabby Veldman	13	AASC EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
317	42.03	L S	P	Angelique Benn	13	MAKO EKU	05/12/2024	EGA Summer Championships
318	42.09	L	F	Orefile Ramphele	13	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
319	42.30	L S	F	Lara Louw	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
320	42.42	L	P	Ellene' Van Zyl	13	BLNE MAN	04/12/2024	Free State Champs 2024
321	42.49	L	F	Logan Nieuwenhuys	13	KALA	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
322	42.60	L	F	Danielle Du Plessis	13	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
323	42.88	L	F	Esti Raath	13	WRP EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
324	43.25	L	F	Kaitlin Groenewald	13	NAE EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
325	43.38	L S	P	Oratilwe Ngubeni	13	JAQ EKU	05/12/2024	EGA Summer Championships
326	43.51	L	F	Andeline de Bruyn	13	LSKP WB	02/11/2024	Limpopo LS - Top 8 skole 2024
327	43.73	L	F	Lisa Raath	13	WRP EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
328	43.74	L S	F	Logan Marais	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
329	43.97	L	F	Reatlegile Mosikare	13	FSE KCD	09/11/2024	KCDA Age Goup 2 2024
330	44.00	L	F	Lienka Pretorius	13	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024
331	44.51	L	P	Jadyne Dowie	13	QUES JHB	29/11/2024	CGA Championships 2024
332	44.69	L	F	Paige Halse	13	AQUA BUF	15/06/2024	PEA Winter Gala 2024
333	46.87	L	F	Mieke Greyling	13	WRP EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
334	47.51	L S	F	Mishka Isaacs	13	WALM CPT	02/11/2024	CTA A & B CHAMPS 2024
335	47.53	L	F	Eljonè Bruwer	13	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
336	48.74	L	F	Mienka Loubser	13	QSAW CED	09/11/2024	Swartland Prestige Gala 2024
337	54.13	L	F	Nandi Nsele	13	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
338	57.73	L	P	Londiwe Khumalo	13	MPAR JHB	29/11/2024	CGA Championships 2024
339	1:17.86	L	F	Kyleigh Roman	13	GAA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
Women 13-13 100 Free								
1	1:00.06	L	F	Gemma Spies	13	INFA NMA	31/01/2025	Infinity Gala 2025
2	1:02.43	L	F	Ava Lorenzen	13	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
3	1:02.64	L	F	Leandi Prinsloo	13	BS LLD	04/12/2024	Free State Champs 2024
4	1:02.71	L	F	Saskya Kistnasami	13	ASA ILD	02/07/2024	Prestige Tournament 2024
5	1:02.75	L	F	Morgan Gous	13	INFA NMA	31/01/2025	Infinity Gala 2025
6	1:02.84	L	F	Thandi Bosman	13	BCA BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE
7	1:04.12	L	F	Deune' Du Plessis	13	BLSS MAN	04/12/2024	Free State Champs 2024
8	1:04.17	L	F	Keira Swanepoel	13	KLOO ETH	25/01/2025	uShaka Champs 2025
9	1:04.25	L	F	Morgan Tandy	13	CA EKU	05/12/2024	EGA Summer Championships
10	1:04.32	L	F	Sophie Smith	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
11	1:04.52	L	F	Ansuné Van Vuuren	13	NWUC KKD	07/12/2024	NWS Championships 2024
12	1:05.19	L	F	Lulu Swanepoel	13	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024
13	1:05.21	L	F	Irma Kotzé	13	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
14	1:05.55	L	F	Hayley De Haas	13	SEAL UMD	25/01/2025	uShaka Champs 2025
15*	1:05.75	L	F	Jothany Ngnotchouye	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
15*	1:05.75	L	P	Anja De Villiers	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
17	1:05.99	L	F	Mackenzie Abrams	13	USC BUF	22/11/2024	BCA Long Course Championships 2024
18	1:06.00	L	F	Mari Bruwer	13	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
19	1:06.06	L	F	Mia Pienaar	13	PGAC EKU	05/12/2024	EGA Summer Championships
20	1:06.15	L	P	Kiersten Hillen	CR	VASA EKU	05/12/2024	EGA Summer Championships
21	1:06.28	L	F	Hannah-Grace Havinga	13	TUKS FSH	13/12/2024	NMBA Championships 2024
22	1:06.65	L	F	Alice Esterhuysen	13	KSTAR EDD	05/12/2024	Western Cape LC-A Championship 2024
23	1:06.68	L	F	Mayli Van Schalkwyk	13	ASA ILD	07/12/2024	Stingrays Champs 2024
24	1:06.74	L	F	Aimee van der Merwe	13	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
25	1:06.75	L	F	Sage Moodie	13	RSA	04/10/2024	Curro AquaElite Gala
26	1:06.77	L	F	Mbalenhle Jared	13	ELEC FSH	18/10/2024	NTS Level 3+ October Age Group 2024
27	1:06.87	L	F	Seruby Van Tromp	13	JAQ EKU	05/12/2024	EGA Summer Championships
28	1:06.92	L	F	Zoe Morgado	13	CSA EZD	29/11/2024	Mpumalanga Championships 2024
29	1:06.97	L	F	Carolina Eybers	13	VHD ZLD	07/12/2024	Stingrays Champs 2024
30	1:06.99	L	P	Angelica Tsai-Rieb	13	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
31	1:07.02	L	P	Lauren Walker	13	WATR JHB	29/11/2024	CGA Championships 2024
32	1:07.17	L	F	Ashleigh de Jager	13	BLOT MAN	01/02/2025	Heidedal & Sentraal Galal
33	1:07.19	L S	F	Rylie Crous	13	BLMA CPT	21/09/2024	CTA INVITATIONAL LC MEET
34*	1:07.60	L	F	Ellen Faul	13	QSAW CED	09/11/2024	Swartland Prestige Gala 2024
34*	1:07.60	L	F	Erin Weimann	13	USC BUF	22/11/2024	BCA Long Course Championships 2024
36	1:07.66	L	P	Rebecca Botha	13	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024
37	1:07.73	L	P	Leah de Jager	13	CRSC JHB	29/11/2024	CGA Championships 2024
38	1:07.78	L	F	Mikayla Rondel	13	CA EKU	12/10/2024	EGA Summer 2
39	1:07.80	L	F	Ella Bunge	13	BLUO UGD	07/12/2024	Stingrays Champs 2024
40	1:07.94	L	F	Melokuhle Mhlongo	13	PSCP UMD	02/07/2024	Prestige Tournament 2024
41	1:07.97	L	P	Anika Lamprecht	13	VRC FSH	07/12/2024	NWS Championships 2024
42	1:08.05	L	F	Jenna Van Eeden	13	EXP FSH	18/10/2024	NTS Level 3+ October Age Group 2024
43	1:08.12	L	P	Stacey Welsh	13	BEST NMA	15/06/2024	PEA Winter Gala 2024
44	1:08.29	L	P	Rebecca Nilsson	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
45	1:08.32	L	P	Sofia Nixon	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
46	1:08.41	L	P	Kiana Borstlap	13	POTC KKD	07/12/2024	NWS Championships 2024
47	1:08.44	L S	F	Miya De Villiers	13	INFA NMA	17/01/2025	6th A League Gala 2025
48	1:08.64	L	F	Emily Geldart	13	INFA NMA	13/12/2024	NMBA Championships 2024
49	1:08.67	L	F	Leane Van der Merwe	13	PRA GSD	25/01/2025	uShaka Champs 2025
50	1:08.73	L	P	Caeli Ferreira	13	CRSC JHB	29/11/2024	CGA Championships 2024
51	1:08.81	L	F	Violet Maritz	13	SEAL UMD	11/01/2025	Uthukela District Age Group Gala
52	1:08.85	L	P	Liane Coetzee	13	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
53	1:08.86	L	F	Hannah Wright	13	CA EKU	05/12/2024	EGA Summer Championships
54	1:09.06	L	F	Abigail Da Silva	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
55	1:09.09	L S	F	Emma De Villiers	13	INFA NMA	17/01/2025	6th A League Gala 2025
56	1:09.19	L	P	Sophie Barrow	13	MDOL JHB	29/11/2024	CGA Championships 2024
57	1:09.30	L	F	Victoria Jackson	13	SOUL EKU	05/12/2024	EGA Summer Championships
58	1:09.50	L	F	Amelie Erasmus	13	SOUL EKU	01/02/2025	EGA Last Chance Gala
59	1:09.52	L	P	Philippa Groves	13	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024
60	1:09.55	L	F	Elara Köpplinger	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
61	1:09.57	L	F	Zenicke Van Schalkwyk	13	DESA NMA	13/12/2024	NMBA Championships 2024
62	1:09.60	L	F	Roxanne Barnard	13	BEAV ETH	25/01/2025	uShaka Champs 2025
63	1:09.65	L	P	Francesca Flack	13	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024
64	1:09.66	L	F	Talitha Vd Schyff	13	LSBOS WB	02/11/2024	Limpopo LS - Top 8 skole 2024
65	1:09.72	L	F	Zoi Dimatellis	13	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
66	1:09.78	L	P	Edith Lindsay	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
67*	1:09.90	L	F	Isabella Brooker	13	AACTA CPT	02/11/2024	CTA A & B CHAMPS 2024
67*	1:09.90	L	P	Romy Smith	13	MDOL JHB	29/11/2024	CGA Championships 2024
69	1:10.01	L	F	Mila Strydom	13	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
70	1:10.12	L	P	Nicola Hawley	13	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
71	1:10.28	L	P	Jessica Wood	13	TCA EKU	05/12/2024	EGA Summer Championships
72	1:10.35	L	F	Janneke Scheepers	13	SGUL ETH	13/12/2024	NMBA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
73	1:10.41	L	P	Abigail Weber	13	DRGN EKU	29/11/2024 CGA Championships 2024
74	1:10.50	L	P	Anya Sonnekus	13	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
75	1:10.62	L	P	Morgan Maree	13	DRGN EKU	29/11/2024 CGA Championships 2024
76	1:10.63	L	F	Kristen Roos	13	TRAZ TSH	13/09/2024 NTS September Age Group 2024
77	1:10.68	L	P	Amber Gaddin	13	CRSC JHB	29/11/2024 CGA Championships 2024
78	1:10.70	L	F	Kaylee Van der Merwe	13	LAD UTD	11/01/2025 Uthukela District Age Group Gala
79	1:10.78	L	F	Ava Kranenburg	13	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
80	1:10.83	L	P	Mary Maponyane	13	TCA EKU	05/12/2024 EGA Summer Championships
81	1:10.89	L	P	Tayla Scheepers	13	AFIN JHB	29/11/2024 CGA Championships 2024
82	1:10.93	L	F	Katelyn Dutton	13	RSA	04/10/2024 Curro AquaElite Gala
83	1:11.05	L	F	Lika Zietsman	13	BETH FDD	31/08/2024 Seals Gala
84	1:11.11	L	P	Shellaine Pahl	13	DRGN EKU	29/11/2024 CGA Championships 2024
85	1:11.14	L	F	Abigail Slabber	13	SEAL UMD	25/01/2025 uShaka Champs 2025
86	1:11.18	L	F	Anelle Ward	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
87	1:11.19	L	F	Jeannemi Pretorius	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
88	1:11.27	L	P	Mia Putter	13	NWUC KKD	07/12/2024 NWS Championships 2024
89	1:11.30	L	F	Arabella Sadler	13	LEGC ETH	13/12/2024 NMBA Championships 2024
90	1:11.32	L	P	Olivia Latimer	13	SAAW CPT	05/12/2024 Western Cape LC-A Championship 2024
91	1:11.34	L	P	Isobelle Vlok	13	LINR JHB	29/11/2024 CGA Championships 2024
92	1:11.38	L	P	Mila Nienaber	13	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
93	1:11.41	L	F	Mia Strydom	13	INFA NMA	14/09/2024 3rd A League Gala 2024
94	1:11.49	L	P	Kaylee Naidoo	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
95	1:11.55	L	F	Lisa Du Toit	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
96	1:11.56	L	F	Martinet Bezuidenhout	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
97	1:11.65	L	F	Ami Van der Merwe	13	FSE KCD	25/01/2025 uShaka Champs 2025
98	1:11.67	L	F	Daniella McLean	13	PEAS NMA	13/12/2024 NMBA Championships 2024
99	1:11.69	L	P	Chloe Potgieter	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
100	1:11.75	L	P	Elrie Moolman	CR	VASA EKU	05/12/2024 EGA Summer Championships
101	1:11.83	L	F	Donyelle Cupido	13	RSA	04/10/2024 Curro AquaElite Gala
102	1:11.89	L	F	Frances Esterhuysen	13	EDA ED	11/01/2025 EDEN INTER DISTRICT PRESTIGE
103	1:11.97	L	F	Isabella Mare	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
104	1:12.00	L	P	Isabella Oswald	13	CRSC JHB	29/11/2024 CGA Championships 2024
105	1:12.14	L	P	Oatile Oliphant	13	WATR JHB	29/11/2024 CGA Championships 2024
106	1:12.32	L	F	Tyla Charles	13	VINE CPT	09/11/2024 Swartland Prestige Gala 2024
107	1:12.47	L	F	Isabella Oliver	13	QSAW CED	09/11/2024 Winelands SL4
108	1:12.57	L	F	Tyloh Aitken	13	WSTV ETH	02/07/2024 Prestige Tournament 2024
109	1:12.65	L	P	Emma Terblanche	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
110	1:12.68	L	F	Elle Gasson	13	BLSS MAN	19/10/2024 Pelicans Gala 2
111*	1:12.73	L	P	Nicole Uys	13	DRGN EKU	29/11/2024 CGA Championships 2024
111*	1:12.73	L	F	Madison Alton	13	RFA TSH	07/12/2024 NWS Championships 2024
113	1:12.74	L	P	Rene' Coetzer	13	DRGN EKU	29/11/2024 CGA Championships 2024
114	1:12.89	L	F	Jany Norval	13	SS MPD	29/11/2024 Limpopo Champs 2024
115	1:13.04	L	P	Sasha Bailey	13	RACE JHB	29/11/2024 CGA Championships 2024
116	1:13.17	L	F	Janika Wessels	13	RSA	04/10/2024 Curro AquaElite Gala
117	1:13.22	L	F	Gina Austin	13	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
118	1:13.26	L	F	Liandi Joubert	13	USC BUF	13/12/2024 NMBA Championships 2024
119	1:13.29	L	P	Ashley Williams	13	BLNE MAN	04/12/2024 Free State Champs 2024
120	1:13.33	L	F	Demi Murray	13	USC BUF	13/12/2024 NMBA Championships 2024
121	1:13.51	L	F	Casey Lee McCabe	13	DOLFI MPD	29/11/2024 Limpopo Champs 2024
122	1:13.61	L	F	Alessia Dowle	13	SS MPD	29/11/2024 Limpopo Champs 2024
123	1:13.66	L	F	Arinda Vorster	13	BS LLD	09/11/2024 Bull Sharks Gala
124	1:13.68	L	F	Amalia van der Westhuizen	13	INFA NMA	16/11/2024 5th A League Gala 2024
125	1:13.72	L	F	Hayleigh Sutherland	13	AWIN TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
126	1:13.74	L	F	Anika Muller	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
127	1:13.80	L	F	Chiniq Breet	13	CSA EZD	29/11/2024 Mpumalanga Championships 2024
128	1:13.81	L S	F	Zoe Geddes	13	INFA NMA	17/01/2025 6th A League Gala 2025
129	1:13.86	L	P	Zaila Forsdyke de Almeida	13	RACE JHB	29/11/2024 CGA Championships 2024
130	1:13.97	L	F	Katlego Maja	13	TRAZ TSH	13/09/2024 NTS September Age Group 2024
131	1:14.00	L	P	Tatum Venter	13	WSS LLD	04/12/2024 Free State Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
132*	1:14.07 L	F Nina Van Staden	13 KSC EZD 29/11/2024 Mpumalanga Championships 2024
132*	1:14.07 L	F Eirley Lottering	13 USC BUF 22/11/2024 BCA Long Course Championships 2024
134	1:14.08 L	P Aila van Biljon	13 BLOT MAN 04/12/2024 Free State Champs 2024
135*	1:14.15 L	P Gabriella Roelandt	13 AA JHB 29/11/2024 CGA Championships 2024
135*	1:14.15 L	P Nina Steyn	13 BLSS MAN 04/12/2024 Free State Champs 2024
137	1:14.16 L	F Annelie Thiar	13 TGA WCD 09/11/2024 Swartland Prestige Gala 2024
138	1:14.18 L	P Emily Oelofsen	13 TCA EKU 05/12/2024 EGA Summer Championships
139	1:14.23 L	F Melan van der Spuy	13 BLOT MAN 19/10/2024 Pelicans Gala 2
140	1:14.25 L	F Hannah Van der Merwe	13 PSCP UMD 28/09/2024 KCDA Age Group 1 2024
141	1:14.37 L	F Mia Lourens	13 CASC CPT 02/11/2024 CTA A & B CHAMPS 2024
142	1:14.43 L	P Kiana Kalpage	13 RACE JHB 29/11/2024 CGA Championships 2024
143	1:14.79 L	F Janike Marais	13 BEARS TSH 13/09/2024 NTS September Age Group 2024
144	1:14.84 L	F Annabelle Marsh	13 TINC TSH 13/09/2024 NTS September Age Group 2024
145*	1:14.87 L	P Courtney Biggs	13 SASE JHB 29/11/2024 CGA Championships 2024
145*	1:14.87 L	P Saheli Kalpage	13 RACE JHB 29/11/2024 CGA Championships 2024
147	1:14.89 L	F Holly Oosthuizen	13 AQUA UTD 11/01/2025 Uthukela District Age Group Gala
148	1:14.96 L	F Amelia Minnaar	13 USC BUF 13/12/2024 NMBA Championships 2024
149	1:14.97 L	P Nika Van den Berg	13 QSAW CED 05/12/2024 Western Cape LC-A Championship 2024
150	1:15.05 L	F Courtney Logie	13 KLOO ETH 25/01/2025 uShaka Champs 2025
151	1:15.09 L	F Isabella De Beer	13 QSAW CED 05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
152	1:15.11 L	P Daniella Tolmay	13 AFIN JHB 29/11/2024 CGA Championships 2024
153	1:15.23 L	F Mia Lombard	13 HARL BUF 22/11/2024 BCA Long Course Championships 2024
154	1:15.45 L	F Amaani Abrahams	13 MARL CPT 21/09/2024 CTA INVITATIONAL LC MEET
155	1:15.52 L	P Charlotte Costa	13 MDOL JHB 29/11/2024 CGA Championships 2024
156	1:15.61 L	P Maike Wheeler	13 MDOL JHB 29/11/2024 CGA Championships 2024
157	1:15.74 L	F Laaiqah Abrahams	13 INFA NMA 14/09/2024 3rd A League Gala 2024
158*	1:15.77 L	P Hayley Hodnett	13 AFIN JHB 29/11/2024 CGA Championships 2024
158*	1:15.77 L	P Lucy Seymour	13 CRSC JHB 29/11/2024 CGA Championships 2024
160	1:15.94 L	F Miané Cronjé	13 FISH EDD 17/10/2024 43rd Freda Barnard Invitational Gala
161	1:16.05 L	F Gabriela Govender	13 INFA NMA 14/09/2024 3rd A League Gala 2024
162	1:16.09 L	F Alexia Montgomery	13 AQUA UTD 11/01/2025 Uthukela District Age Group Gala
163	1:16.21 L	P Bokang Seleke	13 AFIN JHB 29/11/2024 CGA Championships 2024
164	1:16.23 L	F Emma Groenewald	13 KTS 05/10/2024 FLAMINGO GALA OCT 2024
165	1:16.25 L	F Moné De Kock	13 ELRAS WBD 29/11/2024 Limpopo Champs 2024
166	1:16.34 L	P Juliette Wallis	13 GREY CPT 05/12/2024 Western Cape LC-A Championship 2024
167	1:16.37 L	P Eden Jacobs	13 PER JHB 29/11/2024 CGA Championships 2024
168*	1:16.44 L	F Angélique Marais	13 EXP TSH 11/10/2024 NTS Level 1+2 October Age Group 2024
168*	1:16.44 L	F Alessia Dowle	13 UNIC CCD 02/11/2024 Limpopo LS - Top 8 skole 2024
170	1:16.52 L	F Iane Joubert	13 ROA EDD 17/10/2024 43rd Freda Barnard Invitational Gala
171	1:16.54 L	P Emma Love	13 MDOL JHB 29/11/2024 CGA Championships 2024
172	1:16.55 L	F Nangamso Bodlani	13 STSC KCD 09/11/2024 KCDA Age Goup 2 2024
173	1:16.63 L	P Ivanke Jacobs	13 HREF BPD 07/12/2024 NWS Championships 2024
174	1:16.78 L	F Taylor Henderson	13 COMS TSH 13/09/2024 NTS September Age Group 2024
175	1:16.83 L	F Megan Bosch	13 RFA TSH 18/10/2024 NTS Level 3+ October Age Group 2024
176	1:17.06 L	F Katelyn Ferns	13 LPTBO CCD 02/11/2024 Limpopo LS - Top 8 skole 2024
177*	1:17.12 L	P Miane Muller	13 CA EKU 05/12/2024 EGA Summer Championships
177*	1:17.12 L	F Zanie Van Rooyen	13 RFA TSH 01/02/2025 EGA Last Chance Gala
179	1:17.13 L	F Thandolwethu Dlamini	13 MSC NGD 14/09/2024 MP SPRINT GALA 14 SEPTEMBER
180	1:17.16 L	F Leonie Wink	13 VINE CPT 02/11/2024 CTA A & B CHAMPS 2024
181	1:17.23 L	F Esté Gersbach	13 CASC CPT 02/11/2024 CTA A & B CHAMPS 2024
182	1:17.26 L	F Emihle James	13 RBOT BPD 09/11/2024 NWS Age Group 1 & 2 2024
183	1:17.29 L	F Aimee Liebenberg	13 SWAR WCD 09/11/2024 Swartland Prestige Gala 2024
184	1:17.35 L	P Layla Bettencourt	13 CA EKU 05/12/2024 EGA Summer Championships
185	1:17.37 L	F Isabella Wener	13 VINE CPT 02/11/2024 CTA A & B CHAMPS 2024
186	1:17.65 L	P Addisyn Moloney	13 AWSC JHB 29/11/2024 CGA Championships 2024
187	1:17.67 L	P Trinity Kavanagh	13 TCA EKU 05/12/2024 EGA Summer Championships
188	1:17.73 L	F Mikah Cillié	13 TUKS TSH 11/10/2024 NTS Level 1+2 October Age Group 2024
189	1:17.76 L	P Lene Bester	13 MATL KKD 07/12/2024 NWS Championships 2024
190*	1:17.77 L	P Chiara Surtees	13 CRSC JHB 29/11/2024 CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
190*	1:17.77	L	F	Nina Alberts	13	VRC FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
192	1:17.87	L	P	Kylie Broncho	13	PER JHB	29/11/2024 CGA Championships 2024
193	1:17.96	L	P	Emily Ackerman	13	QUES JHB	29/11/2024 CGA Championships 2024
194	1:17.97	L	F	Maleleko Mushikita	13	SS MPD	29/11/2024 Limpopo Champs 2024
195	1:17.98	L	P	Zeina Bhamjee	13	ATLA JHB	29/11/2024 CGA Championships 2024
196	1:18.01	L	F	Taya Du Plooy	13	TRAZ FSH	13/09/2024 NTS September Age Group 2024
197	1:18.02	L	P	Liat Fittinghoff	13	OLDE JHB	29/11/2024 CGA Championships 2024
198	1:18.15	L	F	Samantha Kröger	13	BARR CPT	02/11/2024 CTA A & B CHAMPS 2024
199	1:18.16	L	P	Ngoko Seke	13	MDOL JHB	29/11/2024 CGA Championships 2024
200	1:18.26	L	P	Ciara Kroef	13	FAC EKU	05/12/2024 EGA Summer Championships
201	1:18.29	L	P	Swapnika Kasireddy	13	SASE JHB	29/11/2024 CGA Championships 2024
202	1:18.30	L	P	Peighton Le Roux	13	SOUL EKU	05/12/2024 EGA Summer Championships
203	1:18.34	L	F	Leah Hopper	13	KNYA EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
204	1:18.37	L	P	Kaira Nel	13	WSS LLD	04/12/2024 Free State Champs 2024
205	1:18.60	L	P	Jani Barkhuysen	13	ASAC CPT	05/12/2024 Western Cape LC-A Championship 2024
206	1:18.61	L	F	Jemah Van der Westhuizen	13	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
207	1:18.66	L	P	Jessica Van Wyk	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
208	1:18.68	L	P	Jordan Godfrey	13	AFIN JHB	29/11/2024 CGA Championships 2024
209	1:18.76	L	P	Rachele Goosen	13	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
210	1:18.87	L	F	Lyla Barnard	13	RFA FSH	13/09/2024 NTS September Age Group 2024
211	1:19.02	L	F	Jodie Marais	13	ELRAS WBD	29/11/2024 Limpopo Champs 2024
212	1:19.16	L	P	Anesuishe Jojozi	13	PELIC MAN	04/12/2024 Free State Champs 2024
213*	1:19.30	L	F	Anè Joubert	13	BLNE MAN	19/10/2024 Pelicans Gala 2
213*	1:19.30	L	P	Lisa Ferreira	13	BULS MAN	04/12/2024 Free State Champs 2024
215*	1:19.44	L	F	Danika Botha	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
215*	1:19.44	L	F	Xandri Hattingh	13	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
217	1:19.49	L	F	Amée Mc Laughlin	13	RFA FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
218	1:19.58	L	F	Mieke Botha	13	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
219	1:19.71	L	F	Tinokudzaishe Shoniwa	13	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
220	1:19.83	L	F	Elle Joubert	13	PLAY CED	09/11/2024 Swartland Prestige Gala 2024
221	1:19.88	L	P	Bella Spolander	13	DORE JHB	29/11/2024 CGA Championships 2024
222	1:19.94	L	P	Annabelle Gwilt	13	SASE JHB	29/11/2024 CGA Championships 2024
223*	1:20.10	L	P	Sameeha Valli	13	MDOL JHB	29/11/2024 CGA Championships 2024
223*	1:20.10	L	P	Danicka Groenewald	13	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
225	1:20.24	L	F	Cara Hughes	13	FRA KCD	07/12/2024 Stingrays Champs 2024
226	1:20.28	L	P	Zoe Bayisayi	13	TCA EKU	05/12/2024 EGA Summer Championships
227	1:20.31	L	P	Ilane' Smit	13	BULS MAN	04/12/2024 Free State Champs 2024
228	1:20.45	L	P	Alouise Supra	13	TNDER FDD	04/12/2024 Free State Champs 2024
229	1:20.47	L	F	Sunechka Roodt	13	MATL KKD	09/11/2024 NWS Age Group 1 & 2 2024
230	1:20.59	L	P	Erin Hilliar	13	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
231	1:20.84	L	F	Leah Gerischer	13	STAQ CED	09/11/2024 Winelands SL4
232	1:20.86	L	P	Marine Wilken	13	VALS FDD	04/12/2024 Free State Champs 2024
233	1:20.99	L	P	Maya Johnstone	13	AFIN JHB	29/11/2024 CGA Championships 2024
234	1:21.19	L	F	Olwethu Gqoloma	13	RBOT BPD	23/11/2024 NWS Age Group 3 + 4 2024
235	1:21.25	L	P	Ontshiametse Makatiers	13	RBOT BPD	07/12/2024 NWS Championships 2024
236	1:21.36	L	F	Peyton Van Der Ross	13	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
237	1:21.47	L	P	Clarrisa Schuch	13	LEGC ETH	02/07/2024 Prestige Tournament 2024
238	1:21.48	L	F	Michelle De Beer	13	TASC MPD	29/11/2024 Limpopo Champs 2024
239	1:21.54	L	F	Lindsay Balmer	13	BLOT MAN	11/10/2024 Otters Prestige Gala 2024
240	1:21.67	L	P	Mieke Van der Walt	13	NWUC KKD	07/12/2024 NWS Championships 2024
241	1:21.68	L	F	Giorgia Wood	13	STSC KCD	25/01/2025 uShaka Champs 2025
242	1:21.69	L	F	Terina Retief	13	BLNE MAN	11/10/2024 Otters Prestige Gala 2024
243	1:21.80	L	F	Liv Van den Heever	13	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
244	1:21.88	L	F	Elnye Potgieter	13	RFA FSH	13/09/2024 NTS September Age Group 2024
245	1:21.98	L	P	Isabelle Boyd	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
246	1:22.06	L	P	Ofentse Mothopeng	13	MDOL JHB	29/11/2024 CGA Championships 2024
247	1:22.21	L	F	Morgan Coskey	13	SGUL ETH	13/12/2024 NMBA Championships 2024
248	1:22.37	L	F	Julie Marais	13	LSWBA WB	01/02/2025 Limpopo School Champs & Limpopo AG
249	1:22.52	L	F	Zuwena Khamanga	13	LEGC ETH	25/01/2025 uShaka Champs 2025

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
250	1:22.58	L	P	Kiara Naidoo	13	MAKO EKU	05/12/2024	EGA Summer Championships
251	1:22.66	L	F	Riley Pieterse	13	TUKS FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
252	1:22.73	L	F	Angelina Fernandes	13	WSS LLD	25/10/2024	Neptunes Gala
253	1:22.77	L	F	Ava Pretorius	13	USC BUF	22/11/2024	BCA Long Course Championships 2024
254	1:22.84	L	F	Belen Neethling	13	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
255	1:22.85	L	F	Mia Bogacz	13	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
256	1:22.86	L	F	Lana Van Schalkwyk	13	TUKS FSH	13/09/2024	NTS September Age Group 2024
257	1:23.06	L	F	Paula Theron	13	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
258	1:23.51	L	F	Ava-Sophia Smith	13	HARL BUF	25/01/2025	BCA January Age Group Gala 2025
259	1:23.52	L	P	Cornelea Breedt	13	ESP EKU	05/12/2024	EGA Summer Championships
260	1:23.55	L	P	Abigail Naicker	13	ACSA ETH	02/07/2024	Prestige Tournament 2024
261	1:23.64	L	F	Mikayla Twali	13	RFA FSH	13/09/2024	NTS September Age Group 2024
262	1:23.73	L	F	Josephine Endres	13	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET
263	1:23.94	L	F	Amelia Kyprou	13	ESP EKU	01/02/2025	EGA Last Chance Gala
264	1:23.98	L	F	Jamie Drysdale	13	GREY CPT	21/09/2024	CTA INVITATIONAL LC MEET
265	1:24.03	L	P	Zoey Van Leeuwen	13	CRSC JHB	29/11/2024	CGA Championships 2024
266	1:24.06	L	P	Amy Wellsted	13	CRSC JHB	29/11/2024	CGA Championships 2024
267	1:24.09	L	P	Abbeygail Emond	13	DRGN EKU	29/11/2024	CGA Championships 2024
268	1:24.66	L	P	Mienke Byliefeldt	13	RBUR BPD	07/12/2024	NWS Championships 2024
269	1:24.73	L	P	Amahle Mazula	13	MAKO EKU	05/12/2024	EGA Summer Championships
270	1:24.74	L	P	Paballo Mabote	13	MAKO EKU	05/12/2024	EGA Summer Championships
271	1:25.03	L	P	Mieka Janse van Rensburg	13	JAQ EKU	05/12/2024	EGA Summer Championships
272	1:25.08	L	F	Leelah Kemp	13	TINC FSH	13/09/2024	NTS September Age Group 2024
273	1:25.13	L	F	Taylor-Lee Cameron	13	RFA FSH	13/09/2024	NTS September Age Group 2024
274	1:25.27	L	F	Jeanrie Lennox	13	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
275	1:25.47	L	P	Chizara Nsibanyoni-Anyam	13	WATR JHB	29/11/2024	CGA Championships 2024
276	1:25.68	L	F	Keandra Jardim	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
277	1:25.78	L	F	Nkembo Baghana	13	CPSC FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
278	1:25.98	L	F	Mjanyelwa Mtshweni	13	CA EKU	12/10/2024	EGA Summer 2
279	1:26.09	L	F	Chloe Oosthuizen	13	CSC FSH	13/09/2024	NTS September Age Group 2024
280	1:26.25	L	F	Londiwe Ngwenya	13	SGUL ETH	25/01/2025	uShaka Champs 2025
281	1:26.35	L	F	Zande Bata	13	BCA BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE
282	1:26.40	L	F	Leane Botha	13	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
283	1:26.71	L	F	Amber Terclavers	13	SOUL EKU	12/10/2024	EGA Summer 2
284	1:26.76	L	F	Kaitlynn Moodley	13	SEAL UMD	25/01/2025	uShaka Champs 2025
285	1:27.06	L	F	Kate Tager	13	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
286	1:27.97	L	F	Kendra Samuels	13	GREY CPT	02/11/2024	CTA A & B CHAMPS 2024
287	1:27.99	L	P	Isabella Ryan	13	ESTR EKU	05/12/2024	EGA Summer Championships
288	1:28.01	L	P	Frané van Wyk	13	BS LLD	04/12/2024	Free State Champs 2024
289	1:28.26	L	F	Nomathemba Makhasane	13	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
290	1:28.28	L	F	Sydney Sprout	13	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
291	1:28.69	L	F	Chibeka Mwansa	13	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
292	1:28.70	L	F	Mia Venter	13	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
293	1:28.84	L	F	Peyton Russell	13	PGAC EKU	12/10/2024	EGA Summer 2
294	1:29.23	L	F	Tayla-Jean Gibb	13	HARL BUF	22/11/2024	BCA Long Course Championships 2024
295	1:29.46	L	P	Nokukhanya Maseko	13	MAKO EKU	05/12/2024	EGA Summer Championships
296	1:29.57	L	F	Inge Borman	13	BULS MAN	25/10/2024	Neptunes Gala
297	1:29.60	L	F	Hesmari MacRobert	13	KSTAR EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
298	1:29.64	L	F	Sakhay Zakumba	13	BEST NMA	13/07/2024	1st A League Gala 2024
299	1:29.65	L	F	Mieke Pretorius	13	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
300	1:29.67	L	F	Izelle Arrow	13	TASC MPD	09/11/2024	Limpopo Age Group 5
301	1:29.68	L	F	Matilda Gemmill	13	HERO JHB	20/11/2024	Crusaders Night Gala 1
302	1:29.80	L	F	Lara Louw	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
303	1:30.11	L	F	Beah-Zita Cerone	13	HAAG UTD	07/12/2024	Uthukela District Age Group Gala
304	1:30.49	L	F	Bontle Dube	13	ESP EKU	01/02/2025	EGA Last Chance Gala
305	1:30.56	L	P	Anne-Marie Brink	13	RFA FSH	07/12/2024	NWS Championships 2024
306	1:30.69	L	F	Landri Du Toit	13	BULS MAN	01/02/2025	Heidedal & Sentraal Galal
307	1:30.79	L	P	Lunè Botes	13	BS LLD	04/12/2024	Free State Champs 2024
308	1:31.17	L	P	Zisuliwe Zikhali	13	MAKO EKU	05/12/2024	EGA Summer Championships

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
309	1:31.36 L	F	Kayla De Lange	13	TASC MPD	29/11/2024	Limpopo Champs 2024
310	1:31.40 L	F	Danelle Carstens	13	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024
311	1:31.80 L	P	Nala Hlapho	13	RBOT BPD	07/12/2024	NWS Championships 2024
312	1:31.83 L	P	Sithabile Mdlalose	13	JAQ EKU	05/12/2024	EGA Summer Championships
313	1:32.06 L	F	Lianie Pietersen	13	LSKP WB	02/11/2024	Limpopo LS - Top 8 skole 2024
314	1:33.23 L	F	Chloë Snyman	13	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
315	1:33.39 L	F	Kaitlin Groenewald	13	NAE EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
316	1:33.79 L	P	Jadyne Dowie	13	QUES JHB	29/11/2024	CGA Championships 2024
317	1:33.89 L	P	Naledi Mohapi	13	ESTR EKU	05/12/2024	EGA Summer Championships
318	1:33.90 L	F	Clarika Van den Hever	13	BULS MAN	19/10/2024	Pelicans Gala 2
319	1:34.03 L	F	Angeliqne Benn	13	MAKO EKU	12/10/2024	EGA Summer 2
320	1:34.10 L	F	Jennifer Mostert	13	TASC MPD	29/11/2024	Limpopo Champs 2024
321	1:34.14 L	F	Kirsten Koopman	13	LEGC ETH	25/01/2025	uShaka Champs 2025
322	1:34.15 L	F	Carli Wessels	13	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
323	1:34.56 L	F	Miahlee Flink	13	KHAY CPT	10/01/2025	2024 Grand Prix Invitation Swimming
324	1:35.58 L	F	Annabel Chinakidzwa	13	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024
325	1:36.38 L	P	Lienka Pretorius	13	RBOT BPD	07/12/2024	NWS Championships 2024
326	1:36.88 L	F	Orefile Ramphela	13	MATL KKD	23/11/2024	NWS Age Group 3 + 4 2024
327	1:37.23 L S	F	Nkosinathi Zondo	13	BARR CPT	21/09/2024	CTA INVITATIONAL LC MEET
328	1:37.24 L	F	Gabby Veldman	13	AASC EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
329	1:37.58 L	F	Paige Halse	13	AQUA BUF	15/06/2024	PEA Winter Gala 2024
330	1:37.65 L	P	Ellene' Van Zyl	13	BLNE MAN	04/12/2024	Free State Champs 2024
331	1:37.79 L	F	Klara Nel	13	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
332	1:38.16 L	F	Keletso Goeieman	13	KALA	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
333	1:38.31 L	F	Logan Nieuwenhuys	13	KALA	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
334	1:38.90 L	F	Reabetswe Mokwele	13	POLSC CCD	12/10/2024	Limpopo Age Group 4
335	1:38.99 L	F	Kara Wentzel	13	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
336	1:43.01 L	F	Johanna Hanekom	13	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
337	1:47.03 L	F	Tatum Eccles	13	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
338	1:54.43 L	F	Mishka Isaacs	13	WALM CPT	02/11/2024	CTA A & B CHAMPS 2024
339	1:56.87 L	F	Chardè Bocks	13	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
340	2:02.45 L	F	Danielle Du Plessis	13	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
341	2:22.90 L	F	Londiwe Khumalo	13	MPAR JHB	10/01/2025	2024 Grand Prix Invitation Swimming
342	2:25.80 L	F	Nandi Nsele	13	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
Women 13-13 200 Free							
1	2:14.42 L	F	Morgan Gous	13	INFA NMA	13/12/2024	NMBA Championships 2024
2	2:15.30 L	F	Gemma Spies	13	INFA NMA	03/08/2024	2nd A League Gala 2024
3	2:16.23 L	F	Thandi Bosman	13	USC BUF	13/12/2024	NMBA Championships 2024
4	2:16.56 L	F	Ava Lorenzen	13	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
5	2:19.40 L	F	Leandi Prinsloo	13	BS LLD	04/12/2024	Free State Champs 2024
6	2:20.20 L	F	Ansuné Van Vuuren	13	NWUC KKD	07/12/2024	NWS Championships 2024
7	2:20.34 L	F	Irma Kotzé	13	POTC KKD	07/12/2024	NWS Championships 2024
8	2:20.98 L	F	Mia Pienaar	13	PGAC EKU	10/01/2025	2024 Grand Prix Invitation Swimming
9	2:21.41 L	F	Lulu Swanepoel	13	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024
10	2:21.47 L	F	Hannah-Grace Havinga	13	TUKS FSH	13/12/2024	NMBA Championships 2024
11	2:21.50 L	F	Lauren Walker	13	WATR JHB	29/11/2024	CGA Championships 2024
12	2:21.91 L	P	Angelica Tsai-Rieb	13	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
13	2:22.73 L	F	Morgan Tandy	13	CA EKU	15/11/2024	Summer 4 Delville
14	2:22.87 L	F	Keira Swanepoel	13	KLOO ETH	02/07/2024	Prestige Tournament 2024
15	2:23.72 L S	F	Ayla Ahmed	13	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
16	2:24.29 L	F	Anja De Villiers	13	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
17	2:24.36 L	F	Zoe Morgado	13	GSA EZD	29/11/2024	Mpumalanga Championships 2024
18	2:24.77 L	F	Daniela Martin	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
19	2:25.16 L	F	Jothany Ngnotchouye	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
20	2:25.43 L	F	Ashleigh de Jager	13	BLOT MAN	04/12/2024	Free State Champs 2024
21	2:25.56 L	F	Kiersten Hillen	CR	VASA EKU	01/02/2025	EGA Last Chance Gala
22	2:25.93 L	F	Leah de Jager	13	CRSC JHB	29/11/2024	CGA Championships 2024
23	2:26.45 L	F	Mikayla Rondel	13	CA EKU	15/11/2024	Summer 4 Delville
24	2:26.53 L	P	Amelia Fury	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
25	2:26.82	L	P	Deune' Du Plessis	13	BLSS MAN	04/12/2024	Free State Champs 2024
26	2:26.85	L	F	Mackenzie Abrams	13	USC BUF	13/07/2024	1st A League Gala 2024
27	2:27.52	L	F	Sage Moodie	13	RSA	04/10/2024	Curro AquaElite Gala
28	2:27.97	L	F	Mbalenhle Jared	13	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
29	2:28.33	L	F	Stacey Welsh	13	BEST NMA	13/12/2024	NMBA Championships 2024
30	2:28.99	L S	F	Seruby Van Tromp	13	JAQ EKU	05/12/2024	EGA Summer Championships
31	2:29.44	L	F	Olivia Stroebel	13	HPS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
32	2:29.84	L	F	Jessica Wood	13	TCA EKU	01/02/2025	EGA Last Chance Gala
33	2:30.04	L	P	Caeli Ferreira	13	CRSC JHB	29/11/2024	CGA Championships 2024
34	2:30.08	L	F	Zenicke Van Schalkwyk	13	DESA NMA	13/12/2024	NMBA Championships 2024
35	2:30.27	L	F	Kiana Borstlap	13	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024
36	2:30.52	L	F	Mari Bruwer	13	SS MPD	29/11/2024	Limpopo Champs 2024
37	2:30.60	L	F	Janneke Scheepers	13	SGUL ETH	13/12/2024	NMBA Championships 2024
38	2:30.67	L	F	Jeannemi Pretorius	13	TUKS TSH	13/09/2024	NTS September Age Group 2024
39	2:30.79	L S	F	Isabella Brooker	13	AACTA CPT	02/11/2024	CTA A & B CHAMPS 2024
40	2:30.86	L	P	Romy Smith	13	MDOL JHB	29/11/2024	CGA Championships 2024
41	2:31.05	L	F	Taliitha Vd Schyff	13	ELRAS WBD	29/11/2024	Limpopo Champs 2024
42	2:31.08	L	P	Ellen Faul	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
43	2:31.37	L	F	Rebecca Nilsson	13	TYGE CPT	15/06/2024	PEA Winter Gala 2024
44	2:31.59	L	F	Elara Köpplinger	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
45	2:31.61	L S	F	Mary Maponyane	13	TCA EKU	05/12/2024	EGA Summer Championships
46	2:31.79	L	F	Emily Geldart	13	INFA NMA	31/01/2025	Infinity Gala 2025
47	2:31.93	L	P	Isobelle Vlok	13	LINR JHB	29/11/2024	CGA Championships 2024
48	2:31.97	L	F	Anika Lamprecht	13	VRC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
49	2:32.18	L	F	Aimee van der Merwe	13	MDOL JHB	15/11/2024	Summer 4 Delville
50	2:32.35	L	F	Amelia Oosthuizen	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
51	2:32.43	L S	F	Hannah Wright	13	CA EKU	05/12/2024	EGA Summer Championships
52	2:32.57	L	F	Erin Weimann	13	USC BUF	22/11/2024	BCA Long Course Championships 2024
53	2:32.78	L	F	Mia Strydom	13	INFA NMA	31/01/2025	Infinity Gala 2025
54	2:33.10	L	F	Alice Esterhuysen	13	KSTAR EDD	17/10/2024	43rd Freda Barnard Invitational Gala
55	2:33.40	L	F	Demi Murray	13	USC BUF	13/12/2024	NMBA Championships 2024
56	2:33.54	L	F	Leane Van der Merwe	13	PRA GSD	25/01/2025	uShaka Champs 2025
57*	2:34.15	L	P	Amy Madeley	13	ANAX CPT	05/12/2024	Western Cape LC-A Championship 2024
57*	2:34.15	L	F	Anelle Ward	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
59	2:34.46	L	P	Philippa Groves	13	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024
60	2:34.57	L	P	Storm Bircher	13	CUHE OBD	05/12/2024	Western Cape LC-A Championship 2024
61	2:34.65	L	F	Martinet Bezuidenhout	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
62	2:34.83	L	P	Anya Sonnekus	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
63	2:34.86	L S	F	Ava Kranenburg	13	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
64	2:35.10	L	F	Amalia van der Westhuizen	13	INFA NMA	31/01/2025	Infinity Gala 2025
65	2:35.35	L	P	Shellaine Pahl	13	DRGN EKU	29/11/2024	CGA Championships 2024
66	2:35.52	L	P	Rebecca Botha	13	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024
67	2:35.81	L	P	Kaylee Naidoo	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
68	2:36.29	L	F	Mayli Van Schalkwyk	13	ASA ILD	07/12/2024	Stingrays Champs 2024
69	2:36.33	L	P	Francesca Flack	13	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024
70	2:36.45	L	P	Amber Gaddin	13	CRSC JHB	29/11/2024	CGA Championships 2024
71	2:36.48	L	F	Taylor van Dyk	13	USC BUF	25/01/2025	BCA January Age Group Gala 2025
72	2:36.63	L	F	Zoi Dimatellis	13	FISH EDD	15/06/2024	PEA Winter Gala 2024
73	2:36.66	L	F	Lika Zietsman	13	BETH FDD	27/09/2024	Seals Gala 2
74	2:36.79	L	P	Liane Coetzee	13	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
75	2:37.06	L	F	Donyelle Cupido	13	BLNE MAN	27/09/2024	Seals Gala 2
76	2:37.18	L	P	Nicola Hawley	13	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
77	2:37.20	L	P	Madison Alton	13	RFA TSH	07/12/2024	NWS Championships 2024
78	2:37.30	L S	F	Miya De Villiers	13	INFA NMA	17/01/2025	6th A League Gala 2025
79	2:37.55	L	F	Morgan Maree	13	DRGN EKU	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
80	2:37.66	L	F	Emma De Villiers	13	INFA NMA	14/09/2024	3rd A League Gala 2024
81	2:37.75	L S	P	Elrie Moolman	CR	VASA EKU	05/12/2024	EGA Summer Championships
82	2:37.81	L	F	Aila van Biljon	13	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
83	2:37.90	L	F	Liandi Joubert	13	USC BUF	13/12/2024	NMBA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
84	2:38.07	L	F	Ashley Williams	13	BLNE MAN	01/02/2025	Heidedal & Sentraal Galal
85	2:38.48	L S	F	Mia Lourens	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
86	2:38.79	L	F	Tyloh Aitken	13	WSTV ETH	25/01/2025	uShaka Champs 2025
87	2:38.81	L	P	Mila Nienaber	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
88	2:38.94	L	P	Isabella De Beer	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
89	2:38.96	L	P	Saskya Kistnasami	13	ASA ILD	02/07/2024	Prestige Tournament 2024
90	2:38.99	L S	P	Victoria Jackson	13	SOUL EKU	05/12/2024	EGA Summer Championships
91	2:39.03	L	F	Abigail Weber	13	DRGN EKU	29/11/2024	CGA Championships 2024
92	2:39.15	L	F	Emily Ackerman	13	QUES JHB	29/11/2024	CGA Championships 2024
93	2:39.24	L	F	Daniella McLean	13	PEAS NMA	13/12/2024	NMBA Championships 2024
94	2:39.35	L S	F	Isabella Mare	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
95	2:39.53	L	F	Mia Putter	13	NWUC KKD	07/12/2024	NWS Championships 2024
96	2:39.54	L	F	Emma Groenewald	13	KTS	15/11/2024	AGE GROUP 2 KATHU 2024
97	2:39.65	L	P	Lisa Du Toit	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
98	2:39.66	L	F	Janika Wessels	13	BLOT MAN	04/12/2024	Free State Champs 2024
99	2:40.10	L	F	Courtney Logie	13	KLOO ETH	25/01/2025	uShaka Champs 2025
100	2:40.24	L	F	Edith Lindsay	13	FISH EDD	15/06/2024	PEA Winter Gala 2024
101	2:40.29	L	P	Oatile Oliphant	13	WATR JHB	29/11/2024	CGA Championships 2024
102*	2:40.47	L	F	Abigail Slabber	13	SEAL UMD	25/01/2025	uShaka Champs 2025
102*	2:40.47	L	P	Nina Steyn	13	BLSS MAN	04/12/2024	Free State Champs 2024
102*	2:40.47	L	P	Arabella Sadler	13	LEGC ETH	02/07/2024	Prestige Tournament 2024
105	2:40.48	L	P	Elle Gasson	13	BLSS MAN	04/12/2024	Free State Champs 2024
106	2:40.54	L	F	Isabella Oswald	13	CRSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
107	2:40.66	L	F	Jany Norval	13	SS MPD	29/11/2024	Limpopo Champs 2024
108	2:40.69	L	F	Ami Van der Merwe	13	FSE KCD	28/09/2024	KCDA Age Group 1 2024
109	2:40.80	L	F	Emma Terblanche	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
110	2:40.89	L	F	Mila Strydom	13	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
111	2:41.87	L	F	Carolina Eybers	13	VHD ZLD	11/01/2025	Uthukela District Age Group Gala
112	2:42.13	L	F	Leah Stewart	13	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
113	2:42.71	L	F	Melan van der Spuy	13	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
114	2:42.94	L	F	Miane Muller	13	CA EKU	15/11/2024	Summer 4 Delville
115	2:43.53	L	F	Tatum Venter	13	WSS ILD	25/10/2024	Neptunes Gala
116	2:43.76	L	P	Sasha Bailey	13	RACE JHB	29/11/2024	CGA Championships 2024
117	2:43.77	L	P	Miané Cronjé	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
118	2:44.08	L	F	Kaylee Van der Merwe	13	LAD UTD	07/12/2024	Uthukela District Age Group Gala
119	2:44.11	L	F	Phoebe Oagile-Motso	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
120	2:44.31	L	F	Caitlin Matthasen	13	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 2024
121*	2:44.52	L	F	Violet Maritz	13	SEAL UMD	11/01/2025	Uthukela District Age Group Gala
121*	2:44.52	L	F	Abigail Da Silva	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
121*	2:44.52	L	F	Chloe Prinsloo	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
124	2:45.00	L	F	Anika Muller	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
125	2:45.93	L	F	Leonie Wink	13	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET
126	2:46.16	L	F	Aimee Liebenberg	13	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
127	2:46.23	L	P	Gabriella Roelandt	13	AA JHB	29/11/2024	CGA Championships 2024
128	2:46.90	L	F	Amaani Abrahams	13	MARL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
129	2:46.92	L	P	Courtney Biggs	13	SASE JHB	29/11/2024	CGA Championships 2024
130	2:47.00	L	F	Chantel Kleingeld	13	AWIN TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
131	2:47.16	L	F	Janike Marais	13	BEARS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
132	2:47.47	L	F	Maike Wheeler	13	MDOL JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
133	2:47.89	L	P	Annabelle Marsh	13	TINC TSH	29/11/2024	CGA Championships 2024
134	2:47.93	L	F	Lene Bester	13	MATL KKD	07/12/2024	NWS Championships 2024
135	2:47.96	L	F	Amée Mc Laughlin	13	RFA TSH	01/02/2025	EGA Last Chance Gala
136	2:48.38	L S	F	Samantha Kröger	13	BARR CPT	02/11/2024	CTA A & B CHAMPS 2024
137	2:48.58	L	F	Katelyn Dutton	13	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
138	2:48.75	L	F	Tayla Scheepers	13	AFIN JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
139	2:49.14	L	F	Nina Alberts	13	VRC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
140	2:49.38	L	P	Ava Koortzen	13	LINR JHB	29/11/2024	CGA Championships 2024
141	2:49.45	L S	F	Esté Gersbach	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
142	2:49.46	L	F	Angeliqe Marais	13	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
143	2:49.56	L	F	Casey Lee Mccabe	13	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
144	2:50.02	L	F	Amelia Minnaar	13	USC BUF	13/12/2024	NMBA Championships 2024
145	2:50.15	L	F	Emily Oelofsen	13	TCA EKU	01/02/2025	EGA Last Chance Gala
146	2:50.19	L	F	Zoe Geddes	13	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
147	2:50.20	L	P	Nicole Uys	13	DRGN EKU	29/11/2024	CGA Championships 2024
148	2:50.41	L	F	Nangamso Bodlani	13	STSC KCD	25/01/2025	uShaka Champs 2025
149	2:50.45	L	F	Leah Hopper	13	KNYA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
150	2:50.54	L	P	Daniella Tolmay	13	AFIN JHB	29/11/2024	CGA Championships 2024
151	2:50.87	L	F	Megan Bosch	13	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 2024
152	2:50.94	L	F	Isla Kruger	13	PLAY CED	09/11/2024	Swartland Prestige Gala 2024
153	2:51.21	L S	P	Trinity Kavanagh	13	TCA EKU	05/12/2024	EGA Summer Championships
154	2:51.25	L	F	Gabriela Govender	13	INFA NMA	03/08/2024	2nd A League Gala 2024
155	2:51.39	L	F	Isabella Cownie	13	TUKS TSH	13/09/2024	NTS September Age Group 2024
156*	2:51.66	L	F	Lucy Seymour	13	CRSC JHB	20/11/2024	Crusaders Night Gala 1
156*	2:51.66	L S	P	Ciara Kroef	13	FAC EKU	05/12/2024	EGA Summer Championships
158	2:51.82	L	F	Alessia Dowle	13	SS MPD	29/11/2024	Limpopo Champs 2024
159	2:51.84	L	F	Emerson Woods	13	ESTR EKU	01/02/2025	EGA Last Chance Gala
160	2:51.88	L	F	Alexia Montgomery	13	AQUA UTD	11/01/2025	Uthukela District Age Group Gala
161	2:52.24	L	F	Alicia Kock	13	KTS	15/11/2024	AGE GROUP 2 KATHU 2024
162	2:52.25	L S	F	Rebecca Allderman	13	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
163	2:52.39	L	F	Moné De Kock	13	ELRAS WBD	29/11/2024	Limpopo Champs 2024
164	2:52.54	L	F	Rene' Coetzer	13	DRGN EKU	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
165	2:52.61	L	P	Arinda Vorster	13	BS LLD	04/12/2024	Free State Champs 2024
166	2:52.81	L	P	Alouise Supra	13	TNDER FDD	04/12/2024	Free State Champs 2024
167	2:52.86	L	P	Annabelle Gwilt	13	SASE JHB	29/11/2024	CGA Championships 2024
168	2:52.87	L	F	Katlego Maja	13	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
169	2:52.90	L	F	Sunechka Roodt	13	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
170	2:53.12	L	F	Mia Lombard	13	HARL BUF	25/01/2025	BCA January Age Group Gala 2025
171	2:53.39	L	F	Chloe' Oliphant	13	PAC TSH	13/09/2024	NTS September Age Group 2024
172	2:53.70	L	F	Carle Scholtz	13	CRSC JHB	22/01/2025	Crusaders Night Gala 2
173	2:53.71	L	F	Xandri Hattingh	13	KTS	15/11/2024	AGE GROUP 2 KATHU 2024
174	2:54.06	L	F	Elnye Potgieter	13	RFA TSH	13/09/2024	NTS September Age Group 2024
175	2:54.20	L	P	Hayley Hodnett	13	AFIN JHB	29/11/2024	CGA Championships 2024
176*	2:54.36	L	F	Nina Van Staden	13	KSC EZD	29/11/2024	Mpumalanga Championships 2024
176*	2:54.36	L	F	Lindsay Balmer	13	RSA	04/10/2024	Curro AquaElite Gala
178	2:54.46	L	P	Zeina Bhamjee	13	ATLA JHB	29/11/2024	CGA Championships 2024
179	2:54.70	L	P	Charlotte Costa	13	MDOL JHB	29/11/2024	CGA Championships 2024
180	2:54.80	L	F	Isabelle Boyd	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
181	2:54.94	L	F	Liat Fittinghoff	13	OLDE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
182	2:55.15	L	P	Kiana Kalpage	13	RACE JHB	29/11/2024	CGA Championships 2024
183	2:55.19	L	P	Swapnika Kasireddy	13	SASE JHB	29/11/2024	CGA Championships 2024
184	2:55.50	L	P	Saheli Kalpage	13	RACE JHB	29/11/2024	CGA Championships 2024
185	2:55.52	L	F	Elmiah Vd Merwe	13	TUKS TSH	13/09/2024	NTS September Age Group 2024
186	2:55.69	L	P	Marine Wilken	13	VALS FDD	04/12/2024	Free State Champs 2024
187	2:55.75	L	F	Emihle James	13	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
188	2:55.95	L	F	Mieke Van der Walt	13	NWUC KKD	07/12/2024	NWS Championships 2024
189	2:55.99	L	F	Isabella Oliver	13	QSAW CED	09/11/2024	Winelands SL4
190	2:56.18	L	F	Iane Joubert	13	ROA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
191	2:56.42	L	F	Ava-Sophia Smith	13	HARL BUF	22/11/2024	BCA Long Course Championships 2024
192	2:56.60	L	P	Addisyn Moloney	13	AWSC JHB	29/11/2024	CGA Championships 2024
193	2:56.86	L	F	Laaiaqah Abrahams	13	INFA NMA	31/01/2025	Infinity Gala 2025
194	2:56.87	L	F	Anri Jonker	13	TUKS TSH	13/09/2024	NTS September Age Group 2024
195	2:57.01	L	F	Morgan Coskey	13	SGUL ETH	13/12/2024	NMBA Championships 2024
196	2:57.28	L	F	Bella Spolander	13	DORE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
197	2:57.32	L	F	Mia Bogacz	13	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
198	2:57.55	L	F	Emma Love	13	MDOL JHB	15/11/2024	Summer 4 Delville
199	2:57.86	L	F	Elle Joubert	13	PLAY CED	09/11/2024	Swartland Prestige Gala 2024
200	2:58.14	L	F	Jemma Van Der Merwe	13	ELEC TSH	13/09/2024	NTS September Age Group 2024
201	2:58.28	L	F	Lea Grobler	13	AQUA UTD	11/01/2025	Uthukela District Age Group Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
202*	2:58.75	L	F	Nikita Radley	13	NSAD EZD	29/11/2024 Mpumalanga Championships 2024
202*	2:58.75	L S	P	Peighton Le Roux	13	SOUL EKU	05/12/2024 EGA Summer Championships
204	2:58.82	L	P	Kylie Broncho	13	PER JHB	29/11/2024 CGA Championships 2024
205	2:59.64	L	F	Jana Durrans	13	STAQ CED	09/11/2024 Winelands SL4
206	3:00.36	L	P	Kukhokonke Hlatshwayo	13	AA JHB	29/11/2024 CGA Championships 2024
207	3:00.46	L	P	Ontshiametse Makatiers	13	RBOT BPD	07/12/2024 NWS Championships 2024
208	3:00.68	L	P	Kate Doull	13	ASA ILD	02/07/2024 Prestige Tournament 2024
209	3:00.83	L	P	Jessica Van Wyk	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
210	3:00.91	L	F	Chizara Nsibanyoni-Anyam	13	WATR JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
211	3:01.09	L	P	Lisa Ferreira	13	BULS MAN	04/12/2024 Free State Champs 2024
212	3:01.15	L	F	Kaitlynn Moodley	13	SEAL UMD	25/01/2025 uShaka Champs 2025
213	3:01.27	L	F	Lyla Barnard	13	RFA TSH	01/02/2025 EGA Last Chance Gala
214	3:01.31	L	F	Holly Oosthuizen	13	AQUA UTD	07/12/2024 Uthukela District Age Group Gala
215	3:01.70	L	P	Kaira Nel	13	WSS LLD	04/12/2024 Free State Champs 2024
216	3:02.09	L S	P	Kiara Naidoo	13	MAKO EKU	05/12/2024 EGA Summer Championships
217	3:02.18	L	F	Olwethu Gqoloma	13	RBOT BPD	23/11/2024 NWS Age Group 3 + 4 2024
218	3:02.96	L	F	Cornelea Breedt	13	ESP EKU	15/11/2024 Summer 4 Delville
219	3:03.64	L	F	Mieke Botha	13	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
220	3:04.20	L	F	Layla Bettencourt	13	CA EKU	18/01/2025 EGA Summer 5
221	3:04.24	L	F	Kate Tager	13	CUHE OBD	09/11/2024 Swartland Prestige Gala 2024
222	3:04.57	L	F	Maya Mbhokota	13	CUHE OBD	09/11/2024 Swartland Prestige Gala 2024
223	3:04.77	L	F	Tayla-Jean Gibb	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
224	3:04.85	L	F	Anè Joubert	13	BLNE MAN	19/10/2024 Pelicans Gala 2
225	3:04.98	L S	P	Zoe Bayisayi	13	TCA EKU	05/12/2024 EGA Summer Championships
226	3:05.13	L	F	Nadicka Groenewald	13	UNIU EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
227	3:05.42	L	P	Tinokudzaishe Shoniwa	13	MDOL JHB	29/11/2024 CGA Championships 2024
228	3:05.84	L	F	Ava Pretorius	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
229	3:06.02	L	F	Angelina Fernandes	13	WSS LLD	25/10/2024 Neptunes Gala
230	3:06.37	L	F	Jordan Godfrey	13	AFIN JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
231	3:06.41	L S	F	Keandra Jardim	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
232	3:06.84	L	F	Jamie Drysdale	13	GREY CPT	21/09/2024 CTA INVITATIONAL LC MEET
233	3:07.40	L	F	Mieka Janse van Rensburg	13	JAQ EKU	01/02/2025 EGA Last Chance Gala
234	3:07.78	L	P	Chiara Surtees	13	CRSC JHB	29/11/2024 CGA Championships 2024
235	3:08.14	L	F	Michelle De Beer	13	TASC MPD	09/11/2024 Limpopo Age Group 5
236	3:08.17	L	F	Suzanne Marais	13	BEARS TSH	13/09/2024 NTS September Age Group 2024
237	3:08.40	L	F	Anesuishe Jojozi	13	PELIC MAN	13/12/2024 NMBA Championships 2024
238	3:08.54	L S	P	Paballo Mabote	13	MAKO EKU	05/12/2024 EGA Summer Championships
239	3:09.90	L	P	Bokang Seleke	13	AFIN JHB	29/11/2024 CGA Championships 2024
240	3:10.15	L	P	Ofentse Mothopeng	13	MDOL JHB	29/11/2024 CGA Championships 2024
241	3:10.90	L	F	Mia Venter	13	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
242	3:11.06	L	P	Abigail Naicker	13	ACSA ETH	02/07/2024 Prestige Tournament 2024
243	3:11.22	L	F	Zande Bata	13	SRAY BUF	25/01/2025 BCA January Age Group Gala 2025
244	3:11.27	L	F	Jemah Van der Westhuizen	13	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
245	3:11.36	L	F	Beah-Zita Cerone	13	HAAG UTD	07/12/2024 Uthukela District Age Group Gala
246	3:12.27	L	F	Julie Marais	13	LSWBA WB	01/02/2025 Limpopo School Champs & Limpopo AG
247	3:12.48	L	F	Londiwe Ngwenya	13	SGUL ETH	25/01/2025 uShaka Champs 2025
248	3:12.80	L S	F	Kendra Samuels	13	GREY CPT	02/11/2024 CTA A & B CHAMPS 2024
249	3:13.62	L	F	Amelia Kyprou	13	EKS EKU	15/11/2024 Summer 4 Delville
250	3:13.76	L	F	Lana Van Schalkwyk	13	TUPS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
251	3:13.78	L	F	Ilane' Smit	13	BULS MAN	19/10/2024 Pelicans Gala 2
252	3:13.94	L	F	Leane Botha	13	FRA KCD	26/10/2024 Froggies Aquatics Championships 2024
253	3:15.70	L	F	Inge Borman	13	BULS MAN	11/10/2024 Otters Prestige Gala 2024
254	3:15.71	L	F	Amahle Mazula	13	MAKO EKU	01/02/2025 EGA Last Chance Gala
255	3:15.79	L	P	Nomathemba Makhasane	13	MATL KKD	07/12/2024 NWS Championships 2024
256	3:15.81	L	F	Juané Labuschagne	13	SS MPD	12/10/2024 Limpopo Age Group 4
257	3:16.03	L	F	Peyton Russell	13	PGAC EKU	15/11/2024 Summer 4 Delville
258	3:16.39	L	F	Mienke Byliefeldt	13	RBUR BPD	09/11/2024 NWS Age Group 1 & 2 2024
259	3:16.90	L S	F	Lara Louw	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
260	3:16.91	L	F	Izelle Arrow	13	TASC MPD	29/11/2024 Limpopo Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
261	3:17.22	L	F	Giorgia Wood	13	STSC KCD	25/01/2025 uShaka Champs 2025
262	3:17.38	L	F	Tlotliso Rakubutu	13	HREF BP	09/11/2024 NWS Age Group 1 & 2 2024
263	3:18.28	L	F	Terina Retief	13	BLNE MAN	11/10/2024 Otters Prestige Gala 2024
264	3:18.39	L	F	Angelique Benn	13	MAKO EKU	15/11/2024 Summer 4 Delville
265	3:19.11	L	F	Nkembo Baghana	13	CPSC TSH	13/09/2024 NTS September Age Group 2024
266	3:20.34	L	F	Amber Terclavers	13	SOUL EKU	18/01/2025 EGA Summer 5
267	3:20.76	L	F	Isabella Ryan	13	ESTR EKU	01/02/2025 EGA Last Chance Gala
268	3:22.76	L S	P	Nokukhanya Maseko	13	MAKO EKU	05/12/2024 EGA Summer Championships
269	3:22.98	L	F	Ezra Swartz	13	BULS MAN	11/10/2024 Otters Prestige Gala 2024
270	3:23.06	L	F	Kayla De Lange	13	TASC MPD	29/11/2024 Limpopo Champs 2024
271	3:25.38	L	P	Landri Du Toit	13	BULS MAN	04/12/2024 Free State Champs 2024
272	3:25.66	L	F	Bontle Dube	13	ESP EKU	01/02/2025 EGA Last Chance Gala
273	3:26.68	L	P	Lunè Botes	13	BS LLD	04/12/2024 Free State Champs 2024
274	3:28.47	L	P	Yalsha Moodley	13	SEALE ETH	02/07/2024 Prestige Tournament 2024
275	3:31.06	L	F	Chloë Snyman	13	SS MPD	09/11/2024 Limpopo Age Group 5
276	3:31.93	L	F	Orefile Ramphele	13	MATL KKD	09/11/2024 NWS Age Group 1 & 2 2024
277	3:31.95	L	F	Keletso Goeieman	13	KALA	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
278	3:32.56	L	F	Paige Halse	13	AQUA BUF	15/06/2024 PEA Winter Gala 2024
279	3:34.84	L	F	Ellene' Van Zyl	13	BLNE MAN	01/02/2025 Heidedal & Sentraal Galal
280	3:38.37	L	P	Ayamaah Zwane	13	WSTV ETH	02/07/2024 Prestige Tournament 2024
281	3:39.11	L S	P	Zisuliwe Zikhali	13	MAKO EKU	05/12/2024 EGA Summer Championships
282	3:39.14	L	F	Suhela Mohamed	13	LINR JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
283	3:44.51	L	F	Logan Nieuwenhuys	13	KALA	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
284	3:47.11	L	F	Salma Mire	13	LINR JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
285	3:49.20	L	P	Lienka Pretorius	13	RBOT BPD	07/12/2024 NWS Championships 2024
286	3:53.84	L	F	Karla Botha	13	MAKO EKU	18/01/2025 EGA Summer 5
287	4:00.33	L	F	Miahlee Flink	13	KHAY CPT	17/10/2024 43rd Freda Barnard Invitational Gala
288	4:01.57	L	F	Reabetswe Mokwele	13	HNDL CCD	01/02/2025 Limpopo School Champs & Limpopo AG
289	4:03.31	L	F	Tatum Eccles	13	WEST CPT	21/09/2024 CTA INVITATIONAL LC MEET
290	4:03.73	L	F	Clarika Van den Hever	13	BULS MAN	01/02/2025 Heidedal & Sentraal Galal
291	4:32.32	L	F	Usivuyisile Madikane	13	VIKI BUF	22/11/2024 BCA Long Course Championships 2024
Women 13-13 400 Free							
1	4:43.98	L	F	Thandi Bosman	13	USC BUF	13/12/2024 NMBA Championships 2024
2	4:47.49	L	F	Morgan Gous	13	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
3	4:51.04	L	F	Angelica Tsai-Rieb	13	CYBE CPT	05/12/2024 Western Cape LC-A Championship 2024
4	4:51.39	L	F	Ava Lorenzen	13	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
5	4:52.08	L	F	Gemma Spies	13	INFA NMA	15/06/2024 PEA Winter Gala 2024
6	4:55.33	L	F	Lulu Swanepoel	13	ASAC CPT	05/12/2024 Western Cape LC-A Championship 2024
7	4:55.37	L	F	Hannah-Grace Havinga	13	TUKS TSH	13/12/2024 NMBA Championships 2024
8	4:56.94	L	F	Keira Swanepoel	13	KLOO ETH	25/01/2025 uShaka Champs 2025
9	4:59.01	L	F	Leandi Prinsloo	13	BS LLD	04/12/2024 Free State Champs 2024
10	4:59.35	L	F	Irma Kotzé	13	POTC KKD	07/12/2024 NWS Championships 2024
11	5:00.89	L	F	Ayla Ahmed	13	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
12	5:02.05	L	F	Mia Pienaar	13	PGAC EKU	10/01/2025 2024 Grand Prix Invitation Swimming
13	5:02.63	L	F	Ansuné Van Vuuren	13	NWUC KKD	07/12/2024 NWS Championships 2024
14	5:03.55	L	F	Amelia Oosthuizen	13	TUKS TSH	13/12/2024 NMBA Championships 2024
15	5:04.34	L	F	Anja De Villiers	13	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
16	5:05.45	L	F	Zoe Morgado	13	CSA EZD	29/11/2024 Mpumalanga Championships 2024
17	5:06.02	L	F	Kiersten Hillen	CR	VASA EKU	01/02/2025 EGA Last Chance Gala
18	5:08.03	L	F	Morgan Tandy	13	CA EKU	26/10/2024 Summer 3 Delville
19	5:10.43	L	F	Mikayla Rondel	13	CA EKU	01/02/2025 EGA Last Chance Gala
20	5:10.44	L	F	Lauren Walker	13	WATR JHB	29/11/2024 CGA Championships 2024
21	5:11.14	L	F	Rylie Crous	13	BLMA CPT	21/09/2024 CTA INVITATIONAL LC MEET
22	5:11.34	L	F	Romy Smith	13	MDOL JHB	29/11/2024 CGA Championships 2024
23	5:12.46	L	F	Daniela Martin	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
24	5:12.71	L	F	Stacey Welsh	13	BEST NMA	13/12/2024 NMBA Championships 2024
25	5:12.73	L	F	Zenicke Van Schalkwyk	13	DESA NMA	13/12/2024 NMBA Championships 2024
26	5:14.59	L	F	Deune' Du Plessis	13	BLSS MAN	04/12/2024 Free State Champs 2024
27	5:14.62	L	F	Leah de Jager	13	CRSC JHB	29/11/2024 CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
28	5:14.69	L	T	Caeli Ferreira	13	CRSC JHB	20/11/2024	Crusaders Night Gala 1
29	5:17.21	L	F	Isobelle Vlok	13	LINR JHB	29/11/2024	CGA Championships 2024
30	5:17.40	L	F	Anya Sonnekus	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
31	5:18.39	L	F	Jessica Wood	13	TCA EKU	05/12/2024	EGA Summer Championships
32	5:18.79	L S	F	Ava Kranenburg	13	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
33	5:19.27	L	F	Olivia Stroebel	13	HPS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
34	5:20.09	L	F	Janneke Scheepers	13	SGUL ETH	13/12/2024	NMBA Championships 2024
35	5:20.10	L	F	Rebecca Nilsson	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
36	5:20.52	L	F	Kiana Borstlap	13	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024
37	5:23.05	L	F	Ashleigh de Jager	13	BLOT MAN	10/08/2024	Kovsies Gala 1
38	5:23.73	L	F	Leane Van der Merwe	13	PRA GSD	25/01/2025	uShaka Champs 2025
39	5:24.13	L	F	Hannah Wright	13	CA EKU	05/12/2024	EGA Summer Championships
40	5:24.31	L	F	Mia Strydom	13	INFA NMA	31/01/2025	Infinity Gala 2025
41	5:24.46	L	F	Storm Bircher	13	CUHE OBD	05/12/2024	Western Cape LC-A Championship 2024
42	5:24.57	L	F	Amy Madeley	13	ANAX CPT	05/12/2024	Western Cape LC-A Championship 2024
43	5:25.79	L	F	Zoi Dimatellis	13	FISH EDD	17/08/2024	Madibaz Swim Meet 2024
44	5:27.70	L	F	Aila van Biljon	13	BLOT MAN	04/12/2024	Free State Champs 2024
45	5:29.70	L	F	Madison Alton	13	RFA TSH	07/12/2024	NWS Championships 2024
46	5:30.17	L	F	Courtney Logie	13	KLOO ETH	25/01/2025	uShaka Champs 2025
47	5:30.52	L	F	Isabella Mare	13	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
48	5:31.33	L	F	Isabella Oswald	13	CRSC JHB	29/11/2024	CGA Championships 2024
49	5:31.86	L	F	Seruby Van Tromp	13	JAQ EKU	05/12/2024	EGA Summer Championships
50	5:32.81	L	F	Emma Terblanche	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
51	5:33.23	L	F	Talitha Vd Schyff	13	ELRAS WBD	29/11/2024	Limpopo Champs 2024
52	5:33.61	L	F	Morgan Maree	13	DRGN EKU	29/11/2024	CGA Championships 2024
53	5:33.92	L	F	Lika Zietsman	13	BETH FDD	25/10/2024	Neptunes Gala
54	5:35.27	L	F	Aimee van der Merwe	13	MDOL JHB	29/11/2024	CGA Championships 2024
55	5:36.01	L	F	Amalia van der Westhuizen	13	INFA NMA	13/12/2024	NMBA Championships 2024
56	5:36.77	L	F	Anelle Ward	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
57	5:37.69	L	F	Liandi Joubert	13	USC BUF	13/07/2024	1st A League Gala 2024
58	5:38.40	L	F	Ami Van der Merwe	13	FSE KCD	26/10/2024	Froggies Aquatics Championships 2024
59	5:40.04	L	F	Donyelle Cupido	13	BLNE MAN	04/12/2024	Free State Champs 2024
60	5:40.93	L	F	Ashley Williams	13	BLNE MAN	04/12/2024	Free State Champs 2024
61	5:40.95	L	F	Daniella McLean	13	PEAS NMA	13/12/2024	NMBA Championships 2024
62	5:41.26	L	F	Shellaine Pahl	13	DRGN EKU	29/11/2024	CGA Championships 2024
63	5:41.88	L	F	Mila Nienaber	13	QSAW CED	21/09/2024	CTA INVITATIONAL LC MEET
64	5:43.49	L	F	Tyloh Aitken	13	WSTV ETH	25/01/2025	uShaka Champs 2025
65	5:44.31	L	F	Mia Lourens	13	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
66	5:44.82	L	F	Ellen Faul	13	QSAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
67	5:45.11	L	F	Anika Muller	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
68	5:46.29	L	F	Nicole Uys	13	DRGN EKU	29/11/2024	CGA Championships 2024
69	5:46.58	L	F	Leah Stewart	13	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
70	5:47.35	L	F	Phoebe Oagile-Motso	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
71	5:49.10	L	F	Edith Lindsay	13	FISH EDD	15/06/2024	PEA Winter Gala 2024
72	5:49.39	L	F	Mia Putter	13	NWUC KKD	07/12/2024	NWS Championships 2024
73	5:49.46	L	F	Chiniq Breet	13	CSA EZD	29/11/2024	Mpumalanga Championships 2024
74	5:50.37	L	F	Maike Wheeler	13	MDOL JHB	29/11/2024	CGA Championships 2024
75	5:52.04	L	F	Sunechka Roodt	13	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
76	5:53.28	L	F	Janika Wessels	13	BLOT MAN	04/12/2024	Free State Champs 2024
77	5:53.58	L	F	Megan Bosch	13	RFA TSH	01/02/2025	EGA Last Chance Gala
78	5:56.23	L	F	Sasha Bailey	13	RACE JHB	29/11/2024	CGA Championships 2024
79	5:56.32	L	F	Alessia Dowle	13	SS MPD	29/11/2024	Limpopo Champs 2024
80	5:56.69	L	F	Jany Norval	13	SS MPD	29/11/2024	Limpopo Champs 2024
81	5:57.26	L	F	Gabriella Roelandt	13	AA JHB	29/11/2024	CGA Championships 2024
82	5:58.29	L	F	Zaila Forsdyke de Almeida	13	RACE JHB	29/11/2024	CGA Championships 2024
83	5:58.44	L	F	Courtney Biggs	13	SASE JHB	29/11/2024	CGA Championships 2024
84	5:59.41	L	F	Amelie Erasmus	13	SOUL EKU	26/10/2024	Summer 3 Delville
85	6:01.14	L	F	Xandri Hattingh	13	KTS	15/11/2024	AGE GROUP 2 KATHU 2024
86	6:02.93	L	F	Morgan Coskey	13	SGUL ETH	13/12/2024	NMBA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
87	6:03.24 L	F	Casey Lee Mccabe	13	DOLFI MPD	29/11/2024	Limpopo Champs 2024
88	6:04.29 L	F	Miane Muller	13	CA EKU	26/10/2024	Summer 3 Delville
89	6:05.00 L	F	Angelique Marais	13	EXP TSH	01/02/2025	EGA Last Chance Gala
90	6:05.98 L	F	Iane Joubert	13	ROA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
91	6:06.71 L	F	Janike Marais	13	BEARS TSH	13/09/2024	NTS September Age Group 2024
92	6:07.34 L	F	Lene Bester	13	MATL KKD	07/12/2024	NWS Championships 2024
93	6:08.10 L	F	Nangamso Bodlani	13	STSC KCD	25/01/2025	uShaka Champs 2025
94	6:08.11 L	F	Hayley Hodnett	13	AFIN JHB	29/11/2024	CGA Championships 2024
95	6:08.45 L	F	Samantha Kröger	13	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
96	6:08.82 L	F	Alouise Supra	13	TNDER FDD	04/12/2024	Free State Champs 2024
97	6:10.17 L	F	Chantel Kleingeld	13	AWIN TSH	13/09/2024	NTS September Age Group 2024
98	6:11.01 L	F	Annabelle Marsh	13	TINC TSH	29/11/2024	CGA Championships 2024
99	6:11.47 L	F	Danicka Groenewald	13	UNI U EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
100	6:11.81 L	F	Annabelle Gwilt	13	SASE JHB	29/11/2024	CGA Championships 2024
101	6:11.94 L	F	Zanie Van Rooyen	13	RFA TSH	01/02/2025	EGA Last Chance Gala
102	6:13.37 L	F	Ngoko Seke	13	MDOL JHB	29/11/2024	CGA Championships 2024
103	6:14.02 L	F	Elnye Potgieter	13	RFA TSH	07/12/2024	NWS Championships 2024
104	6:14.30 L	F	Esté Gersbach	13	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
105	6:14.45 L	F	Lyla Barnard	13	RFA TSH	01/02/2025	EGA Last Chance Gala
106	6:14.76 L	F	Cara Hughes	13	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
107	6:14.79 L	F	Bokang Seleke	13	AFIN JHB	29/11/2024	CGA Championships 2024
108	6:15.10 L	F	Amée Mc Laughlin	13	RFA TSH	01/02/2025	EGA Last Chance Gala
109	6:15.56 L	F	Mieke Van der Walt	13	NWUC KKD	07/12/2024	NWS Championships 2024
110	6:16.22 L	F	Olwethu Gqoloma	13	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024
111	6:16.79 L	F	Lucy Seymour	13	CRSC JHB	29/11/2024	CGA Championships 2024
112	6:21.06 L	F	Kaylee Van der Merwe	13	LAD UTD	07/12/2024	Uthukela District Age Group Gala
113	6:24.00 L	F	Alexia Montgomery	13	AQUA UTD	07/12/2024	Uthukela District Age Group Gala
114	6:24.47 L	F	Kylie Broncho	13	PER JHB	29/11/2024	CGA Championships 2024
115	6:25.28 L	F	Emihle James	13	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
116	6:25.52 L	F	Tayla-Jean Gibb	13	HARL BUF	22/11/2024	BCA Long Course Championships 2024
117	6:28.46 L	F	Cornelea Breedt	13	ESP EKU	26/10/2024	Summer 3 Delville
118	6:29.48 L	F	Lindsay Balmer	13	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
119	6:29.99 L	F	Emma Love	13	MDOL JHB	29/11/2024	CGA Championships 2024
120	6:31.39 L	F	Ava-Sophia Smith	13	HARL BUF	22/11/2024	BCA Long Course Championships 2024
121	6:33.86 L	F	Kirstin Bouwer	13	AGA Q OBD	09/11/2024	Swartland Prestige Gala 2024
122	6:34.71 L	F	Ontshiametse Makatiers	13	RBOT BPD	07/12/2024	NWS Championships 2024
123	6:35.42 L	F	Zande Bata	13	SRAY BUF	22/11/2024	BCA Long Course Championships 2024
124	6:35.47 L	F	Anesuisho Jojozi	13	PELIC MAN	13/12/2024	NMBA Championships 2024
125	6:42.45 L	F	Kaira Nel	13	WSS LLD	27/09/2024	Seals Gala 2
126	6:43.15 L	F	Mia Venter	13	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
127	6:45.31 L	F	Mienke Byliefeldt	13	RBUR BPD	07/12/2024	NWS Championships 2024
128	7:01.90 L	F	Leane Botha	13	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
129	7:03.42 L	F	Nokukhanya Maseko	13	MAKO EKU	26/10/2024	Summer 3 Delville
130	7:14.25 L	F	Rachele Goosen	13	UNI U EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
131	7:15.18 L	F	Nomathemba Makhasane	13	MATL KKD	07/12/2024	NWS Championships 2024
132	7:47.98 L	F	Keletso Goeieman	13	KALA	15/11/2024	AGE GROUP 2 KATHU 2024
133	8:00.42 L	F	Bontle Dube	13	ESP EKU	26/10/2024	Summer 3 Delville
Women 13-13 500 Free							
1	5:05.39 L	O	Sharli Durandt	13	SAAW CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series
Women 13-13 800 Free							
1	10:03.09 L	F	Ava Lorenzen	13	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
2	10:07.59 L	F	Angelica Tsai-Rieb	13	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
3	10:14.70 L	F	Lulu Swanepoel	13	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024
4	10:18.95 L	F	Mia Pienaar	13	PGAC EKU	10/01/2025	2024 Grand Prix Invitation Swimming
5	10:22.87 L	F	Ansuné Van Vuuren	13	NWUC KKD	07/12/2024	NWS Championships 2024
6	10:26.70 L	F	Anja De Villiers	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
7	10:28.43 L	F	Irma Kotzé	13	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024
8	10:38.84 L	F	Stacey Welsh	13	BEST NMA	13/12/2024	NMBA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
9	10:39.82	L	F	Romy Smith	13	MDOL JHB	29/11/2024 CGA Championships 2024
10	10:42.39	L	F	Leandi Prinsloo	13	BS LLD	04/12/2024 Free State Champs 2024
11	10:44.55	L	F	Zoe Morgado	13	CSA EZD	29/11/2024 Mpumalanga Championships 2024
12	10:47.28	L	F	Isobelle Vlok	13	LINR JHB	29/11/2024 CGA Championships 2024
13	10:47.97	L	F	Jothany Ngnotchouye	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
14	10:51.33	L	F	Anya Sonnekus	13	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
15	10:51.59	L	F	Kiersten Hillen	CR	VASA EKU	05/12/2024 EGA Summer Championships
16	10:55.11	L	F	Deune' Du Plessis	13	BLSS MAN	25/10/2024 Neptunes Gala
17	10:56.04	L	F	Mikayla Rondel	13	CA EKU	10/01/2025 2024 Grand Prix Invitation Swimming
18	10:59.02	L	F	Janneke Scheepers	13	SGUL ETH	13/12/2024 NMBA Championships 2024
19	11:00.83	L	F	Amy Madeley	13	ANAX CPT	05/12/2024 Western Cape LC-A Championship 2024
20	11:02.06	L	F	Rebecca Nilsson	13	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
21	11:03.06	L	F	Amelia Oosthuizen	13	TUKS TSH	05/12/2024 EGA Summer Championships
22	11:08.22	L	F	Mia Strydom	13	INFA NMA	31/01/2025 Infinity Gala 2025
23	11:20.35	L	F	Isabella Oswald	13	CRSC JHB	29/11/2024 CGA Championships 2024
24	11:27.03	L	F	Ami Van der Merwe	13	FSE KCD	25/01/2025 uShaka Champs 2025
25	11:27.21	L	F	Zoi Dimatellis	13	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
26	11:30.67	L	F	Demi Murray	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
27	11:33.49	L	F	Aila van Biljon	13	BLOT MAN	25/10/2024 Neptunes Gala
28	11:34.75	L	F	Mary Maponyane	13	TCA EKU	26/10/2024 Summer 3 Delville
29	11:35.76	L	F	Morgan Maree	13	DRGN EKU	29/11/2024 CGA Championships 2024
30	11:46.20	L	F	Emma Terblanche	13	UNI EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
31	11:47.52	L	F	Emma Groenewald	13	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
32	11:49.51	L	F	Ashley Williams	13	BLNE MAN	25/10/2024 Neptunes Gala
33	11:53.82	L	F	Storm Bircher	13	CUHE OBD	09/11/2024 Swartland Prestige Gala 2024
34	11:54.25	L	F	Liandi Joubert	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
35	12:00.76	L	F	Donyelle Cupido	13	BLNE MAN	25/10/2024 Neptunes Gala
36	12:04.45	L	F	Mia Putter	13	NWUC KKD	09/11/2024 NWS Age Group 1 & 2 2024
37	12:12.60	L	F	Hayleigh Sutherland	13	AWIN TSH	13/09/2024 NTS September Age Group 2024
38	12:22.33	L	F	Maike Wheeler	13	MDOL JHB	29/11/2024 CGA Championships 2024
39	12:25.68	L	F	Edith Lindsay	13	FISH EDD	15/06/2024 PEA Winter Gala 2024
40	12:29.42	L	F	Mia Lombard	13	HARL BUF	25/01/2025 BCA January Age Group Gala 2025
41	12:38.30	L	F	Samantha Kröger	13	BARR CPT	17/10/2024 43rd Freda Barnard Invitational Gala
42	12:38.32	L	F	Isabella Cownie	13	TUKS TSH	13/09/2024 NTS September Age Group 2024
43	12:38.38	L	F	Amelia Minnaar	13	USC BUF	13/12/2024 NMBA Championships 2024
44	12:45.49	L	F	Iane Joubert	13	ROA EDD	17/10/2024 43rd Freda Barnard Invitational Gala
45	12:48.73	L	F	Tayla-Jean Gibb	13	HARL BUF	25/01/2025 BCA January Age Group Gala 2025
46	12:51.70	L	F	Annabelle Gwilt	13	SASE JHB	29/11/2024 CGA Championships 2024
47	13:02.50	L	F	Liandri Terblanche	13	SS MPD	12/10/2024 Limpopo Age Group 4
48	13:02.69	L	F	Alexia Montgomery	13	AQUA UTD	02/11/2024 Uthukela District Age Group Gala
49	13:07.48	L	F	Hayley Hodnett	13	AFIN JHB	29/11/2024 CGA Championships 2024
50	13:09.04	L	F	Lindsay Balmer	13	BLOT MAN	25/10/2024 Neptunes Gala
51	13:11.92	L	F	Lene Bester	13	MATL KKD	09/11/2024 NWS Age Group 1 & 2 2024
52	13:16.96	L	F	Cornelea Breedt	13	ESP EKU	26/10/2024 Summer 3 Delville
53	13:20.34	L	F	Kaylee Van der Merwe	13	LAD UTD	02/11/2024 Uthukela District Age Group Gala
54	13:26.72	L	F	Emihle James	13	RBOT BPD	07/12/2024 NWS Championships 2024
55	13:26.94	L	F	Nangamso Bodlani	13	STSC KCD	07/12/2024 Stingrays Champs 2024
56	15:04.48	L	F	Leane Botha	13	FRA KCD	28/09/2024 KCDA Age Group 1 2024
57	15:21.03	L	F	Beah-Zita Cerone	13	HAAG UTD	02/11/2024 Uthukela District Age Group Gala

Women 13-13 1500 Free

1	19:17.61	L S	F	Lulu Swanepoel	13	ASAC CPT	05/12/2024 Western Cape LC-A Championship 2024
2	19:26.14	L S	F	Angelica Tsai-Rieb	13	CYBE CPT	05/12/2024 Western Cape LC-A Championship 2024
3	19:29.97	L	F	Thandi Bosman	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
4	19:49.79	L	F	Ava Lorenzen	13	BLMA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
5	19:57.78	L	F	Mia Pienaar	13	PGAC EKU	05/12/2024 EGA Summer Championships
6	20:12.36	L	F	Zoe Morgado	13	CSA EZD	29/11/2024 Mpumalanga Championships 2024
7	20:36.12	L	F	Ansuné Van Vuuren	13	NWUC KKD	09/11/2024 NWS Age Group 1 & 2 2024
8	20:40.11	L S	F	Anya Sonnekus	13	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
9	21:15.45	L S	F	Amy Madeley	13	ANAX CPT	05/12/2024 Western Cape LC-A Championship 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
10	21:47.00	L	O	Stacey Welsh	13	BEST NMA	08/12/2024	EC Swim Series OWS Round 2 2024
11	22:02.47	L	F	Emma Terblanche	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
12	22:07.92	L	O	Sharli Durandt	13	SAAW CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series
13	22:13.00	L	F	Leane Botha	13	FRA KCD	30/11/2024	KZN Open Water Champs 2024
14	22:15.70	L	F	Kiana Borstlap	13	POTC KKD	07/12/2024	NWS Championships 2024
15	22:50.68	L	F	Ami Van der Merwe	13	FSE KCD	09/11/2024	KCDA Age Goup 2 2024
16	23:56.68	L	F	Cara Hughes	13	FRA KCD	25/01/2025	uShaka Champs 2025
17	24:11.00	L	O	Mia Strydom	13	INFA NMA	08/12/2024	EC Swim Series OWS Round 2 2024
18	24:48.31	L	F	Annabelle Marsh	13	TINC TSH	13/09/2024	NTS September Age Group 2024
19	25:09.18	L	F	Lene Bester	13	MATL KKD	23/11/2024	NWS Age Group 3 + 4 2024
20	25:32.34	L	O	Philippa Groves	13	SSISA CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
21	26:16.00	L	O	Aimee van der Merwe	13	MDOL JHB	20/10/2024	Manyaka OW Sprint 2024
22	26:26.00	L	O	Morgan Maree	13	DRGN EKU	20/10/2024	Manyaka OW Sprint 2024
23	27:09.28	L	F	Alexia Montgomery	13	AQUA UTD	07/12/2024	Uthukela District Age Group Gala
24	28:01.61	L	O	Angelina Nock	13	AACTA CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
25	29:53.00	L	O	Hayley Hodnett	13	AFIN JHB	20/10/2024	Manyaka OW Sprint 2024
26	34:38.07	L	O	Emma Brownlee	13	ASAC CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
27	35:32.63	L	O	Rebecca Allderman	13	ASAC CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
Women 13-13 3000 Free								
1	55.44	L	F	Alina Dore	13	BLUO UGD	24/11/2024	Capital K 3km Open Water Swim
2	1:00.02	L	F	Lisa Du Toit	13	SEAL UMD	24/11/2024	Capital K 3km Open Water Swim
3	1:00.07	L	F	Azariah Maharaj	13	SEAL UMD	24/11/2024	Capital K 3km Open Water Swim
4*	1:10.52	L	F	Holly Oosthuizen	13	AQUA UTD	24/11/2024	Capital K 3km Open Water Swim
4*	1:10.52	L	F	Alexia Montgomery	13	AQUA UTD	24/11/2024	Capital K 3km Open Water Swim
6	38:57.25	L	O	Morgan Gous	13	RSA	08/12/2024	XX AA Zone IV OWS Championships 8
7	40:51.68	L	O	Sharli Durandt	13	SAAW CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series
8	42:53.81	L	O	Lulu Swanepoel	13	ASAC CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series
9	44:17.69	L	O	Ava Lorenzen	13	BLMA CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series
10	45:03.00	L	O	Stacey Welsh	13	BEST NMA	08/12/2024	EC Swim Series OWS Round 2 2024
11	45:05.22	L	O	Rebecca Nilsson	13	TYGE CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series
12	49:58.00	L	O	Mia Strydom	13	INFA NMA	08/12/2024	EC Swim Series OWS Round 2 2024
13	1:00:44.00	L	F	Leane Botha	13	FRA KCD	30/11/2024	KZN Open Water Champs 2024
Women 13-13 5000 Free								
1	1:14:48.00	L	O	Sharli Durandt	13	SAAW CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
2	1:26:33.00	L	O	Rebecca Nilsson	13	TYGE CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
Women 13-13 10000 Free								
1	2:38:49.00	L	O	Sharli Durandt	13	SAAW CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
Women 13-13 50 Back								
1	30.76	L	P	Sophie Smith	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
2	31.39	L	F	Gemma Spies	13	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
3	32.00	L	F	Leandi Prinsloo	13	BS LLD	04/12/2024	Free State Champs 2024
4	32.28	L	F	Hannah-Grace Havinga	13	TUKS TSH	13/12/2024	NMBA Championships 2024
5	32.89	L	F	Deune' Du Plessis	13	BLSS MAN	04/12/2024	Free State Champs 2024
6	32.93	L	F	Morgan Tandy	13	CA EKU	05/12/2024	EGA Summer Championships
7	33.46	L	F	Liane Coetzee	13	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
8	34.05	L	F	Saskya Kistnasami	13	ASA ILD	25/01/2025	uShaka Champs 2025
9	34.07	L S	F	Ava Lorenzen	13	BLMA CPT	02/11/2024	CTA A & B CHAMPS 2024
10	34.15	L	F	Zoi Dimatellis	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
11	34.21	L	F	Hayley De Haas	13	SEAL UMD	25/01/2025	uShaka Champs 2025
12	34.28	L	F	Alice Esterhuyse	13	KSTAR EDD	05/12/2024	Western Cape LC-A Championship 2024
13	34.31	L	P	Chloe Potgieter	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
14	34.38	L	F	Sophie Barrow	13	MDOL JHB	29/11/2024	CGA Championships 2024
15	34.88	L	S	Caeli Ferreira	13	CRSC JHB	29/11/2024	CGA Championships 2024
16	34.92	L	F	Mari Bruwer	13	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
17	35.00	L	F	Demi Murray	13	USC BUF	25/01/2025	BCA January Age Group Gala 2025
18	35.15	L	F	Olivia Stroebel	13	HPS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
19	35.17	L	F	Rebecca Nilsson	13	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
20	35.25	L	F	Anika Lamprecht	13	VRC TSH	18/10/2024	NTS Level 3+ October Age Group 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
21	35.26	L	F	Rylie Crous	13	BLMA CPT	21/09/2024 CTA INVITATIONAL LC MEET
22	35.27	L	P	Ashleigh de Jager	13	BLOT MAN	04/12/2024 Free State Champs 2024
23	35.28	L	F	Mbalehle Jared	13	ELEC TSH	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
24	35.31	L	P	Isabella De Beer	13	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
25	35.36	L	F	Leah de Jager	13	CRSC JHB	29/11/2024 CGA Championships 2024
26	35.40	L S	F	Anja De Villiers	13	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
27	35.56	L S	F	Irma Kotzé	13	POTC KKD	07/12/2024 NWS Championships 2024
28	35.61	L	F	Zenicke Van Schalkwyk	13	DESA NMA	16/11/2024 5th A League Gala 2024
29	35.63	L	P	Storm Bircher	13	CUHE QBD	05/12/2024 Western Cape LC-A Championship 2024
30	35.76	L	F	Talitha Vd Schyff	13	LSBOS WB	02/11/2024 Limpopo LS - Top 8 skole 2024
31	35.81	L	P	Keira Swanepoel	13	KLOO ETH	02/07/2024 Prestige Tournament 2024
32	35.83	L	F	Jeannemi Pretorius	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
33	35.84	L	P	Romy Smith	13	MDOL JHB	29/11/2024 CGA Championships 2024
34	35.87	L	P	Lauren Walker	13	WATR JHB	29/11/2024 CGA Championships 2024
35	35.97	L	P	Ellen Faul	13	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
36	36.08	L	F	Mackenzie Abrams	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
37	36.11	L	P	Tyloh Aitken	13	WSTV ETH	02/07/2024 Prestige Tournament 2024
38	36.14	L	F	Amelia Oosthuizen	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
39	36.24	L	P	Nika Van den Berg	13	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
40	36.38	L	F	Jothany Ngnotchouye	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
41	36.40	L	F	Daniella McLean	13	PEAS NMA	17/08/2024 Madibaz Swim Meet 2024
42	36.42	L	F	Jany Norval	13	SS MPD	29/11/2024 Limpopo Champs 2024
43	36.48	L	F	Melan van der Spuy	13	BLOT MAN	09/11/2024 Bull Sharks Gala
44	36.60	L S	F	Jani Barkhuysen	13	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
45	36.78	L	F	Isabella Van Rooyen	13	SEALE ETH	25/01/2025 uShaka Champs 2025
46*	36.87	L	P	Isabella Brooker	13	AACTA CPT	05/12/2024 Western Cape LC-A Championship 2024
46*	36.87	L	F	Ella Bunge	13	BLUO UGD	07/12/2024 Stingrays Champs 2024
48	36.96	L	P	Abigail Weber	13	DRGN EKU	29/11/2024 CGA Championships 2024
49*	37.03	L	F	Kristen Roos	13	TRAZ TSH	18/10/2024 NTS Level 3+ October Age Group 2024
49*	37.03	L	P	Seruby Van Tromp	13	JAQ EKU	05/12/2024 EGA Summer Championships
51	37.06	L	P	Emma Terblanche	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
52	37.08	L	F	Mayli Van Schalkwyk	13	ASA ILD	07/12/2024 Stingrays Champs 2024
53	37.17	L	F	Gina Austin	13	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
54	37.22	L	P	Amber Gaddin	13	CRSC JHB	29/11/2024 CGA Championships 2024
55*	37.23	L	F	Kiersten Hillen	CR	VASA EKU	05/12/2024 EGA Summer Championships
55*	37.23	L	F	Saheli Kalpage	13	RACE JHB	29/11/2024 CGA Championships 2024
57*	37.38	L	F	Taylor Henderson	13	COMS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
57*	37.38	L	F	Phoebe Oagile-Motso	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
59	37.39	L	P	Philippa Groves	13	SSISA CPT	05/12/2024 Western Cape LC-A Championship 2024
60	37.44	L	F	Iane Joubert	13	EDA ED	11/01/2025 EDEN INTER DISTRICT PRESTIGE
61*	37.46	L	F	Emma Groenewald	13	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
61*	37.46	L	F	Hannah Van der Merwe	13	PSCP UMD	28/09/2024 KCDA Age Group 1 2024
63	37.52	L	F	Emma De Villiers	13	INFA NMA	14/09/2024 3rd A League Gala 2024
64	37.53	L	F	Arinda Vorster	13	BS LLD	02/11/2024 Heidedal
65	37.54	L	F	Kiana Borstlap	13	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
66	37.55	L	P	Mikayla Rondel	13	CA EKU	05/12/2024 EGA Summer Championships
67	37.56	L	F	Ava Kranenburg	13	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
68	37.63	L	F	Mila Strydom	13	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
69*	37.66	L	P	Nicola Hawley	13	PLAY CED	05/12/2024 Western Cape LC-A Championship 2024
69*	37.66	L	F	Edith Lindsay	13	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
69*	37.66	L	F	Nina Steyn	13	BLSS MAN	04/12/2024 Free State Champs 2024
72	37.68	L	F	Martinet Bezuidenhout	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
73*	37.71	L	F	Kiana Kalpage	13	RACE JHB	29/11/2024 CGA Championships 2024
73*	37.71	L	P	Hannah Wright	13	CA EKU	05/12/2024 EGA Summer Championships
75	37.89	L	P	Aimee van der Merwe	13	MDOL JHB	29/11/2024 CGA Championships 2024
76	37.90	L	F	Isabella Oswald	13	CRSC JHB	20/11/2024 Crusaders Night Gala 1
77	37.96	L	F	Zoe Morgado	13	CSA EZD	29/11/2024 Mpumalanga Championships 2024
78	37.97	L S	F	Olivia Latimer	13	SAAW CPT	02/11/2024 CTA A & B CHAMPS 2024
79	38.08	L	F	Zanie Van Rooyen	13	RFA TSH	01/02/2025 EGA Last Chance Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
80	38.09	L	F	Abigail Slabber	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
81	38.16	L	P	Surayia Harris	13	CRSC JHB	29/11/2024 CGA Championships 2024
82	38.18	L	F	Janika Wessels	13	BLOT MAN	04/12/2024 Free State Champs 2024
83	38.22	L	P	Jessica Wood	13	TCA EKU	05/12/2024 EGA Summer Championships
84	38.29	L S	F	Isabella Wener	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
85*	38.32	L	F	Jeanrie Lennox	13	RBOT BPD	09/11/2024 NWS Age Group 1 & 2 2024
85*	38.32	L	F	Alessia Dowle	13	UNIC CCD	02/11/2024 Limpopo LS - Top 8 skole 2024
87	38.42	L	F	Casey Lee Mccabe	13	DOLFI MPD	29/11/2024 Limpopo Champs 2024
88	38.43	L S	F	Mia Lourens	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
89	38.46	L	F	Liandri Terblanche	13	SS MPD	29/11/2024 Limpopo Champs 2024
90	38.50	L	P	Rene' Coetzer	13	DRGN EKU	29/11/2024 CGA Championships 2024
91	38.51	L	F	Leane Van der Merwe	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
92	38.53	L	F	Caitlin Matthasen	13	RFA TSH	01/02/2025 EGA Last Chance Gala
93	38.60	L	P	Anika Muller	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
94	38.61	L	F	Stacey Welsh	13	BEST NMA	13/12/2024 NMBA Championships 2024
95	38.75	L	F	Eirley Lottering	13	USC BUF	13/12/2024 NMBA Championships 2024
96	38.80	L	F	Lisa Du Toit	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
97	38.95	L	F	Alessia Dowle	13	SS MPD	29/11/2024 Limpopo Champs 2024
98	38.98	L	F	Amy Madeley	13	ANAX CPT	09/11/2024 Swartland Prestige Gala 2024
99	39.09	L	F	Nevéah Koch	13	EDA ED	11/01/2025 EDEN INTER DISTRICT PRESTIGE
100	39.10	L	F	Trinity Kavanagh	13	TCA EKU	12/10/2024 EGA Summer 2
101	39.13	L S	F	Juliette Wallis	13	GREY CPT	02/11/2024 CTA A & B CHAMPS 2024
102	39.18	L	F	Elle Gasson	13	BLSS MAN	04/12/2024 Free State Champs 2024
103	39.23	L	P	Emerson Woods	13	ESTR EKU	05/12/2024 EGA Summer Championships
104	39.24	L	F	Lea Grobler	13	AQUA UTD	11/01/2025 Uthukela District Age Group Gala
105	39.26	L	F	Janneke Scheepers	13	SGUL ETH	13/12/2024 NMBA Championships 2024
106	39.29	L	F	Isla Kruger	13	PLAY CED	09/11/2024 Swartland Prestige Gala 2024
107	39.32	L	F	Mary Maponyane	13	TCA EKU	12/10/2024 EGA Summer 2
108	39.37	L	F	Moné De Kock	13	ELRAS WBD	12/10/2024 Limpopo Age Group 4
109	39.38	L	F	Katelyn Ferns	13	LPTBO CCD	02/11/2024 Limpopo LS - Top 8 skole 2024
110	39.43	L	F	Alicia Kock	13	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
111	39.44	L	P	Bella Spolander	13	DORE JHB	29/11/2024 CGA Championships 2024
112	39.45	L S	F	Samantha Kröger	13	BARR CPT	02/11/2024 CTA A & B CHAMPS 2024
113	39.47	L	F	Kaylee Van der Merwe	13	LAD UTD	07/12/2024 Uthukela District Age Group Gala
114	39.49	L	P	Mia Pienaar	13	PGAC EKU	05/12/2024 EGA Summer Championships
115	39.71	L	F	Amelia Minnaar	13	USC BUF	13/12/2024 NMBA Championships 2024
116	39.76	L	F	Isabella Cownie	13	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
117	39.94	L	F	Miane Muller	13	CA EKU	26/10/2024 Summer 3 Delville
118	39.95	L	F	Leonie Wink	13	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
119	40.01	L	P	Anya Sonnekus	13	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
120	40.04	L	P	Sasha Bailey	13	RACE JHB	29/11/2024 CGA Championships 2024
121	40.05	L S	F	Mia Putter	13	NWUC KKD	07/12/2024 NWS Championships 2024
122	40.09	L	P	Oatile Oliphant	13	WATR JHB	29/11/2024 CGA Championships 2024
123	40.21	L	F	Elmiah Vd Merwe	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
124	40.26	L	F	Keira Wilson	13	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
125	40.28	L	F	Chiniq Breet	13	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
126	40.34	L	F	Madison Alton	13	RFA TSH	01/02/2025 EGA Last Chance Gala
127	40.36	L	P	Ava Koortzen	13	LINR JHB	29/11/2024 CGA Championships 2024
128	40.40	L	F	Mikah Cillié	13	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
129	40.44	L	F	Nikita Radley	13	NSAD EZD	29/11/2024 Mpumalanga Championships 2024
130	40.47	L	P	Courtney Biggs	13	SASE JHB	29/11/2024 CGA Championships 2024
131	40.49	L	P	Gabriella Roelandt	13	AA JHB	29/11/2024 CGA Championships 2024
132	40.50	L	F	Katelyn Dutton	13	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
133	40.51	L	F	Isabella Mare	13	CASC CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
134	40.54	L	F	Ella Hodges	13	RSA	04/10/2024 Curro AquaElite Gala
135	40.64	L	P	Ilane' Smit	13	BULS MAN	04/12/2024 Free State Champs 2024
136*	40.66	L	F	Jemma Van Der Merwe	13	ELEC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
136*	40.66	L	F	Lucy Seymour	13	CRSC JHB	20/11/2024 Crusaders Night Gala 1
138	40.69	L	F	Ashley Williams	13	BLNE MAN	19/10/2024 Pelicans Gala 2

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
139	40.75	L S	F	Ansuné Van Vuuren	13	NWUC KKD	07/12/2024 NWS Championships 2024
140*	40.80	L	P	Charlotte Costa	13	MDOL JHB	29/11/2024 CGA Championships 2024
140*	40.80	L	F	Daniela de Gouveia	13	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
142	40.82	L	F	Jana Durrans	13	STAQ CED	09/11/2024 Winelands SL4
143	40.88	L	F	Leah Gerischer	13	STAQ CED	09/11/2024 Winelands SL4
144	40.93	L	F	Donyelle Cupido	13	BLNE MAN	24/08/2024 Kovsie Gala 2
145	40.97	L	F	Holly Oosthuizen	13	AQUA UTD	07/12/2024 Uthukela District Age Group Gala
146	41.00	L	F	Liv Van den Heever	13	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
147	41.04	L	F	Gabriela Govender	13	INFA NMA	03/08/2024 2nd A League Gala 2024
148	41.08	L	F	Laaiqah Abrahams	13	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
149	41.11	L	P	Daniella Tolmay	13	AFIN JHB	29/11/2024 CGA Championships 2024
150	41.12	L	P	Emma Love	13	MDOL JHB	29/11/2024 CGA Championships 2024
151*	41.16	L	F	Mia Lombard	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
151*	41.16	L	F	Zoe Geddes	13	INFA NMA	03/08/2024 2nd A League Gala 2024
153*	41.19	L	F	Arabella Sadler	13	LEGC ETH	13/12/2024 NMBA Championships 2024
153*	41.19	L	P	Liat Fittinghoff	13	OLDE JHB	29/11/2024 CGA Championships 2024
155	41.22	L	F	Paula Theron	13	CASC CPT	21/09/2024 CTA INVITATIONAL LC MEET
156	41.26	L	F	Juané Labuschagne	13	SS MPD	29/11/2024 Limpopo Champs 2024
157	41.34	L	F	Liandi Joubert	13	USC BUF	13/12/2024 NMBA Championships 2024
158	41.36	L	F	Beah-Zita Cerone	13	HAAG UTD	11/01/2025 Uthukela District Age Group Gala
159	41.41	L	P	Zaila Forsdyke de Almeida	13	RACE JHB	29/11/2024 CGA Championships 2024
160	41.42	L	P	Marine Wilken	13	VALS FDD	04/12/2024 Free State Champs 2024
161	41.48	L	F	Amalia van der Westhuizen	13	INFA NMA	16/11/2024 5th A League Gala 2024
162	41.49	L	F	Danelle Carstens	13	PSA ZLD	25/01/2025 uShaka Champs 2025
163	41.53	L	F	Nangamso Bodlani	13	STSC KCD	01/02/2025 KCDA Age Group 4 2024
164	41.70	L	F	Nina Van Staden	13	KSC EZD	29/11/2024 Mpumalanga Championships 2024
165	41.79	L	P	Eden Jacobs	13	PER JHB	29/11/2024 CGA Championships 2024
166	41.88	L	F	Lyla Barnard	13	RFA TSH	13/09/2024 NTS September Age Group 2024
167	41.92	L	F	Layla Bettencourt	13	CA EKU	12/10/2024 EGA Summer 2
168	41.93	L	P	Aimee Liebenberg	13	SWAR WCD	05/12/2024 Western Cape LC-A Championship 2024
169	42.01	L	P	Jessica Van Wyk	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
170	42.17	L S	F	Josephine Endres	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
171	42.33	L	F	Lindsay Balmer	13	BLOT MAN	24/08/2024 Kovsie Gala 2
172	42.35	L	P	Emily Ackerman	13	QUES JHB	29/11/2024 CGA Championships 2024
173	42.37	L	P	Kylie Broncho	13	PER JHB	29/11/2024 CGA Championships 2024
174	42.40	L S	F	Belen Neethling	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
175	42.41	L	P	Clarrisa Schuch	13	LEGC ETH	02/07/2024 Prestige Tournament 2024
176*	42.45	L	F	Hesmari MacRobert	13	KSTAR EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
176*	42.45	L	F	Tayla Scheepers	13	AFIN JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
178	42.46	L	F	Xandri Hattingh	13	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
179	42.52	L	P	Courtney Logie	13	KLOO ETH	02/07/2024 Prestige Tournament 2024
180	42.53	L	F	Alouise Supra	13	TNDER FDD	25/10/2024 Neptunes Gala
181	42.59	L S	F	Rebecca Alderman	13	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
182	42.71	L	P	Danica Carey	13	CA EKU	05/12/2024 EGA Summer Championships
183	42.74	L	P	Chiara Surtees	13	CRSC JHB	29/11/2024 CGA Championships 2024
184	42.77	L	F	Zoe Bayisayi	13	TCA EKU	12/10/2024 EGA Summer 2
185	42.80	L	F	Chloe' Oliphant	13	PAC TSH	13/09/2024 NTS September Age Group 2024
186	42.95	L	F	Miya De Villiers	13	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
187	42.98	L	F	Olwethu Gqoloma	13	RBOT BPD	23/11/2024 NWS Age Group 3 + 4 2024
188	43.00	L	F	Leah Stewart	13	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
189	43.11	L	F	Jodie Marais	13	ELRAS WBD	29/11/2024 Limpopo Champs 2024
190	43.14	L	F	Erin Hilliar	13	UNIU EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
191	43.20	L	F	Mia Strydom	13	INFA NMA	15/06/2024 PEA Winter Gala 2024
192*	43.24	L	F	Megan Bosch	13	RFA TSH	18/10/2024 NTS Level 3+ October Age Group 2024
192*	43.24	L	F	Amy Wellsted	13	CRSC JHB	20/11/2024 Crusaders Night Gala 1
194	43.29	L	F	Mieka Janse van Rensburg	13	JAQ EKU	01/02/2025 EGA Last Chance Gala
195	43.31	L S	F	Mieke Haughton	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
196	43.37	L	P	Zoey Van Leeuwen	13	CRSC JHB	29/11/2024 CGA Championships 2024
197	43.38	L	F	Thandolwethu Dlamini	13	MSC NGD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
198	43.40 L	F	Katlego Maja	13	TRAZ	FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
199	43.45 L	P	Kukhokonke Hlatshwayo	13	AA	JHB	29/11/2024	CGA Championships 2024
200	43.49 L	F	Rachele Goosen	13	UNIU	EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
201	43.61 L	F	Chibeka Mwansa	13	MAHD	NMD	23/11/2024	NWS Age Group 3 + 4 2024
202	43.68 L	P	Sameeha Valli	13	MDOL	JHB	29/11/2024	CGA Championships 2024
203	43.70 L	F	Suzanne Marais	13	BEARS	FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
204	43.72 L	P	Isabelle Boyd	13	UNI	EZD	29/11/2024	Mpumalanga Championships 2024
205	43.77 L	P	Tinokudzaishe Shoniwa	13	MDOL	JHB	29/11/2024	CGA Championships 2024
206	43.83 L	F	Leelah Kemp	13	TINC	FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
207	43.85 L	P	Tatum Venter	13	WSS	LLD	04/12/2024	Free State Champs 2024
208	43.89 L	P	Ofentse Mothopeng	13	MDOL	JHB	29/11/2024	CGA Championships 2024
209	43.99 L	P	Ezra Swartz	13	BULS	MAN	04/12/2024	Free State Champs 2024
210	44.03 L	P	Swapnika Kasireddy	13	SASE	JHB	29/11/2024	CGA Championships 2024
211	44.04 L	F	Izelle Arrow	13	TASC	MPD	29/11/2024	Limpopo Champs 2024
212	44.10 L	F	Elle Joubert	13	PLAY	CED	17/10/2024	43rd Freda Barnard Invitational Gala
213	44.18 L	P	Kiara Naidoo	13	MAKO	EKU	05/12/2024	EGA Summer Championships
214	44.48 L	F	Lana Van Schalkwyk	13	TUKS	FSH	13/09/2024	NTS September Age Group 2024
215*	44.50 L	P	Chizara Nsibanyoni-Anyiam	13	WATR	JHB	29/11/2024	CGA Championships 2024
215*	44.50 L	F	Nolwazi Malaza	13	CSC	FSH	13/09/2024	NTS September Age Group 2024
217	44.66 L	F	Elnye Potgieter	13	RFA	FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
218	44.79 L	F	Addisyn Moloney	13	AWSC	JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
219	44.84 L	F	Matilda Gemmill	13	HERO	JHB	20/11/2024	Crusaders Night Gala 1
220*	44.92 L	F	Aila van Biljon	13	BLOT	MAN	24/08/2024	Kovsie Gala 2
220*	44.92 L	F	Landri Du Toit	13	BULS	MAN	01/02/2025	Heidedal & Sentraal Galal
220*	44.92 L	F	Sunechka Roodt	13	MATL	KKD	09/11/2024	NWS Age Group 1 & 2 2024
223	44.95 L	F	Kate Tager	13	CUHE	OBD	17/10/2024	43rd Freda Barnard Invitational Gala
224	44.97 L	F	Maya Mbhokota	13	CUHE	OBD	09/11/2024	Swartland Prestige Gala 2024
225	44.98 L	F	Klara Nel	13	TASC	MPD	12/10/2024	Limpopo Age Group 4
226	45.00 L	F	Heike Wessels	13	QUIC	CPT	09/11/2024	Swartland Prestige Gala 2024
227	45.06 L	F	Jemah Van der Westhuizen	13	VINE	CPT	21/09/2024	CTA INVITATIONAL LC MEET
228	45.08 L	F	Kaiyann Bricknell	13	MDOL	JHB	10/01/2025	2024 Grand Prix Invitation Swimming
229	45.09 L	P	Cornelea Breedt	13	ESP	EKU	05/12/2024	EGA Summer Championships
230	45.10 L	P	Jordan Godfrey	13	AFIN	JHB	29/11/2024	CGA Championships 2024
231*	45.11 L S	F	Lene Bester	13	MATL	KKD	07/12/2024	NWS Championships 2024
231*	45.11 L	P	Danicka Groenewald	13	UNIU	EZD	29/11/2024	Mpumalanga Championships 2024
233	45.12 L	P	Inge Borman	13	BULS	MAN	04/12/2024	Free State Champs 2024
234	45.13 L	F	Anne-Marie Brink	13	RFA	FSH	01/02/2025	EGA Last Chance Gala
235	45.25 L	P	Abigail Naicker	13	ACSA	ETH	02/07/2024	Prestige Tournament 2024
236	45.26 L	F	Giorgia Wood	13	STSC	KCD	07/12/2024	Stingrays Champs 2024
237	45.33 L	P	Zeina Bhamjee	13	ATLA	JHB	29/11/2024	CGA Championships 2024
238	45.35 L	F	Chloe Oosthuizen	13	CSC	FSH	13/09/2024	NTS September Age Group 2024
239	45.40 L	F	Amare Victor	13	CPSC	FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
240*	45.42 L	P	Isabella Ryan	13	ESTR	EKU	05/12/2024	EGA Summer Championships
240*	45.42 L	P	Abbeygail Emond	13	DRGN	EKU	29/11/2024	CGA Championships 2024
242	45.49 L	F	Reabetswe Sebola	13	TUKS	FSH	13/09/2024	NTS September Age Group 2024
243	45.55 L	F	Sydney Sprout	13	TYGE	CPT	09/11/2024	Swartland Prestige Gala 2024
244	45.56 L	F	Angelina Fernandes	13	WSS	LLD	25/10/2024	Neptunes Gala
245	45.76 L	F	Erin Arnoldus	13	RSA		04/10/2024	Curro AquaElite Gala
246*	45.77 L	F	Morgan Coskey	13	SGUL	ETH	13/12/2024	NMBA Championships 2024
246*	45.77 L	F	Luna Copteros	13	PEAS	NMA	14/09/2024	3rd A League Gala 2024
248	45.82 L	P	Bokang Seleke	13	AFIN	JHB	29/11/2024	CGA Championships 2024
249	45.93 L	F	Nomathemba Makhasane	13	MATL	KKD	09/11/2024	NWS Age Group 1 & 2 2024
250	45.98 L	P	Amahle Mazula	13	MAKO	EKU	05/12/2024	EGA Summer Championships
251	46.02 L S	F	Mieke Van der Walt	13	NWUC	KKD	07/12/2024	NWS Championships 2024
252	46.03 L	F	Lily Theron	13	TINC	FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
253	46.05 L S	F	Nala Hlapho	13	RBOT	BPD	07/12/2024	NWS Championships 2024
254	46.07 L	F	Annabel Chinakidzwa	13	RBOT	BPD	23/11/2024	NWS Age Group 3 + 4 2024
255	46.16 L	F	Lianie Pietersen	13	LSKP	WB	02/11/2024	Limpopo LS - Top 8 skole 2024
256	46.17 L	F	Mikayla Twali	13	RFA	FSH	13/09/2024	NTS September Age Group 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
257	46.23	L	F	Sakhay Zakumba	13	BEST NMA	13/07/2024 1st A League Gala 2024
258	46.52	L	P	Lisa Ferreira	13	BULS MAN	04/12/2024 Free State Champs 2024
259	46.58	L	P	Paballo Mabote	13	MAKO EKU	05/12/2024 EGA Summer Championships
260*	46.72	L	F	Mieke Pretorius	13	STELL RMD	23/11/2024 NWS Age Group 3 + 4 2024
260*	46.72	L	F	Mia Venter	13	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
262	46.78	L	F	Moloko Masemene	13	ELEC TSH	13/09/2024 NTS September Age Group 2024
263	46.86	L	F	Anesuishe Jojozi	13	PELIC MAN	19/10/2024 Pelicans Gala 2
264	46.96	L	F	Sumayya Dangor	13	ATLA JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
265	47.06	L	F	Zande Bata	13	SRAY BUF	25/01/2025 BCA January Age Group Gala 2025
266	47.10	L S	F	Ivanke Jacobs	13	HREF BPD	07/12/2024 NWS Championships 2024
267*	47.14	L	F	Carli Wessels	13	AGAQ OBD	09/11/2024 Swartland Prestige Gala 2024
267*	47.14	L	F	Tayla-Jean Gibb	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
269	47.25	L	F	Ayazingca Dyasi	13	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
270	47.31	L	F	Kaira Nel	13	WSS LLD	13/09/2024 Pelicans Age Group Gala
271	47.56	L	F	Bontle Dube	13	ESP EKU	12/10/2024 EGA Summer 2
272	47.65	L	F	Kirsten Koopman	13	LEGC ETH	25/01/2025 uShaka Champs 2025
273	47.70	L	P	Lunè Botes	13	BS LLD	04/12/2024 Free State Champs 2024
274	47.83	L	P	Sithabile Mdlalose	13	JAQ EKU	05/12/2024 EGA Summer Championships
275	47.87	L	F	Johanna Hanekom	13	UPSK ZMD	05/10/2024 FLAMINGO GALA OCT 2024
276	48.10	L	F	Keletso Goeieman	13	KALA	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
277	48.11	L	F	Nkembo Baghana	13	CPSC TSH	13/09/2024 NTS September Age Group 2024
278	48.16	L S	F	Mienke Byliefeldt	13	RBUR BPD	07/12/2024 NWS Championships 2024
279	48.17	L	F	Danielle Du Plessis	13	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
280	48.19	L	F	Julie Marais	13	LSWBA WB	01/02/2025 Limpopo School Champs & Limpopo AG
281	48.38	L	P	Jadyne Dowie	13	QUES JHB	29/11/2024 CGA Championships 2024
282	48.42	L	F	Amelia Kyprou	13	ESP EKU	01/02/2025 EGA Last Chance Gala
283	48.45	L S	F	Miahlee Flink	13	KHAY CPT	02/11/2024 CTA A & B CHAMPS 2024
284	48.59	L	F	Kara Wentzel	13	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
285	48.87	L	P	Nokukhanya Maseko	13	MAKO EKU	05/12/2024 EGA Summer Championships
286	48.92	L	F	Gabby Veldman	13	AASC EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
287	49.06	L	F	Chloë Snyman	13	SS MPD	12/10/2024 Limpopo Age Group 4
288	49.08	L	P	Naledi Mohapi	13	ESTR EKU	05/12/2024 EGA Summer Championships
289	49.12	L	F	Mjanyelwa Mtshweni	13	CA EKU	12/10/2024 EGA Summer 2
290	49.32	L S	F	Lika Els	13	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
291	49.56	L	P	Peyton Russell	13	PGAC EKU	05/12/2024 EGA Summer Championships
292	50.20	L S	F	Logan Marais	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
293	50.28	L S	F	Mishka Isaacs	13	WALM CPT	02/11/2024 CTA A & B CHAMPS 2024
294	50.61	L	P	Ayamaah Zwane	13	WSTV ETH	02/07/2024 Prestige Tournament 2024
295	50.75	L	F	Jennifer Mostert	13	TASC MPD	12/10/2024 Limpopo Age Group 4
296	51.06	L	F	Reabetswe Mokwele	13	POLSC CCD	12/10/2024 Limpopo Age Group 4
297	51.23	L	F	Logan Nieuwenhuys	13	KALA	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
298	51.71	L	F	Nkosinathi Zondo	13	BARR CPT	21/09/2024 CTA INVITATIONAL LC MEET
299	51.90	L	P	Zisuliwe Zikhali	13	MAKO EKU	05/12/2024 EGA Summer Championships
300	52.36	L	F	Ellene' Van Zyl	13	BLNE MAN	01/02/2025 Heidedal & Sentraal Galal
301	52.89	L S	F	Kendra Samuels	13	GREY CPT	02/11/2024 CTA A & B CHAMPS 2024
302	52.96	L	F	Orefile Ramphele	13	MATL KKD	23/11/2024 NWS Age Group 3 + 4 2024
303	53.14	L	F	Angelique Benn	13	MAKO EKU	12/10/2024 EGA Summer 2
304	54.03	L	P	Clarika Van den Hever	13	BULS MAN	04/12/2024 Free State Champs 2024
305	54.04	L	F	Chardè Bocks	13	WEST CPT	09/11/2024 Swartland Prestige Gala 2024
306	54.56	L	P	Oratilwe Ngubeni	13	JAQ EKU	05/12/2024 EGA Summer Championships
307	57.00	L	F	Mia Schoeman	13	LSJM SKD	02/11/2024 Limpopo LS - Top 8 skole 2024
308	57.20	L	F	Tatum Eccles	13	WEST CPT	21/09/2024 CTA INVITATIONAL LC MEET
309	58.34	L	F	Kayla De Lange	13	LSTZN CCD	01/02/2025 Limpopo School Champs & Limpopo AG
310	58.53	L	F	Paige Halse	13	AQUA BUF	15/06/2024 PEA Winter Gala 2024
311	1:03.84	L	F	Kyleigh Roman	13	GAA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
312	1:04.86	L	F	Reatlegile Mosikare	13	FSE KCD	09/11/2024 KCDA Age Goup 2 2024
313	1:05.22	L	F	Eljonè Bruwer	13	STELL RMD	23/11/2024 NWS Age Group 3 + 4 2024
314	1:06.00	L	F	Londiwe Khumalo	13	MPAR JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
315	1:06.96	L	F	Mienka Loubser	13	QSAW CED	09/11/2024 Swartland Prestige Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 13-13 100 Back							
1	1:05.98 L	F	Sophie Smith	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
2	1:07.22 L	F	Gemma Spies	13	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
3	1:09.52 L	F	Leandi Prinsloo	13	BS LLD	04/12/2024	Free State Champs 2024
4	1:10.86 L	F	Hannah-Grace Havinga	13	TUKS FSH	13/12/2024	NMBA Championships 2024
5	1:11.89 L	P	Deune' Du Plessis	13	BLSS MAN	04/12/2024	Free State Champs 2024
6*	1:11.93 L	P	Ava Lorenzen	13	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
6*	1:11.93 L	F	Morgan Tandy	13	CA EKU	01/02/2025	EGA Last Chance Gala
8	1:12.14 L	F	Morgan Gous	13	INFA NMA	31/01/2025	Infinity Gala 2025
9	1:14.13 L	F	Mbalenhle Jared	13	ELEC FSH	18/10/2024	NTS Level 3+ October Age Group 2024
10	1:14.55 L	F	Thandi Bosman	13	USC BUF	13/12/2024	NMBA Championships 2024
11	1:14.65 L	F	Demi Murray	13	USC BUF	25/01/2025	BCA January Age Group Gala 2025
12	1:15.08 L	P	Anja De Villiers	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
13	1:15.13 L	F	Liane Coetzee	13	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
14	1:15.73 L	F	Zenicke Van Schalkwyk	13	DESA NMA	13/12/2024	NMBA Championships 2024
15	1:15.82 L	F	Mari Bruwer	13	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
16	1:16.22 L	F	Hayley De Haas	13	SEAL UMD	25/01/2025	uShaka Champs 2025
17	1:16.29 L	F	Rylie Crous	13	BLMA CPT	21/09/2024	CTA INVITATIONAL LC MEET
18	1:16.35 L	F	Irma Kotzé	13	POTC KKD	07/12/2024	NWS Championships 2024
19	1:16.41 L	F	Amelia Oosthuizen	13	TUKS FSH	13/12/2024	NMBA Championships 2024
20	1:16.65 L	P	Zoi Dimatellis	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
21	1:16.82 L	F	Alice Esterhuysen	13	KSTAR EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
22	1:16.89 L	P	Caeli Ferreira	13	CRSC JHB	29/11/2024	CGA Championships 2024
23	1:17.06 L	F	Isabella De Beer	13	QSAW CED	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
24	1:17.10 L	P	Chloe Potgieter	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
25	1:17.21 L	F	Sophie Barrow	13	MDOL JHB	29/11/2024	CGA Championships 2024
26	1:17.68 L	F	Rebecca Nilsson	13	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
27	1:17.86 L	F	Jeannemi Pretorius	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
28	1:17.93 L	F	Keira Swanepoel	13	KLOO ETH	02/07/2024	Prestige Tournament 2024
29	1:17.95 L	F	Talitha Vd Schyff	13	ELRAS WBD	29/11/2024	Limpopo Champs 2024
30	1:18.39 L S	P	Mikayla Rondel	13	CA EKU	05/12/2024	EGA Summer Championships
31	1:18.60 L	F	Kiana Borstlap	13	POTC KKD	07/12/2024	NWS Championships 2024
32	1:18.99 L	P	Storm Bircher	13	CUHE OBD	05/12/2024	Western Cape LC-A Championship 2024
33	1:19.03 L	F	Sage Moodie	13	RSA	04/10/2024	Curro AquaElite Gala
34	1:19.29 L	P	Romy Smith	13	MDOL JHB	29/11/2024	CGA Championships 2024
35	1:19.36 L	P	Tyloh Aitken	13	WSTV ETH	02/07/2024	Prestige Tournament 2024
36	1:19.44 L	P	Lauren Walker	13	WATR JHB	29/11/2024	CGA Championships 2024
37	1:19.57 L	F	Zoe Morgado	13	CSA EZD	29/11/2024	Mpumalanga Championships 2024
38	1:19.59 L	F	Aimee van der Merwe	13	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
39	1:20.07 L	P	Miané Cronjé	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
40*	1:20.42 L	F	Andrea van Huyssteen	13	PAC FSH	13/09/2024	NTS September Age Group 2024
40*	1:20.42 L	F	Ava Kranenburg	13	VINE CPT	09/11/2024	Swartland Prestige Gala 2024
42	1:20.47 L	P	Isabella Brooker	13	AACTA CPT	05/12/2024	Western Cape LC-A Championship 2024
43	1:20.54 L	F	Lika Zietsman	13	BETH FDD	04/12/2024	Free State Champs 2024
44	1:20.58 L	F	Isabella Van Rooyen	13	SEALE ETH	25/01/2025	uShaka Champs 2025
45	1:20.60 L	F	Olivia Stroebel	13	HPS FSH	13/09/2024	NTS September Age Group 2024
46	1:20.75 L	P	Leah de Jager	13	CRSC JHB	29/11/2024	CGA Championships 2024
47	1:20.84 L	P	Francesca Flack	13	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024
48	1:20.93 L	F	Daniella McLean	13	PEAS NMA	13/12/2024	NMBA Championships 2024
49	1:20.97 L	F	Emma Terblanche	13	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
50	1:21.06 L	F	Martinet Bezuidenhout	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
51	1:21.17 L	P	Mila Nienaber	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
52	1:21.24 L	F	Stacey Welsh	13	BEST NMA	13/12/2024	NMBA Championships 2024
53	1:21.33 L	P	Nika Van den Berg	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
54	1:21.56 L	F	Kiersten Hillen	CR	VASA EKU	15/11/2024	Summer 4 Delville
55	1:21.65 L	F	Kristen Roos	13	TRAZ FSH	18/10/2024	NTS Level 3+ October Age Group 2024
56	1:21.84 L	F	Mia Pienaar	13	PGAC EKU	12/10/2024	EGA Summer 2
57	1:21.92 L	P	Philippa Groves	13	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024
58	1:21.96 L	F	Emma Groenewald	13	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59*	1:21.97	L	F	Ansuné Van Vuuren	13	NWUC	KKD 07/12/2024 NWS Championships 2024
59*	1:21.97	L	F	Abigail Da Silva	13	TUKS	FSH 22/01/2025 Crusaders Night Gala 2
59*	1:21.97	L	F	Madison Alton	13	RFA	FSH 07/12/2024 NWS Championships 2024
62	1:22.04	L	F	Roxanne Barnard	13	BEAV	ETH 25/01/2025 uShaka Champs 2025
63	1:22.15	L	F	Ellen Faul	13	QSAW	CED 17/10/2024 43rd Freda Barnard Invitational Gala
64	1:22.23	L	F	Chiniq Breet	13	CSA	EZD 29/11/2024 Mpumalanga Championships 2024
65	1:22.24	L	F	Angelica Tsai-Rieb	13	CYBE	CPT 05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
66	1:22.28	L	F	Mayli Van Schalkwyk	13	ASA	ILD 07/12/2024 Stingrays Champs 2024
67	1:22.38	L	F	Hannah Wright	13	CA	EKU 15/11/2024 Summer 4 Delville
68	1:22.47	L	P	Jothany Ngnotchouye	13	SEAL	UMD 02/07/2024 Prestige Tournament 2024
69	1:22.50	L	F	Amelie Erasmus	13	SOUL	EKU 15/11/2024 Summer 4 Delville
70	1:22.51	L	P	Samantha Kröger	13	BARR	CPT 05/12/2024 Western Cape LC-A Championship 2024
71	1:22.52	L	F	Arinda Vorster	13	BS	LLD 09/11/2024 Bull Sharks Gala
72	1:22.64	L	P	Edith Lindsay	13	FISH	EDD 05/12/2024 Western Cape LC-A Championship 2024
73	1:22.72	L	P	Amy Madeley	13	ANAX	CPT 05/12/2024 Western Cape LC-A Championship 2024
74	1:22.77	L S	F	Mary Maponyane	13	TCA	EKU 05/12/2024 EGA Summer Championships
75	1:22.81	L	F	Elrie Moolman	CR	VASA	EKU 12/10/2024 EGA Summer 2
76	1:23.01	L	F	Casey Lee Mccabe	13	HBV	MP 01/02/2025 Limpopo School Champs & Limpopo AG
77	1:23.24	L	F	Mia Lourens	13	CASC	CPT 02/11/2024 CTA A & B CHAMPS 2024
78	1:23.30	L	F	Zanie Van Rooyen	13	RFA	FSH 01/02/2025 EGA Last Chance Gala
79	1:23.42	L	F	Leane Van der Merwe	13	UNI	EZD 29/11/2024 Mpumalanga Championships 2024
80	1:23.59	L	F	Elara Köpplinger	13	TUKS	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
81	1:23.60	L	F	Abigail Slabber	13	SEAL	UMD 02/07/2024 Prestige Tournament 2024
82	1:23.69	L S	P	Trinity Kavanagh	13	TCA	EKU 05/12/2024 EGA Summer Championships
83	1:23.82	L	F	Liv Van den Heever	13	AZON	ETH 14/06/2024 AQZ Winter Warmer 2024
84	1:23.90	L	F	Iane Joubert	13	ROA	EDD 02/11/2024 EDEN 2nd A-League Gala 2024 Schools
85	1:23.97	L	P	Kaylee Naidoo	13	SEAL	UMD 02/07/2024 Prestige Tournament 2024
86	1:24.03	L	F	Juliette Wallis	13	GREY	CPT 02/11/2024 CTA A & B CHAMPS 2024
87	1:24.06	L	F	Lea Grobler	13	AQUA	UTD 11/01/2025 Uthukela District Age Group Gala
88	1:24.11	L	F	Taylor Henderson	13	COMS	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
89	1:24.22	L	F	Carolina Eybers	13	VHD	ZLD 07/12/2024 Stingrays Champs 2024
90	1:24.37	L	F	Anika Muller	13	UNI	EZD 29/11/2024 Mpumalanga Championships 2024
91	1:24.39	L	P	Ashley Williams	13	BLNE	MAN 04/12/2024 Free State Champs 2024
92	1:24.46	L	F	Gina Austin	13	ELEC	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
93	1:24.49	L	F	Elle Gasson	13	BLSS	MAN 04/12/2024 Free State Champs 2024
94	1:24.50	L	P	Abigail Weber	13	DRGN	EKU 29/11/2024 CGA Championships 2024
95	1:24.58	L	F	Janneke Scheepers	13	SGUL	ETH 13/12/2024 NMBA Championships 2024
96	1:24.81	L	F	Jani Barkhuysen	13	ASAC	CPT 02/11/2024 CTA A & B CHAMPS 2024
97	1:24.93	L	F	Nina Steyn	13	BLSS	MAN 04/12/2024 Free State Champs 2024
98*	1:24.99	L	P	Rene' Coetzer	13	DRGN	EKU 29/11/2024 CGA Championships 2024
98*	1:24.99	L	F	Chantel Kleingeld	13	AWIN	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
100	1:25.03	L	F	Moné De Kock	13	HE	CCD 01/02/2025 Limpopo School Champs & Limpopo AG
101	1:25.38	L S	P	Seruby Van Tromp	13	JAQ	EKU 05/12/2024 EGA Summer Championships
102	1:25.48	L	F	Miane Muller	13	CA	EKU 01/02/2025 EGA Last Chance Gala
103	1:25.53	L S	P	Emerson Woods	13	ESTR	EKU 05/12/2024 EGA Summer Championships
104	1:25.62	L	F	Ashleigh de Jager	13	BLOT	MAN 19/10/2024 Pelicans Gala 2
105*	1:25.78	L	F	Anya Sonnekus	13	TYGE	CPT 15/06/2024 PEA Winter Gala 2024
105*	1:25.78	L	F	Donyelle Cupido	13	BLNE	MAN 19/10/2024 Pelicans Gala 2
107	1:25.81	L	P	Isabella Mare	13	CASC	CPT 05/12/2024 Western Cape LC-A Championship 2024
108	1:25.92	L	F	Olivia Latimer	13	SAAW	CPT 02/11/2024 CTA A & B CHAMPS 2024
109	1:26.06	L	F	Liandri Terblanche	13	SS	MPD 29/11/2024 Limpopo Champs 2024
110	1:26.14	L	F	Alicia Kock	13	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
111	1:26.18	L	P	Ava Koortzen	13	LINR	JHB 29/11/2024 CGA Championships 2024
112	1:26.34	L	F	Eirley Lottering	13	USC	BUF 22/11/2024 BCA Long Course Championships 2024
113	1:26.40	L	F	Jany Norval	13	SS	MPD 29/11/2024 Limpopo Champs 2024
114	1:26.41	L	F	Kaylee Van der Merwe	13	LAD	UTD 11/01/2025 Uthukela District Age Group Gala
115	1:26.46	L	F	Elmiah Vd Merwe	13	TUKS	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
116	1:26.64	L	P	Lucy Seymour	13	CRSC	JHB 29/11/2024 CGA Championships 2024
117	1:26.87	L	P	Bella Spolander	13	DORE	JHB 29/11/2024 CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
118	1:26.90	L	F	Hayleigh Sutherland	13	AWIN	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
119	1:27.43	L	F	Amaani Abrahams	13	MARL	CPT 17/10/2024 43rd Freda Barnard Invitational Gala
120	1:27.49	L	F	Amelia Minnaar	13	USC	BUF 13/12/2024 NMBA Championships 2024
121	1:27.61	L	F	Isla Kruger	13	PLAY	CED 09/11/2024 Swartland Prestige Gala 2024
122	1:27.75	L	F	Holly Oosthuizen	13	AQUA	UTD 07/12/2024 Uthukela District Age Group Gala
123	1:27.95	L	F	Alessia Dowle	13	SS	MPD 09/11/2024 Limpopo Age Group 5
124	1:27.96	L S	P	Victoria Jackson	13	SOUL	EKU 05/12/2024 EGA Summer Championships
125	1:28.03	L	F	Leonie Wink	13	VINE	CPT 02/11/2024 CTA A & B CHAMPS 2024
126	1:28.05	L	F	Lisa Du Toit	13	SEAL	UMD 02/07/2024 Prestige Tournament 2024
127	1:28.32	L	F	Lyla Barnard	13	RFA	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
128	1:28.36	L	F	Juané Labuschagne	13	HMER	MP 01/02/2025 Limpopo School Champs & Limpopo AG
129	1:28.42	L	F	Katelyn Ferns	13	ACAQ	CCD 12/10/2024 Limpopo Age Group 4
130	1:28.43	L	F	Keira Wilson	13	ELEC	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
131	1:28.75	L	P	Courtney Biggs	13	SASE	JHB 29/11/2024 CGA Championships 2024
132	1:28.82	L	P	Gabriella Roelandt	13	AA	JHB 29/11/2024 CGA Championships 2024
133	1:28.88	L	F	Janika Wessels	13	BLOT	MAN 06/09/2024 Bull Sharks Annual Gala
134	1:28.90	L	F	Casey Charlton	13	TRAZ	FSH 13/09/2024 NTS September Age Group 2024
135	1:29.28	L	P	Kiana Kalpage	13	RACE	JHB 29/11/2024 CGA Championships 2024
136	1:29.37	L	F	Mia Lombard	13	HARL	BUF 22/11/2024 BCA Long Course Championships 2024
137	1:29.69	L	P	Zaila Forsdyke de Almeida	13	RACE	JHB 29/11/2024 CGA Championships 2024
138	1:29.74	L	F	Lindsay Balmer	13	RSA	04/10/2024 Curro AquaElite Gala
139	1:29.79	L	P	Daniella Tolmay	13	AFIN	JHB 29/11/2024 CGA Championships 2024
140	1:29.85	L	F	Leah Gerischer	13	STAQ	GED 09/11/2024 Winelands SL4
141	1:29.94	L	F	Liandi Joubert	13	USC	BUF 13/07/2024 1st A League Gala 2024
142	1:29.97	L	F	Frances Esterhuysen	13	KSTAR	EDD 02/11/2024 EDEN 2nd A-League Gala 2024 Schools
143	1:30.17	L	F	Nangamso Bodlani	13	STSC	KCD 25/01/2025 uShaka Champs 2025
144	1:30.47	L	P	Aimee Liebenberg	13	SWAR	WCD 05/12/2024 Western Cape LC-A Championship 2024
145	1:30.56	L	F	Zoey Van Leeuwen	13	CRSC	JHB 22/01/2025 Crusaders Night Gala 2
146	1:30.69	L	F	Amalia van der Westhuizen	13	INFA	NMA 31/01/2025 Infinity Gala 2025
147	1:30.97	L	F	Beah-Zita Cerone	13	HAAG	UTD 11/01/2025 Uthukela District Age Group Gala
148	1:31.05	L	F	Esté Gersbach	13	CASC	CPT 21/09/2024 CTA INVITATIONAL LC MEET
149	1:31.11	L	P	Maike Wheeler	13	MDOL	JHB 29/11/2024 CGA Championships 2024
150	1:31.13	L	F	Megan Bosch	13	RFA	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
151	1:31.24	L	F	Annabelle Marsh	13	TINC	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
152	1:31.28	L	F	Carle Scholtz	13	CRSC	JHB 22/01/2025 Crusaders Night Gala 2
153	1:31.55	L	F	Lana Van Schalkwyk	13	TUKS	FSH 13/09/2024 NTS September Age Group 2024
154	1:31.96	L	P	Saheli Kalpage	13	RACE	JHB 29/11/2024 CGA Championships 2024
155	1:32.18	L	F	Jana Durrans	13	STAQ	GED 09/11/2024 Winelands SL4
156	1:32.21	L	F	Mikah Cillié	13	TUKS	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
157	1:32.27	L S	P	Emily Oelofsen	13	TCA	EKU 05/12/2024 EGA Summer Championships
158	1:32.40	L	F	Ami Van der Merwe	13	FSE	KCD 23/11/2024 KCDA Age Group Gala 3
159	1:32.46	L	P	Olwethu Gqoloma	13	RBOT	BPD 07/12/2024 NWS Championships 2024
160	1:32.52	L	P	Jessica Van Wyk	13	SEAL	UMD 02/07/2024 Prestige Tournament 2024
161	1:32.78	L	F	Mia Strydom	13	INFA	NMA 15/06/2024 PEA Winter Gala 2024
162	1:32.97	L	F	Emma Love	13	MDOL	JHB 10/01/2025 2024 Grand Prix Invitation Swimming
163	1:33.03	L	F	Ontshiametse Makatiers	13	RBOT	BPD 07/12/2024 NWS Championships 2024
164	1:33.05	L	F	Alouise Supra	13	TNDER	FDD 25/10/2024 Neptunes Gala
165	1:33.09	L	F	Amée Mc Laughlin	13	RFA	FSH 01/02/2025 EGA Last Chance Gala
166	1:33.47	L	P	Charlotte Costa	13	MDOL	JHB 29/11/2024 CGA Championships 2024
167	1:33.48	L	F	Anè Joubert	13	BLNE	MAN 11/10/2024 Otters Prestige Gala 2024
168	1:33.61	L	F	Courtney Logie	13	KLOO	ETH 14/06/2024 AQZ Winter Warmer 2024
169	1:33.75	L	P	Emily Ackerman	13	QUES	JHB 29/11/2024 CGA Championships 2024
170	1:33.81	L	P	Lene Bester	13	MATL	KKD 07/12/2024 NWS Championships 2024
171	1:33.89	L	F	Mieka Janse van Rensburg	13	JAQ	EKU 01/02/2025 EGA Last Chance Gala
172	1:34.16	L	F	Jeanrie Lennox	13	RBOT	BPD 09/11/2024 NWS Age Group 1 & 2 2024
173	1:34.43	L	F	Taylor-Lee Cameron	13	RFA	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
174	1:34.56	L	F	Paula Theron	13	CASC	CPT 21/09/2024 CTA INVITATIONAL LC MEET
175	1:34.61	L	F	Danielle Bond	13	ROA	EDD 02/11/2024 EDEN 2nd A-League Gala 2024 Schools
176	1:34.63	L	F	Aila van Biljon	13	BLOT	MAN 11/10/2024 Otters Prestige Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
177	1:34.67	L	F	Zoe Bayisayi	13	TCA EKU	12/10/2024 EGA Summer 2
178	1:34.83	L	F	Sameeha Valli	13	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
179	1:34.93	L	F	Emihle James	13	RBOT BPD	07/12/2024 NWS Championships 2024
180	1:35.00	L	P	Clarrisa Schuch	13	LEGC ETH	02/07/2024 Prestige Tournament 2024
181	1:35.02	L	F	Sunechka Roodt	13	MATL KKD	09/11/2024 NWS Age Group 1 & 2 2024
182	1:35.09	L	F	Mieke Haughton	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
183	1:35.26	L	P	Kukhokonke Hlatshwayo	13	AA JHB	29/11/2024 CGA Championships 2024
184	1:35.30	L	F	Maleleko Mushikita	13	SS MPD	12/10/2024 Limpopo Age Group 4
185	1:36.24	L	F	Xandri Hattingh	13	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
186	1:36.35	L	F	Riley Pieterse	13	TUKS FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
187	1:36.36	L	P	Rachele Goosen	13	UNI U E ZD	29/11/2024 Mpumalanga Championships 2024
188	1:36.39	L	F	Tatum Venter	13	WSS LLD	13/09/2024 Pelicans Age Group Gala
189	1:36.57	L	F	Kate Tager	13	CUHE OBD	17/10/2024 43rd Freda Barnard Invitational Gala
190	1:36.67	L	F	Morgan Coskey	13	SGUL ETH	13/12/2024 NMBA Championships 2024
191	1:36.96	L	F	Elle Joubert	13	PLAY CED	09/11/2024 Swartland Prestige Gala 2024
192	1:37.11	L	P	Isabelle Boyd	13	UNI E ZD	29/11/2024 Mpumalanga Championships 2024
193	1:37.19	L	P	Liat Fittinghoff	13	OLDE JHB	29/11/2024 CGA Championships 2024
194	1:37.30	L	F	Angelique Marais	13	EXP FSH	13/09/2024 NTS September Age Group 2024
195	1:37.58	L	P	Amy Wellsted	13	CRSC JHB	29/11/2024 CGA Championships 2024
196	1:37.62	L	F	Danicka Groenewald	13	UNI U E ZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
197	1:37.68	L	P	Annabelle Gwilt	13	SASE JHB	29/11/2024 CGA Championships 2024
198	1:37.85	L	P	Zeina Bhamjee	13	ATLA JHB	29/11/2024 CGA Championships 2024
199	1:37.90	L	F	Nkembo Baghana	13	CPSC FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
200	1:37.92	L	F	Elnye Potgieter	13	RFA FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
201	1:38.44	L	P	Chiara Surtees	13	CRSC JHB	29/11/2024 CGA Championships 2024
202	1:38.45	L	P	Ilane' Smit	13	BULS MAN	04/12/2024 Free State Champs 2024
203	1:38.53	L	F	Thandolwethu Dlamini	13	MSC NGD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
204	1:38.89	L	F	Jamie Drysdale	13	GREY CPT	21/09/2024 CTA INVITATIONAL LC MEET
205	1:39.02	L	P	Swapnika Kasireddy	13	SASE JHB	29/11/2024 CGA Championships 2024
206	1:39.06	L	P	Ofentse Mothopeng	13	MDOL JHB	29/11/2024 CGA Championships 2024
207	1:39.36	L S	P	Isabella Ryan	13	ESTR EKU	05/12/2024 EGA Summer Championships
208	1:39.37	L	F	Belen Neethling	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
209	1:39.75	L	P	Kaira Nel	13	WSS LLD	04/12/2024 Free State Champs 2024
210	1:39.88	L	F	Zande Bata	13	SRAY BUF	22/11/2024 BCA Long Course Championships 2024
211	1:40.20	L	F	Reabetswe Sebola	13	TUKS FSH	13/09/2024 NTS September Age Group 2024
212	1:40.25	L	P	Inge Borman	13	BULS MAN	04/12/2024 Free State Champs 2024
213	1:40.27	L	F	Izelle Arrow	13	TASC MPD	09/11/2024 Limpopo Age Group 5
214	1:40.50	L	F	Cornelea Breedt	13	ESP EKU	12/10/2024 EGA Summer 2
215	1:40.61	L	F	Tlotliso Rakubutu	13	HREF BP	09/11/2024 NWS Age Group 1 & 2 2024
216	1:40.73	L	F	Suzanne Marais	13	BEARS FSH	13/09/2024 NTS September Age Group 2024
217	1:40.74	L	F	Moloko Masemene	13	ELEC FSH	13/09/2024 NTS September Age Group 2024
218	1:40.90	L	P	Ngoko Seke	13	MDOL JHB	29/11/2024 CGA Championships 2024
219	1:40.98	L	F	Mia Venter	13	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
220	1:41.03	L	F	Ella Hodges	13	RSA	04/10/2024 Curro AquaElite Gala
221	1:41.58	L	F	Klara Nel	13	TASC MPD	09/11/2024 Limpopo Age Group 5
222	1:41.92	L	F	Kiara Naidoo	13	MAKO EKU	12/10/2024 EGA Summer 2
223	1:41.93	L	F	Chloe Oosthuizen	13	CSC FSH	13/09/2024 NTS September Age Group 2024
224	1:42.13	L	F	Tayla-Jean Gibb	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
225	1:42.41	L S	P	Amahle Mazula	13	MAKO EKU	05/12/2024 EGA Summer Championships
226	1:42.50	L	P	Nomathemba Makhasane	13	MATL KKD	07/12/2024 NWS Championships 2024
227	1:42.61	L	F	Anne-Marie Brink	13	RFA FSH	01/02/2025 EGA Last Chance Gala
228	1:43.09	L	P	Abigail Naicker	13	ACSA ETH	02/07/2024 Prestige Tournament 2024
229	1:43.20	L	F	Ezra Swartz	13	BULS MAN	11/10/2024 Otters Prestige Gala 2024
230	1:43.76	L S	P	Ciara Kroef	13	FAC EKU	05/12/2024 EGA Summer Championships
231	1:43.82	L	F	Hesmari MacRobert	13	KSTAR EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
232	1:43.91	L	P	Abbeygail Emond	13	DRGN EKU	29/11/2024 CGA Championships 2024
233	1:44.11	L	P	Nala Hlapho	13	RBOT BPD	07/12/2024 NWS Championships 2024
234	1:44.39	L	F	Angelina Fernandes	13	WSS LLD	27/09/2024 Seals Gala 2
235	1:44.85	L	P	Anesuishe Jojozi	13	PELIC MAN	04/12/2024 Free State Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236	1:45.18 L	F	Giorgia Wood	13	STSC KCD	25/01/2025	uShaka Champs 2025
237	1:45.53 L	F	Lara Louw	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
238	1:45.56 L	P	Landri Du Toit	13	BULS MAN	04/12/2024	Free State Champs 2024
239	1:45.57 L	F	Bhakti Vassan	13	USC BUF	22/11/2024	BCA Long Course Championships 2024
240	1:45.66 L S	P	Naledi Mohapi	13	ESTR EKU	05/12/2024	EGA Summer Championships
241	1:45.85 L S	P	Sithabile Mdlalose	13	JAQ EKU	05/12/2024	EGA Summer Championships
242	1:45.90 L	P	Kaitlynn Moodley	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
243	1:46.10 L	F	Marine Wilken	13	VALS FDD	09/11/2024	Bull Sharks Gala
244	1:46.21 L	F	Julie Marais	13	LSWBA WB	01/02/2025	Limpopo School Champs & Limpopo AG
245	1:46.45 L S	P	Paballo Mabote	13	MAKO EKU	05/12/2024	EGA Summer Championships
246	1:46.87 L	P	Lunè Botes	13	BS LLD	04/12/2024	Free State Champs 2024
247	1:47.08 L	F	Mienke Byliefeldt	13	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
248	1:47.82 L	F	Amelia Kyprou	13	ESP EKU	01/02/2025	EGA Last Chance Gala
249	1:49.22 L	F	Nkosinathi Zondo	13	BARR CPT	21/09/2024	CTA INVITATIONAL LC MEET
250	1:49.92 L S	P	Nokukhanya Maseko	13	MAKO EKU	05/12/2024	EGA Summer Championships
251	1:50.45 L	F	Bontle Dube	13	ESP EKU	12/10/2024	EGA Summer 2
252	1:50.46 L	F	Annabel Chinakidzwa	13	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024
253	1:50.55 L	F	Carli Wessels	13	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
254	1:51.13 L	F	Retang Kgoale	13	TUKS FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
255	1:51.57 L	F	Gabby Veldman	13	AASC EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
256	1:51.81 L S	P	Angelique Benn	13	MAKO EKU	05/12/2024	EGA Summer Championships
257	1:53.84 L	F	Karla Botha	13	MAKO EKU	01/02/2025	EGA Last Chance Gala
258	1:54.13 L S	F	Lika Els	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
259	1:55.36 L	F	Jennifer Mostert	13	TASC MPD	09/11/2024	Limpopo Age Group 5
260	1:55.42 L	F	Orefile Ramphela	13	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
261	1:55.80 L	F	Reabetswe Mokwele	13	POLSC CCD	29/11/2024	Limpopo Champs 2024
262	1:56.84 L	F	Zisuliwe Zikhali	13	MAKO EKU	15/11/2024	Summer 4 Delville
263	1:58.24 L	F	Miahlee Flink	13	KHAY CPT	10/01/2025	2024 Grand Prix Invitation Swimming
264	2:10.93 L	F	Tatum Eccles	13	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
265	2:14.15 L	F	Ellene' Van Zyl	13	BLNE MAN	09/11/2024	Bull Sharks Gala
266	2:31.07 L	F	Londiwe Khumalo	13	MPAR JHB	10/01/2025	2024 Grand Prix Invitation Swimming
Women 13-13 200 Back							
1	2:24.53 L	F	Sophie Smith	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
2	2:29.99 L	F	Gemma Spies	13	INFA NMA	31/01/2025	Infinity Gala 2025
3	2:31.63 L	F	Hannah-Grace Havinga	13	TUKS FSH	13/12/2024	NMBA Championships 2024
4	2:33.07 L	F	Morgan Gous	13	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
5	2:37.10 L S	F	Leandi Prinsloo	13	BS LLD	04/12/2024	Free State Champs 2024
6	2:37.58 L	F	Ava Lorenzen	13	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
7	2:38.58 L S	F	Deune' Du Plessis	13	BLSS MAN	04/12/2024	Free State Champs 2024
8	2:39.62 L	F	Anja De Villiers	13	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
9	2:39.77 L	F	Morgan Tandy	13	CA EKU	01/02/2025	EGA Last Chance Gala
10	2:40.67 L	F	Demi Murray	13	USC BUF	25/01/2025	BCA January Age Group Gala 2025
11	2:41.04 L	F	Zenicke Van Schalkwyk	13	DESA NMA	13/12/2024	NMBA Championships 2024
12	2:43.61 L	F	Liane Coetzee	13	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
13	2:43.83 L	F	Irma Kotzé	13	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024
14	2:44.37 L	P	Caeli Ferreira	13	CRSC JHB	29/11/2024	CGA Championships 2024
15	2:44.60 L	F	Mbalenhle Jared	13	ELEC FSH	05/12/2024	EGA Summer Championships
16	2:44.71 L	F	Romy Smith	13	MDOL JHB	29/11/2024	CGA Championships 2024
17	2:46.33 L	F	Hayley De Haas	13	SEAL UMD	25/01/2025	uShaka Champs 2025
18	2:47.07 L	F	Zoi Dimatellis	13	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
19	2:47.18 L	F	Jenna Van Eeden	13	EXP FSH	18/10/2024	NTS Level 3+ October Age Group 2024
20	2:48.03 L	F	Mari Bruwer	13	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
21	2:48.16 L	F	Keira Swanepoel	13	KLOO ETH	02/07/2024	Prestige Tournament 2024
22	2:48.18 L	P	Miané Cronjé	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
23	2:48.59 L	F	Talitha Vd Schyff	13	ELRAS WBD	29/11/2024	Limpopo Champs 2024
24	2:49.10 L	P	Mila Nienaber	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
25	2:49.84 L	P	Mikayla Rondel	13	CA EKU	05/12/2024	EGA Summer Championships
26	2:49.94 L	F	Isabella De Beer	13	QSAW CED	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
27	2:50.01 L	F	Alice Esterhuysen	13	KSTAR EDD	17/10/2024	43rd Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
28	2:50.16 L	P	Chloe Potgieter	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
29	2:50.73 L	F	Jeannemi Pretorius	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
30	2:51.07 L S	F	Ava Kranenburg	13	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
31	2:51.22 L	P	Kiana Borstlap	13	POTC KKD	07/12/2024	NWS Championships 2024
32	2:51.56 L	F	Amelia Oosthuizen	13	TUKS FSH	13/09/2024	NTS September Age Group 2024
33	2:51.65 L	P	Isabella Brooker	13	AACTA CPT	05/12/2024	Western Cape LC-A Championship 2024
34	2:52.52 L	F	Stacey Welsh	13	BEST NMA	31/01/2025	Infinity Gala 2025
35	2:52.88 L	F	Zoe Morgado	13	CSA EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
36	2:53.08 L	F	Amy Madeley	13	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024
37	2:53.45 L	P	Aimee van der Merwe	13	MDOL JHB	29/11/2024	CGA Championships 2024
38	2:54.34 L	F	Emma Groenewald	13	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
39	2:54.45 L	F	Martinet Bezuidenhout	13	TUKS FSH	13/12/2024	NMBA Championships 2024
40	2:54.65 L	F	Tyloh Aitken	13	WSTV ETH	25/01/2025	uShaka Champs 2025
41	2:54.80 L	F	Madison Alton	13	RFA FSH	07/12/2024	NWS Championships 2024
42	2:55.10 L	P	Kiersten Hillen	CR	VASA EKU	05/12/2024	EGA Summer Championships
43	2:55.21 L	P	Hannah Wright	13	CA EKU	05/12/2024	EGA Summer Championships
44*	2:55.33 L	F	Mia Pienaar	13	PGAC EKU	05/12/2024	EGA Summer Championships
44*	2:55.33 L S	F	Ashleigh de Jager	13	BLOT MAN	04/12/2024	Free State Champs 2024
46*	2:55.55 L	F	Emma Terblanche	13	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
46*	2:55.55 L S	F	Lika Zietsman	13	BETH FDD	04/12/2024	Free State Champs 2024
48	2:55.80 L	P	Samantha Kröger	13	BARR CPT	05/12/2024	Western Cape LC-A Championship 2024
49	2:56.61 L	P	Trinity Kavanagh	13	TCA EKU	05/12/2024	EGA Summer Championships
50	2:57.57 L	F	Iane Joubert	13	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala
51	2:58.01 L S	F	Anya Sonnekus	13	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
52	2:58.07 L	F	Mayli Van Schalkwyk	13	ASA ILD	07/12/2024	Stingrays Champs 2024
53	2:58.27 L	F	Daniella McLean	13	PEAS NMA	13/12/2024	NMBA Championships 2024
54	2:58.37 L	F	Anika Muller	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
55	2:58.82 L S	F	Jani Barkhuysen	13	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
56	2:58.90 L	F	Ashley Williams	13	BLNE MAN	25/10/2024	Neptunes Gala
57	2:59.01 L	F	Sophie Barrow	13	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
58	2:59.28 L S	P	Jothany Ngotchouye	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
59	2:59.30 L	P	Mia Lourens	13	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
60	2:59.48 L	P	Seruby Van Tromp	13	JAQ EKU	05/12/2024	EGA Summer Championships
61	2:59.60 L	F	Caitlin Matthesen	13	RFA FSH	18/10/2024	NTS Level 3+ October Age Group 2024
62	2:59.78 L S	F	Nina Steyn	13	BLSS MAN	04/12/2024	Free State Champs 2024
63	2:59.93 L	F	Elara Köpplinger	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
64	3:00.34 L	P	Hayley Hodnett	13	AFIN JHB	29/11/2024	CGA Championships 2024
65	3:00.56 L	F	Miane Muller	13	CA EKU	01/02/2025	EGA Last Chance Gala
66	3:00.79 L	P	Isabella Mare	13	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
67	3:00.89 L	F	Andrea van Huyssteen	13	PAC FSH	13/09/2024	NTS September Age Group 2024
68	3:01.30 L	F	Storm Bircher	13	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
69	3:03.08 L	F	Abigail Weber	13	DRGN EKU	29/11/2024	CGA Championships 2024
70	3:03.47 L	F	Phoebe Oagile-Motso	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
71	3:03.53 L	F	Elmiah Vd Merwe	13	TUKS FSH	13/09/2024	NTS September Age Group 2024
72	3:04.01 L	F	Janneke Scheepers	13	SGUL ETH	13/12/2024	NMBA Championships 2024
73	3:04.15 L	F	Donyelle Cupido	13	BLNE MAN	27/09/2024	Seals Gala 2
74	3:04.16 L	F	Liandri Terblanche	13	SS MPD	29/11/2024	Limpopo Champs 2024
75	3:04.18 L	F	Maike Wheeler	13	MDOL JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
76	3:04.44 L	F	Amelia Minnaar	13	USC BUF	13/12/2024	NMBA Championships 2024
77	3:04.71 L	F	Liandi Joubert	13	USC BUF	13/12/2024	NMBA Championships 2024
78	3:04.92 L	P	Oatile Oliphant	13	WATR JHB	29/11/2024	CGA Championships 2024
79	3:05.49 L	P	Victoria Jackson	13	SOUL EKU	05/12/2024	EGA Summer Championships
80	3:05.80 L	F	Casey Lee Mccabe	13	DOLFI MPD	12/10/2024	Limpopo Age Group 4
81	3:05.88 L	P	Kiana Kalpage	13	RACE JHB	29/11/2024	CGA Championships 2024
82	3:06.71 L S	F	Juliette Wallis	13	GREY CPT	02/11/2024	CTA A & B CHAMPS 2024
83	3:07.68 L	P	Aimee Liebenberg	13	SWAR WCD	05/12/2024	Western Cape LC-A Championship 2024
84	3:07.81 L	F	Nicola Hawley	13	PLAY CED	17/10/2024	43rd Freda Barnard Invitational Gala
85	3:07.86 L	P	Ava Koortzen	13	LINR JHB	29/11/2024	CGA Championships 2024
86	3:07.99 L	F	Chantel Kleingeld	13	AWIN FSH	13/09/2024	NTS September Age Group 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
87	3:08.02	L	P	Courtney Biggs	13	SASE JHB	29/11/2024 CGA Championships 2024
88	3:08.21	L	F	Amaani Abrahams	13	MARL CPT	09/11/2024 Swartland Prestige Gala 2024
89	3:08.44	L	F	Janika Wessels	13	BLOT MAN	13/09/2024 Pelicans Age Group Gala
90	3:08.78	L	F	Kaylee Van der Merwe	13	LAD UTD	07/12/2024 Uthukela District Age Group Gala
91*	3:09.72	L	P	Abigail Slabber	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
91*	3:09.72	L	P	Bella Spolander	13	DORE JHB	29/11/2024 CGA Championships 2024
93	3:09.87	L	P	Saheli Kalpage	13	RACE JHB	29/11/2024 CGA Championships 2024
94	3:10.00	L	P	Gabriella Roelandt	13	AA JHB	29/11/2024 CGA Championships 2024
95	3:10.80	L	F	Lyla Barnard	13	RFA TSH	01/02/2025 EGA Last Chance Gala
96	3:11.21	L	F	Mia Lombard	13	HARL BUF	25/01/2025 BCA January Age Group Gala 2025
97	3:12.03	L	F	Nangamso Bodlani	13	STSC KCD	25/01/2025 uShaka Champs 2025
98	3:12.06	L	F	Olwethu Gqoloma	13	RBOT BPD	07/12/2024 NWS Championships 2024
99	3:12.58	L	F	Jany Norval	13	SS MPD	29/11/2024 Limpopo Champs 2024
100	3:12.81	L	F	Lea Grobler	13	AQUA UTD	07/12/2024 Uthukela District Age Group Gala
101	3:12.99	L	F	Mia Strydom	13	INFA NMA	13/07/2024 1st A League Gala 2024
102	3:13.46	L	F	Isabella Cownie	13	TUKS TSH	13/09/2024 NTS September Age Group 2024
103	3:13.64	L	F	Sunechka Roodt	13	MATL KKD	09/11/2024 NWS Age Group 1 & 2 2024
104	3:13.84	L S	F	Esté Gersbach	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
105	3:14.05	L	P	Zaila Forsdyke de Almeida	13	RACE JHB	29/11/2024 CGA Championships 2024
106	3:14.93	L	F	Lene Bester	13	MATL KKD	07/12/2024 NWS Championships 2024
107	3:15.28	L	F	Megan Bosch	13	RFA TSH	13/09/2024 NTS September Age Group 2024
108	3:16.73	L	F	Taylor Henderson	13	COMS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
109	3:16.82	L	P	Sameeha Valli	13	MDOL JHB	29/11/2024 CGA Championships 2024
110	3:17.45	L S	F	Arinda Vorster	13	BS LLD	04/12/2024 Free State Champs 2024
111	3:17.58	L	F	Alouise Supra	13	TNDER FDD	25/10/2024 Neptunes Gala
112	3:18.48	L	F	Aila van Biljon	13	BLOT MAN	13/09/2024 Pelicans Age Group Gala
113	3:18.66	L	P	Charlotte Costa	13	MDOL JHB	29/11/2024 CGA Championships 2024
114	3:19.27	L	P	Courtney Logie	13	KLOO ETH	02/07/2024 Prestige Tournament 2024
115	3:19.55	L	F	Mieka Janse van Rensburg	13	JAQ EKU	01/02/2025 EGA Last Chance Gala
116	3:19.58	L	P	Amy Wellsted	13	CRSC JHB	29/11/2024 CGA Championships 2024
117	3:20.27	L	P	Ontshiametse Makatiers	13	RBOT BPD	07/12/2024 NWS Championships 2024
118	3:20.69	L	F	Lucy Seymour	13	CRSC JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
119	3:22.56	L	P	Emma Love	13	MDOL JHB	29/11/2024 CGA Championships 2024
120	3:22.61	L	F	Suzanne Marais	13	BEARS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
121	3:23.86	L	P	Isabella Ryan	13	ESTR EKU	05/12/2024 EGA Summer Championships
122	3:24.33	L	F	Hannah Van der Merwe	13	PSCP UMD	28/09/2024 KCDA Age Group 1 2024
123	3:24.67	L	P	Cornelea Breedt	13	ESP EKU	05/12/2024 EGA Summer Championships
124	3:25.07	L	F	Elle Joubert	13	PLAY CED	17/10/2024 43rd Freda Barnard Invitational Gala
125	3:26.12	L	F	Tayla-Jean Gibb	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
126	3:27.20	L	P	Zoe Bayisayi	13	TCA EKU	05/12/2024 EGA Summer Championships
127	3:27.31	L	F	Amée Mc Laughlin	13	RFA TSH	01/02/2025 EGA Last Chance Gala
128	3:27.58	L	F	Morgan Coskey	13	SGUL ETH	13/12/2024 NMBA Championships 2024
129	3:28.38	L	F	Kukhokonke Hlatshwayo	13	AA JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
130	3:30.86	L	P	Addisyn Moloney	13	AWSC JHB	29/11/2024 CGA Championships 2024
131	3:31.41	L	F	Kate Tager	13	CUHE OBD	17/10/2024 43rd Freda Barnard Invitational Gala
132	3:33.06	L	F	Ofentse Mothopeng	13	MDOL JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
133	3:33.39	L	F	Beah-Zita Cerone	13	HAAG UTD	07/12/2024 Uthukela District Age Group Gala
134	3:34.03	L	F	Heike Wessels	13	QUIC CPT	09/11/2024 Swartland Prestige Gala 2024
135	3:35.33	L	P	Swapnika Kasiredy	13	SASE JHB	29/11/2024 CGA Championships 2024
136	3:39.15	L	F	Mia Venter	13	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
137	3:39.31	L	F	Kaira Nel	13	WSS LLD	25/10/2024 Neptunes Gala
138	3:40.46	L S	F	Anesuishe Jojozi	13	PELIC MAN	04/12/2024 Free State Champs 2024
139	3:41.08	L	F	Kara Wentzel	13	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
140	3:44.33	L	F	Ciara Kroef	13	FAC EKU	18/01/2025 EGA Summer 5
141	3:47.42	L	F	Lara Louw	13	CASC CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
142	3:50.45	L	P	Abigail Naicker	13	ACSA ETH	02/07/2024 Prestige Tournament 2024
143	3:52.08	L	F	Paballo Mabote	13	MAKO EKU	18/01/2025 EGA Summer 5
144	3:59.02	L	P	Bontle Dube	13	ESP EKU	05/12/2024 EGA Summer Championships
145	4:02.15	L	F	Naledi Mohapi	13	ESTR EKU	12/10/2024 EGA Summer 2

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
146	4:12.23 L	F	Karla Botha	13	MAKO EKU	18/01/2025	EGA Summer 5
Women 13-13 50 Breast							
1	35.35 L	F	Emily Geldart	13	INFA NMA	13/12/2024	NMBA Championships 2024
2	36.07 L	P	Leandi Prinsloo	13	BS LLD	04/12/2024	Free State Champs 2024
3	36.49 L	F	Amber Gaddin	13	CRSC JHB	20/11/2024	Crusaders Night Gala 1
4	37.06 L	F	Caeli Ferreira	13	CRSC JHB	29/11/2024	CGA Championships 2024
5	37.54 L	F	Melokuhle Mhlongo	13	PSCP UMD	02/07/2024	Prestige Tournament 2024
6	37.74 L	F	Olivia Latimer	13	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024
7	37.96 L	F	Mia Putter	13	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
8	37.97 L	F	Isabella Oliver	13	QSAW CED	09/11/2024	Winelands SL4
9	38.25 L	P	Saskya Kistnasami	13	ASA ILD	02/07/2024	Prestige Tournament 2024
10	38.38 L	F	Amelia Fury	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
11	38.41 L	F	Tyla Charles	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
12	38.60 L	F	Elrie Moolman	CR	VASA EKU	01/02/2025	EGA Last Chance Gala
13	38.69 L	F	Elle Gasson	13	BLSS MAN	09/11/2024	Bull Sharks Gala
14	38.89 L	P	Morgan Maree	13	DRGN EKU	29/11/2024	CGA Championships 2024
15	38.97 L	F	Morgan Tandy	13	CA EKU	12/10/2024	EGA Summer 2
16	39.03 L	F	Nicole Uys	13	DRGN EKU	29/11/2024	CGA Championships 2024
17	39.28 L	P	Chiniq Breet	13	CSA EZD	29/11/2024	Mpumalanga Championships 2024
18*	39.38 L	F	Olivia Stroebel	13	HPS TSH	13/09/2024	NTS September Age Group 2024
18*	39.38 L	F	Ella Bunge	13	BLUO UGD	07/12/2024	Stingrays Champs 2024
20	39.42 L	F	Isabella Mare	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
21	39.56 L	F	Erin Weimann	13	BCA BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE
22	39.72 L	F	Amelia Oosthuizen	13	TUKS TSH	13/12/2024	NMBA Championships 2024
23	39.77 L	P	Surayia Harris	13	CRSC JHB	29/11/2024	CGA Championships 2024
24	39.87 L	F	Isabella Van Rooyen	13	SEALE ETH	25/01/2025	uShaka Champs 2025
25	40.21 L	F	Kiana Borstlap	13	POTC KKD	07/12/2024	NWS Championships 2024
26	40.23 L	F	Ava Lorenzen	13	BLMA CPT	02/11/2024	CTA A & B CHAMPS 2024
27	40.31 L	F	Jenna Van Eeden	13	EXP TSH	18/10/2024	NTS Level 3+ October Age Group 2024
28	40.38 L	F	Keira Wilson	13	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
29*	40.56 L	F	Janika Wessels	13	BLOT MAN	04/12/2024	Free State Champs 2024
29*	40.56 L	F	Hayley De Haas	13	SEAL UMD	25/01/2025	uShaka Champs 2025
31	40.82 L	F	Miya De Villiers	13	NMBA NM	11/01/2025	EDEN INTER DISTRICT PRESTIGE
32	40.95 L	F	Thandi Bosman	13	USC BUF	22/11/2024	BCA Long Course Championships 2024
33	41.07 L	P	Sophie Barrow	13	MDOL JHB	29/11/2024	CGA Championships 2024
34	41.20 L	F	Lindsay Balmer	13	BLOT MAN	04/12/2024	Free State Champs 2024
35	41.28 L	F	Zoi Dimatellis	13	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
36*	41.29 L	F	Ansuné Van Vuuren	13	NWUC KKD	07/12/2024	NWS Championships 2024
36*	41.29 L	P	Nicola Hawley	13	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
38	41.34 L	F	Mari Bruwer	13	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
39	41.37 L	F	Chloe Prinsloo	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
40	41.38 L	P	Ellen Faul	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
41	41.45 L	F	Sofia Nixon	13	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
42	41.56 L S	P	Seruby Van Tromp	13	JAQ EKU	05/12/2024	EGA Summer Championships
43	41.59 L	F	Arabella Sadler	13	LEGC ETH	13/12/2024	NMBA Championships 2024
44*	41.63 L	F	Melan van der Spuy	13	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
44*	41.63 L	P	Zoe Morgado	13	CSA EZD	29/11/2024	Mpumalanga Championships 2024
46	41.66 L	P	Arinda Vorster	13	BS LLD	04/12/2024	Free State Champs 2024
47	41.72 L	F	Peighton Le Roux	13	SOUL EKU	12/10/2024	EGA Summer 2
48	41.83 L	F	Leane Van der Merwe	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
49	41.92 L	P	Donyelle Cupido	13	BLNE MAN	04/12/2024	Free State Champs 2024
50	42.04 L	F	Daniella McLean	13	PEAS NMA	13/12/2024	NMBA Championships 2024
51	42.08 L	F	Angelica Tsai-Rieb	13	CYBE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
52	42.10 L	F	Taya Du Plooy	13	TRAZ TSH	13/09/2024	NTS September Age Group 2024
53*	42.13 L	F	Anelle Ward	13	TUKS TSH	13/09/2024	NTS September Age Group 2024
53*	42.13 L	F	Kiersten Hillen	CR	VASA EKU	01/02/2025	EGA Last Chance Gala
55	42.14 L	F	Cara Hughes	13	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
56	42.32 L	P	Tyloh Aitken	13	WSTV ETH	02/07/2024	Prestige Tournament 2024
57	42.33 L	F	Katelyn Dutton	13	AZON ETH	14/06/2024	AQZ Winter Warmer 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
58	42.35 L	F	Keira Swanepoel	13	KLOO ETH	25/01/2025	uShaka Champs 2025
59	42.42 L	F	Emma De Villiers	13	INFA NMA	14/09/2024	3rd A League Gala 2024
60	42.46 L	P	Tayla Scheepers	13	AFIN JHB	29/11/2024	CGA Championships 2024
61	42.49 L	F	Ami Van der Merwe	13	FSE KCD	07/12/2024	Stingrays Champs 2024
62	42.52 L	F	Eirley Lottering	13	USC BUF	13/07/2024	1st A League Gala 2024
63*	42.58 L S	P	Mary Maponyane	13	TCA EKU	05/12/2024	EGA Summer Championships
63*	42.58 L	F	Amber Terclavers	13	SOUL EKU	12/10/2024	EGA Summer 2
65	42.59 L	P	Ezra Swartz	13	BULS MAN	04/12/2024	Free State Champs 2024
66	42.66 L	P	Emma Love	13	MDOL JHB	29/11/2024	CGA Championships 2024
67	42.76 L	F	Amaani Abrahams	13	MARL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
68	42.86 L	F	Laaiahq Abrahams	13	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
69	42.96 L	F	Liandri Terblanche	13	SS MPD	29/11/2024	Limpopo Champs 2024
70	42.98 L	P	Isabella Oswald	13	CRSC JHB	29/11/2024	CGA Championships 2024
71	43.11 L	F	Caitlin Matthasen	13	RFA TSH	01/02/2025	EGA Last Chance Gala
72	43.16 L	F	Mila Nienaber	13	QSAW CED	21/09/2024	CTA INVITATIONAL LC MEET
73	43.20 L	F	Mbalenhle Jared	13	ELEC TSH	13/09/2024	NTS September Age Group 2024
74	43.30 L	F	Annelie Thiar	13	TGA WCD	09/11/2024	Swartland Prestige Gala 2024
75	43.31 L	P	Charlotte Costa	13	MDOL JHB	29/11/2024	CGA Championships 2024
76	43.36 L	P	Nina Steyn	13	BLSS MAN	04/12/2024	Free State Champs 2024
77	43.37 L	P	Edith Lindsay	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
78	43.44 L	P	Deune' Du Plessis	13	BLSS MAN	04/12/2024	Free State Champs 2024
79	43.59 L	F	Irma Kotzé	13	POTC KKD	07/12/2024	NWS Championships 2024
80	43.66 L	F	Stacey Welsh	13	BEST NMA	17/10/2024	43rd Freda Barnard Invitational Gala
81	43.70 L	F	Anya Sonnekus	13	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
82	43.71 L	F	Frances Esterhuyse	13	KSTAR EDD	17/10/2024	43rd Freda Barnard Invitational Gala
83	43.76 L	P	Marine Wilken	13	VALS FDD	04/12/2024	Free State Champs 2024
84	43.81 L	F	Iane Joubert	13	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE
85	43.87 L	F	Nika Van den Berg	13	QSAW CED	09/11/2024	Winelands SL4
86	43.88 L	F	Ashleigh de Jager	13	BLOT MAN	10/08/2024	Kovsies Gala 1
87	43.93 L	P	Tinokudzaishe Shoniwa	13	MDOL JHB	29/11/2024	CGA Championships 2024
88	43.97 L	P	Rebecca Nilsson	13	TYGE CPT	15/06/2024	PEA Winter Gala 2024
89	44.10 L	P	Aimee van der Merwe	13	MDOL JHB	29/11/2024	CGA Championships 2024
90	44.11 L	P	Eden Jacobs	13	PER JHB	29/11/2024	CGA Championships 2024
91	44.22 L	F	Abigail Slabber	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
92	44.33 L	P	Frané van Wyk	13	BS LLD	04/12/2024	Free State Champs 2024
93	44.40 L	P	Tatum Venter	13	WSS LLD	04/12/2024	Free State Champs 2024
94	44.45 L	P	Swapnika Kasireddy	13	SASE JHB	29/11/2024	CGA Championships 2024
95	44.47 L	F	Emma Terblanche	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
96	44.52 L	P	Gabriella Roelandt	13	AA JHB	29/11/2024	CGA Championships 2024
97	44.56 L	F	Alessia Dowle	13	SS MPD	29/11/2024	Limpopo Champs 2024
98	44.57 L	F	Miané Cronjé	13	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
99	44.59 L	P	Sasha Bailey	13	RACE JHB	29/11/2024	CGA Championships 2024
100	44.60 L	P	Courtney Biggs	13	SASE JHB	29/11/2024	CGA Championships 2024
101	44.76 L	F	Casey Lee Mccabe	13	DOLFI MPD	29/11/2024	Limpopo Champs 2024
102	44.83 L S	P	Emily Oelofsen	13	TCA EKU	05/12/2024	EGA Summer Championships
103	44.88 L S	P	Amelia Kyprou	13	ESP EKU	05/12/2024	EGA Summer Championships
104	44.92 L S	P	Kiara Naidoo	13	MAKO EKU	05/12/2024	EGA Summer Championships
105	44.93 L	F	Chantel Kleingeld	13	AWIN TSH	13/09/2024	NTS September Age Group 2024
106	44.96 L	F	Giorgia Wood	13	STSC KCD	07/12/2024	Stingrays Champs 2024
107	45.05 L	P	Saheli Kalpage	13	RACE JHB	29/11/2024	CGA Championships 2024
108	45.06 L	P	Annabelle Gwilt	13	SASE JHB	29/11/2024	CGA Championships 2024
109	45.10 L	P	Maya Johnstone	13	AFIN JHB	29/11/2024	CGA Championships 2024
110	45.15 L	F	Mieke Botha	13	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
111	45.47 L	F	Isabella De Beer	13	QSAW CED	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
112	45.51 L	F	Amelia Minnaar	13	USC BUF	13/12/2024	NMBA Championships 2024
113	45.52 L	F	Courtney Logie	13	KLOO ETH	14/06/2024	AQZ Winter Warmer 2024
114	45.54 L	P	Jordan Godfrey	13	AFIN JHB	29/11/2024	CGA Championships 2024
115	45.57 L	P	Emily Ackerman	13	QUES JHB	29/11/2024	CGA Championships 2024
116*	45.71 L	F	Leah Hopper	13	KNYA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
116*	45.71	L S	F	Mia Strydom	13	INFA NMA	17/01/2025 6th A League Gala 2025
118	45.82	L	F	Isabelle Boyd	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
119	45.83	L	P	Rachele Goosen	13	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
120	45.85	L	F	Janneke Scheepers	13	SGUL ETH	13/12/2024 NMBA Championships 2024
121	45.94	L	F	Mia Lourens	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
122	46.01	L	F	Alice Esterhuyse	13	KSTAR EDD	17/10/2024 43rd Freda Barnard Invitational Gala
123	46.02	L	F	Mia Lombard	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
124	46.03	L S	P	Emerson Woods	13	ESTR ECU	05/12/2024 EGA Summer Championships
125*	46.13	L	F	Madison Alton	13	RFA TSH	01/02/2025 EGA Last Chance Gala
125*	46.13	L	F	Isla Kruger	13	PLAY CED	09/11/2024 Swartland Prestige Gala 2024
127	46.15	L	P	Alouise Supra	13	TNDER FDD	04/12/2024 Free State Champs 2024
128	46.16	L	F	Izelle Arrow	13	TASC MPD	29/11/2024 Limpopo Champs 2024
129	46.20	L	P	Zoey Van Leeuwen	13	CRSC JHB	29/11/2024 CGA Championships 2024
130	46.23	L	F	Gabriela Govender	13	INFA NMA	15/06/2024 PEA Winter Gala 2024
131	46.31	L	F	Moné De Kock	13	HE CCD	01/02/2025 Limpopo School Champs & Limpopo AG
132	46.32	L S	P	Zoe Bayisayi	13	TCA ECU	05/12/2024 EGA Summer Championships
133	46.33	L	F	Jemah Van der Westhuizen	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
134	46.37	L	F	Nangamso Bodlani	13	STSC KCD	07/12/2024 Stingrays Champs 2024
135	46.45	L	F	Jany Norval	13	HBV MP	01/02/2025 Limpopo School Champs & Limpopo AG
136	46.46	L	F	Zoe Geddes	13	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
137	46.47	L S	P	Trinity Kavanagh	13	TCA ECU	05/12/2024 EGA Summer Championships
138	46.50	L	P	Kiana Kalpage	13	RACE JHB	29/11/2024 CGA Championships 2024
139	46.52	L	P	Zaila Forsdyke de Almeida	13	RACE JHB	29/11/2024 CGA Championships 2024
140	46.57	L	F	Leonie Wink	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
141	46.61	L	F	Mia Bogacz	13	CUHE OBD	09/11/2024 Swartland Prestige Gala 2024
142	46.65	L	F	Ava Pretorius	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
143	46.75	L	F	Keandra Jardim	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
144*	46.77	L	F	Amalia van der Westhuizen	13	INFA NMA	13/12/2024 NMBA Championships 2024
144*	46.77	L	P	Lisa Ferreira	13	BULS MAN	04/12/2024 Free State Champs 2024
146	46.84	L	F	Juané Labuschagne	13	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
147	46.94	L	F	Samantha Kröger	13	BARR CPT	02/11/2024 CTA A & B CHAMPS 2024
148	46.96	L	F	Amy Wellsted	13	CRSC JHB	20/11/2024 Crusaders Night Gala 1
149	47.08	L S	P	Nokukhanya Maseko	13	MAKO ECU	05/12/2024 EGA Summer Championships
150	47.10	L	P	Oatile Oliphant	13	WATR JHB	29/11/2024 CGA Championships 2024
151	47.14	L	F	Josephine Endres	13	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
152	47.19	L	F	Kaylee Van der Merwe	13	LAD UTD	11/01/2025 Uthukela District Age Group Gala
153	47.20	L	P	Kylie Broncho	13	PER JHB	29/11/2024 CGA Championships 2024
154	47.27	L	F	Inge Borman	13	BULS MAN	01/02/2025 Heidedal & Sentraal Galal
155	47.33	L	P	Abbeygail Emond	13	DRGN ECU	29/11/2024 CGA Championships 2024
156	47.34	L	F	Lyla Barnard	13	RFA TSH	18/10/2024 NTS Level 3+ October Age Group 2024
157	47.45	L	F	Terina Retief	13	BLNE MAN	19/10/2024 Pelicans Gala 2
158	47.48	L	F	Isabella Ryan	13	ESTR ECU	01/02/2025 EGA Last Chance Gala
159	47.62	L	F	Nolwazi Malaza	13	CSC TSH	13/09/2024 NTS September Age Group 2024
160*	47.69	L	F	Zuwena Khamanga	13	LEGC ETH	25/01/2025 uShaka Champs 2025
160*	47.69	L	F	Leah Stewart	13	UNIC CCD	02/11/2024 Limpopo LS - Top 8 skole 2024
162	47.70	L	F	Kaiyann Bricknell	13	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
163	47.75	L	F	Emma Groenewald	13	KTS	05/10/2024 FLAMINGO GALA OCT 2024
164	47.79	L	P	Kukhokonke Hlatshwayo	13	AA JHB	29/11/2024 CGA Championships 2024
165*	47.89	L	P	Abigail Naicker	13	ACSA ETH	02/07/2024 Prestige Tournament 2024
165*	47.89	L	F	Danieka Botha	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
167	47.90	L	F	Emihle James	13	RBOT BPD	09/11/2024 NWS Age Group 1 & 2 2024
168	47.96	L	P	Mieke Van der Walt	13	NWUC KKD	07/12/2024 NWS Championships 2024
169	48.02	L	F	Jeanrie Lennox	13	RBOT BPD	09/11/2024 NWS Age Group 1 & 2 2024
170*	48.05	L	F	Talitha Vd Schyff	13	ELRAS WBD	29/11/2024 Limpopo Champs 2024
170*	48.05	L	F	Riley Pieterse	13	TUKS TSH	13/09/2024 NTS September Age Group 2024
170*	48.05	L	P	Addisyn Moloney	13	AWSC JHB	29/11/2024 CGA Championships 2024
173	48.17	L	P	Bokang Seleke	13	AFIN JHB	29/11/2024 CGA Championships 2024
174	48.23	L	F	Sydney Sprout	13	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
175	48.27	L	F	Aila van Biljon	13	BLOT MAN	13/09/2024 Pelicans Age Group Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
176*	48.37	L	F	Lune Coetsee	13	LAD	UTD 02/11/2024 Uthukela District Age Group Gala
176*	48.37	L	P	Clarika Van den Hever	13	BULS	MAN 04/12/2024 Free State Champs 2024
178	48.38	L	F	Danica Carey	13	CA	EKU 12/10/2024 EGA Summer 2
179	48.59	L	F	Ashley Williams	13	BLNE	MAN 19/10/2024 Pelicans Gala 2
180	48.63	L	F	Elle Joubert	13	PLAY	GED 17/10/2024 43rd Freda Barnard Invitational Gala
181	48.64	L	F	Daniela de Gouveia	13	MDOL	JHB 10/01/2025 2024 Grand Prix Invitation Swimming
182	48.66	L	F	Kirstin Bouwer	13	AGAQ	QBD 09/11/2024 Swartland Prestige Gala 2024
183	48.80	L	F	Kaitlynn Moodley	13	SEAL	UMD 25/01/2025 uShaka Champs 2025
184	48.82	L	P	Kaira Nel	13	WSS	LLD 04/12/2024 Free State Champs 2024
185	48.83	L	F	Erin Arnoldus	13	RSA	04/10/2024 Curro AquaElite Gala
186	48.86	L	F	Orefile Ramphele	13	MATL	KKD 23/11/2024 NWS Age Group 3 + 4 2024
187	48.91	L	F	Angelina Fernandes	13	WSS	LLD 25/10/2024 Neptunes Gala
188	48.96	L	F	Beah-Zita Cerone	13	HAAG	UTD 02/11/2024 Uthukela District Age Group Gala
189	49.05	L	F	Mia Venter	13	FISH	EDD 17/10/2024 43rd Freda Barnard Invitational Gala
190	49.10	L	F	Olwethu Gqoloma	13	RBOT	BPD 23/11/2024 NWS Age Group 3 + 4 2024
191	49.14	L	F	Alexia Montgomery	13	AQUA	UTD 02/11/2024 Uthukela District Age Group Gala
192	49.22	L	F	Sunechka Roodt	13	MATL	KKD 09/11/2024 NWS Age Group 1 & 2 2024
193	49.36	L	P	Chiara Surtees	13	CRSC	JHB 29/11/2024 CGA Championships 2024
194	49.45	L	P	Ontshiametse Makatiers	13	RBOT	BPD 07/12/2024 NWS Championships 2024
195	49.46	L	F	Nika Naude	13	LALE	GED 09/11/2024 Winelands SL4
196	49.50	L	P	Erin Hilliar	13	UNIU	EZD 29/11/2024 Mpumalanga Championships 2024
197	49.58	L	P	Zeina Bhamjee	13	ATLA	JHB 29/11/2024 CGA Championships 2024
198	49.78	L	F	Lisa Raath	13	WRP	EZD 11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
199	49.92	L	P	Sameeha Valli	13	MDOL	JHB 29/11/2024 CGA Championships 2024
200	50.03	L	F	Danielle Bond	13	ROA	EDD 02/11/2024 EDEN 2nd A-League Gala 2024 Schools
201	50.07	L	F	Danicka Groenewald	13	UNIU	EZD 11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
202	50.14	L	F	Ellene' Van Zyl	13	BLNE	MAN 01/02/2025 Heidedal & Sentraal Galal
203	50.33	L	F	Morgan Coskey	13	SGUL	ETH 13/12/2024 NMBA Championships 2024
204	50.45	L	F	Leelah Kemp	13	TINC	FSH 13/09/2024 NTS September Age Group 2024
205	50.58	L	F	Chardè Bocks	13	WEST	CPT 09/11/2024 Swartland Prestige Gala 2024
206	50.61	L	F	Kayla De Lange	13	TASC	MPD 09/11/2024 Limpopo Age Group 5
207	50.65	L	P	Lucy Seymour	13	CRSC	JHB 29/11/2024 CGA Championships 2024
208	50.70	L	P	Yaisha Moodley	13	SEALE	ETH 02/07/2024 Prestige Tournament 2024
209	50.71	L	P	Ngoko Seke	13	MDOL	JHB 29/11/2024 CGA Championships 2024
210	50.72	L	P	Mienke Byliefeldt	13	RBUR	BPD 07/12/2024 NWS Championships 2024
211	50.73	L	F	Nkembo Baghana	13	CPSC	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
212	50.84	L	F	Kirsten Koopman	13	LEGC	ETH 25/01/2025 uShaka Champs 2025
213	50.87	L	F	Esti Raath	13	WRP	EZD 11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
214*	50.93	L S	P	Cornelea Breedt	13	ESP	EKU 05/12/2024 EGA Summer Championships
214*	50.93	L	F	Paula Theron	13	CASC	CPT 21/09/2024 CTA INVITATIONAL LC MEET
216	51.05	L	F	Chloë Snyman	13	HBV	MP 01/02/2025 Limpopo School Champs & Limpopo AG
217	51.12	L	P	Ava Koortzen	13	LINR	JHB 29/11/2024 CGA Championships 2024
218	51.33	L	F	Jana Durrans	13	STAQ	GED 09/11/2024 Winelands SL4
219	51.36	L	F	Hesmari MacRobert	13	KSTAR	EDD 02/11/2024 EDEN 2nd A-League Gala 2024 Schools
220	51.44	L	F	Londiwe Ngwenya	13	SGUL	ETH 25/01/2025 uShaka Champs 2025
221	51.47	L	F	Mia Schoeman	13	LSJM	SKD 02/11/2024 Limpopo LS - Top 8 skole 2024
222	52.07	L	P	Nina Van Staden	13	KSC	EZD 29/11/2024 Mpumalanga Championships 2024
223	52.08	L	F	Tayla-Jean Gibb	13	HARL	BUF 22/11/2024 BCA Long Course Championships 2024
224	52.13	L	F	Nala Hlapho	13	RBOT	BPD 07/12/2024 NWS Championships 2024
225	52.19	L S	P	Sithabile Mdlalose	13	JAQ	EKU 05/12/2024 EGA Summer Championships
226	52.37	L	P	Ofentse Mthopeng	13	MDOL	JHB 29/11/2024 CGA Championships 2024
227*	52.62	L	F	Michelle De Beer	13	TASC	MPD 29/11/2024 Limpopo Champs 2024
227*	52.62	L	F	Alicia Kock	13	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
229	52.71	L	F	Matilda Gemmill	13	HERO	JHB 20/11/2024 Crusaders Night Gala 1
230	52.90	L	F	Kaitlin Groenewald	13	NAE	EZD 01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
231	52.99	L	F	Karla Botha	13	MAKO	EKU 01/02/2025 EGA Last Chance Gala
232	53.07	L	F	Ilane' Smit	13	BULS	MAN 06/09/2024 Bull Sharks Annual Gala
233	53.16	L	F	Danielle Du Plessis	13	SWAR	WCD 09/11/2024 Swartland Prestige Gala 2024
234	53.24	L	F	Tlotliso Rakubutu	13	HREF	BP 09/11/2024 NWS Age Group 1 & 2 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
235	53.29	L	F	Johannah Strydom	13	WRP	EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
236	53.54	L	F	Retang Kgoale	13	TUKS	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
237	53.60	L	F	Xandri Hattingh	13	KTS		15/11/2024 AGE GROUP 2 KATHU 2024
238	53.76	L	F	Landri Du Toit	13	BULS	MAN	01/02/2025 Heidedal & Sentraal Galal
239	53.85	L	F	Angelique Benn	13	MAKO	EKU	12/10/2024 EGA Summer 2
240	54.06	L	F	Julie Marais	13	LSWBA	WB	01/02/2025 Limpopo School Champs & Limpopo AG
241	54.15	L S	F	Lika Els	13	QSAW	GED	05/12/2024 Western Cape LC-A Championship 2024
242	54.24	L	F	Taylor-Lee Cameron	13	RFA	FSH	13/09/2024 NTS September Age Group 2024
243	54.58	L	F	Anesuishe Jojozi	13	PELIC	MAN	09/11/2024 Bull Sharks Gala
244	54.66	L	F	Naledi Mohapi	13	ESTR	EKU	12/10/2024 EGA Summer 2
245	55.11	L	F	Zande Bata	13	SRAY	BUF	25/01/2025 BCA January Age Group Gala 2025
246	55.74	L	F	Carli Wessels	13	AGAQ	OBD	09/11/2024 Swartland Prestige Gala 2024
247	55.76	L	F	Ayazingca Dyasi	13	TUKS	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
248	55.83	L	F	Chloe Oosthuizen	13	CSC	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
249	55.95	L	F	Gabby Veldman	13	AASC	EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
250	56.00	L	P	Lienka Pretorius	13	RBOT	BPD	07/12/2024 NWS Championships 2024
251	56.06	L	P	Lunè Botes	13	BS	LLD	04/12/2024 Free State Champs 2024
252	56.26	L	F	Klara Nel	13	HMER	MP	01/02/2025 Limpopo School Champs & Limpopo AG
253	56.49	L	F	Peyton Russell	13	PGAC	EKU	12/10/2024 EGA Summer 2
254	56.70	L	F	Mishka Isaacs	13	WALM	CPT	02/11/2024 CTA A & B CHAMPS 2024
255	56.93	L S	P	Bontle Dube	13	ESP	EKU	05/12/2024 EGA Summer Championships
256	57.02	L	F	Amare Victor	13	CPSC	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
257	57.55	L	F	Mieke Pretorius	13	STELL	RMD	23/11/2024 NWS Age Group 3 + 4 2024
258	57.98	L	F	Mieke Greyling	13	WRP	EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
259	58.14	L	F	Mjanyelwa Mtshweni	13	CA	EKU	12/10/2024 EGA Summer 2
260	58.16	L	P	Ayamaah Zwane	13	WSTV	ETH	02/07/2024 Prestige Tournament 2024
261	58.56	L	P	Nomathemba Makhasane	13	MATL	KKD	07/12/2024 NWS Championships 2024
262	58.72	L	F	Kate Tager	13	CUHE	OBD	17/10/2024 43rd Freda Barnard Invitational Gala
263	59.20	L	F	Reabetswe Sebola	13	TUKS	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
264	59.28	L	F	Logan Marais	13	CASC	CPT	02/11/2024 CTA A & B CHAMPS 2024
265	1:00.66	L	F	Johanna Hanekom	13	UPSK	ZMD	05/10/2024 FLAMINGO GALA OCT 2024
266	1:00.80	L	F	Reatlegile Mosikare	13	FSE	KCD	25/01/2025 uShaka Champs 2025
267	1:01.13	L S	P	Amahle Mazula	13	MAKO	EKU	05/12/2024 EGA Summer Championships
268	1:01.30	L	F	Mienka Loubser	13	QSAW	GED	09/11/2024 Swartland Prestige Gala 2024
269	1:01.52	L	F	Adriané Kemp	13	LSKP	WB	02/11/2024 Limpopo LS - Top 8 skole 2024
270	1:02.26	L	F	Sakhay Zakumba	13	BEST	NMA	13/07/2024 1st A League Gala 2024
271	1:02.42	L	F	Miahlee Flink	13	KHAY	CPT	17/10/2024 43rd Freda Barnard Invitational Gala
272	1:03.77	L S	P	Mieka Janse van Rensburg	13	JAQ	EKU	05/12/2024 EGA Summer Championships
273*	1:03.95	L	F	Eljonè Bruwer	13	STELL	RMD	23/11/2024 NWS Age Group 3 + 4 2024
273*	1:03.95	L	F	Reabetswe Mokwele	13	POLSC	CCD	12/10/2024 Limpopo Age Group 4
275	1:04.53	L	F	Elnye Potgieter	13	RFA	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
276	1:06.02	L	F	Paige Halse	13	AQUA	BUF	15/06/2024 PEA Winter Gala 2024
277	1:13.66	L	F	Tatum Eccles	13	WEST	CPT	09/11/2024 Swartland Prestige Gala 2024
278	1:27.28	L	F	Kyleigh Roman	13	GAA	CPT	17/10/2024 43rd Freda Barnard Invitational Gala

Women 13-13 100 Breast

1	1:20.25	L	F	Amber Gaddin	13	CRSC	JHB	29/11/2024 CGA Championships 2024
2	1:20.36	L	F	Caeli Ferreira	13	CRSC	JHB	29/11/2024 CGA Championships 2024
3	1:21.11	L	F	Taylor van Dyk	13	USC	BUF	25/01/2025 BCA January Age Group Gala 2025
4	1:21.28	L	F	Emily Geldart	13	NMBA	NM	11/01/2025 EDEN INTER DISTRICT PRESTIGE
5	1:21.90	L	F	Leandi Prinsloo	13	BS	LLD	04/12/2024 Free State Champs 2024
6	1:23.77	L S	F	Ayla Ahmed	13	VINE	CPT	02/11/2024 CTA A & B CHAMPS 2024
7	1:24.05	L	F	Mia Putter	13	NWS		25/01/2025 4+1 INTERPROVINCIAL GALA 2025
8	1:24.81	L	P	Chiniq Breet	13	CSA	EZD	29/11/2024 Mpumalanga Championships 2024
9	1:24.84	L S	F	Ava Lorenzen	13	BLMA	CPT	21/09/2024 CTA INVITATIONAL LC MEET
10	1:24.97	L	F	Melokuhle Mhlongo	13	PSCP	UMD	02/07/2024 Prestige Tournament 2024
11	1:25.31	L	F	Elrie Moolman	CR	VASA	EKU	01/02/2025 EGA Last Chance Gala
12	1:25.36	L	F	Ella Bunge	13	BLUO	UGD	25/01/2025 uShaka Champs 2025
13	1:25.42	L	F	Erin Weimann	13	USC	BUF	22/11/2024 BCA Long Course Championships 2024
14	1:25.44	L	P	Saskya Kistnasami	13	ASA	ILD	02/07/2024 Prestige Tournament 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
15	1:25.46	L	F	Daniela Martin	13	TUKS	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
16	1:25.69	L	P	Isabella Mare	13	CASC	CPT 05/12/2024 Western Cape LC-A Championship 2024
17	1:26.11	L	F	Amelia Oosthuizen	13	TUKS	FSH 13/12/2024 NMBA Championships 2024
18	1:26.36	L	F	Nicole Uys	13	DRGN	EKU 29/11/2024 CGA Championships 2024
19	1:26.42	L	F	Kiana Borstlap	13	POTC	KKD 07/12/2024 NWS Championships 2024
20	1:26.85	L	F	Morgan Maree	13	DRGN	EKU 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
21	1:27.45	L	F	Anelle Ward	13	TUKS	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
22	1:27.94	L	F	Isabella Oliver	13	QSAW	GED 05/12/2024 Western Cape LC-A Championship 2024
23	1:27.99	L	F	Isabella Van Rooyen	13	SEALE	ETH 25/01/2025 uShaka Champs 2025
24	1:28.42	L	F	Morgan Tandy	13	CA	EKU 12/10/2024 EGA Summer 2
25	1:28.62	L	F	Ansuné Van Vuuren	13	NWUC	KKD 07/12/2024 NWS Championships 2024
26	1:28.67	L	F	Ami Van der Merwe	13	FSE	KCD 23/11/2024 KCDA Age Group Gala 3
27	1:29.00	L S	F	Tyla Charles	13	VINE	CPT 02/11/2024 CTA A & B CHAMPS 2024
28	1:29.12	L	F	Nicola Hawley	13	PLAY	GED 05/12/2024 Western Cape LC-A Championship 2024
29	1:29.65	L	F	Melan van der Spuy	13	BLOT	MAN 04/12/2024 Free State Champs 2024
30	1:29.78	L	F	Jessica Van Wyk	13	SEAL	UMD 02/07/2024 Prestige Tournament 2024
31	1:30.44	L	F	Emma Love	13	MDOL	JHB 10/01/2025 2024 Grand Prix Invitation Swimming
32	1:30.48	L	F	Elle Gasson	13	BLSS	MAN 09/11/2024 Bull Sharks Gala
33	1:30.73	L S	F	Olivia Latimer	13	SAAW	CPT 02/11/2024 CTA A & B CHAMPS 2024
34	1:30.82	L	P	Zoi Dimatellis	13	FISH	EDD 05/12/2024 Western Cape LC-A Championship 2024
35	1:30.96	L	F	Miya De Villiers	13	NMBA	NM 11/01/2025 EDEN INTER DISTRICT PRESTIGE
36	1:31.16	L	F	Leane Van der Merwe	13	PRA	GSD 25/01/2025 uShaka Champs 2025
37*	1:31.18	L	P	Kiersten Hillen	CR	VASA	EKU 05/12/2024 EGA Summer Championships
37*	1:31.18	L	F	Keira Wilson	13	ELEC	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
39	1:31.37	L	F	Surayia Harris	13	CRSC	JHB 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
40	1:31.50	L	F	Ellen Faul	13	QSAW	GED 09/11/2024 Swartland Prestige Gala 2024
41	1:31.61	L	P	Isobelle Vlok	13	LINR	JHB 29/11/2024 CGA Championships 2024
42	1:31.77	L	F	Angelica Tsai-Rieb	13	CYBE	CPT 05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
43	1:31.78	L	F	Irma Kotzé	13	POTC	KKD 23/11/2024 NWS Age Group 3 + 4 2024
44	1:31.84	L	P	Rebecca Nilsson	13	TYGE	CPT 15/06/2024 PEA Winter Gala 2024
45	1:32.01	L	F	Eirley Lottering	13	USC	BUF 22/11/2024 BCA Long Course Championships 2024
46	1:32.20	L	F	Jenna Van Eeden	13	EXP	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
47	1:32.21	L	P	Arinda Vorster	13	BS	LLD 04/12/2024 Free State Champs 2024
48	1:32.24	L	F	Katelyn Dutton	13	RSA	04/10/2024 Curro AquaElite Gala
49	1:32.25	L	F	Anri Jonker	13	TUKS	FSH 13/09/2024 NTS September Age Group 2024
50	1:32.31	L	F	Mbalenhle Jared	13	ELEC	FSH 05/12/2024 EGA Summer Championships
51	1:32.37	L S	F	Amaani Abrahams	13	MARL	CPT 02/11/2024 CTA A & B CHAMPS 2024
52	1:32.39	L	F	Mari Bruwer	13	SS	MPD 29/11/2024 Limpopo Champs 2024
53	1:32.58	L	F	Olivia Botha	13	OHAN	ILD 25/01/2025 uShaka Champs 2025
54	1:32.69	L	F	Arabella Sadler	13	LEGC	ETH 13/12/2024 NMBA Championships 2024
55	1:32.93	L	P	Lindsay Balmer	13	BLOT	MAN 04/12/2024 Free State Champs 2024
56	1:33.11	L	F	Mary Maponyane	13	TCA	EKU 05/12/2024 EGA Summer Championships
57	1:33.27	L	P	Sophie Barrow	13	MDOL	JHB 29/11/2024 CGA Championships 2024
58	1:33.42	L	F	Liandri Terblanche	13	SS	MPD 29/11/2024 Limpopo Champs 2024
59	1:33.49	L	F	Sofia Nixon	13	VINE	CPT 05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
60	1:33.54	L	F	Ava-Sophia Smith	13	HARL	BUF 13/12/2024 NMBA Championships 2024
61	1:33.59	L	F	Seruby Van Tromp	13	JAQ	EKU 26/10/2024 Summer 3 Delville
62	1:33.97	L	P	Isabella Oswald	13	CRSC	JHB 29/11/2024 CGA Championships 2024
63	1:34.07	L	F	Kristen Roos	13	TRAZ	FSH 13/09/2024 NTS September Age Group 2024
64*	1:34.18	L	F	Cara Hughes	13	FRA	KCD 26/10/2024 Froggies Aquatics Championships 2024
64*	1:34.18	L	F	Caitlin Matthesen	13	RFA	FSH 01/02/2025 EGA Last Chance Gala
66	1:34.55	L	F	Miané Cronjé	13	FISH	EDD 02/11/2024 EDEN 2nd A-League Gala 2024 Schools
67	1:34.56	L	F	Sasha Bailey	13	RACE	JHB 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
68	1:34.65	L	F	Elmiah Vd Merwe	13	TUKS	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
69	1:34.74	L	F	Violet Maritz	13	SEAL	UMD 11/01/2025 Uthukela District Age Group Gala
70	1:34.77	L	F	Kaylee Naidoo	13	SEAL	UMD 02/07/2024 Prestige Tournament 2024
71	1:34.89	L	F	Daniella McLean	13	PEAS	NMA 13/12/2024 NMBA Championships 2024
72	1:35.22	L	P	Eden Jacobs	13	PER	JHB 29/11/2024 CGA Championships 2024
73	1:35.28	L	P	Marine Wilken	13	VALS	FDD 04/12/2024 Free State Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
74	1:35.35	L	F	Aimee van der Merwe	13	MDOL	JHB	10/01/2025 2024 Grand Prix Invitation Swimming
75	1:35.70	L	F	Demi Murray	13	USC	BUF	13/12/2024 NMBA Championships 2024
76	1:35.78	L	F	Emma Terblanche	13	UNI	EZD	29/11/2024 Mpumalanga Championships 2024
77	1:35.79	L	F	Annelie Thiar	13	TGA	WCD	09/11/2024 Swartland Prestige Gala 2024
78	1:35.83	L	P	Janika Wessels	13	BLOT	MAN	04/12/2024 Free State Champs 2024
79	1:35.99	L	F	Tayla Scheepers	13	AFIN	JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
80*	1:36.34	L	F	Stacey Welsh	13	BEST	NMA	13/12/2024 NMBA Championships 2024
80*	1:36.34	L	F	Chloe Prinsloo	13	TUKS	FSH	18/10/2024 NTS Level 3+ October Age Group 2024
82	1:36.37	L	F	Elara Köpplinger	13	TUKS	FSH	18/10/2024 NTS Level 3+ October Age Group 2024
83	1:36.40	L	P	Ashleigh de Jager	13	BLOT	MAN	04/12/2024 Free State Champs 2024
84	1:36.88	L	F	Andrea van Huyssteen	13	PAC	FSH	13/09/2024 NTS September Age Group 2024
85	1:37.05	L	P	Swapnika Kasireddy	13	SASE	JHB	29/11/2024 CGA Championships 2024
86	1:37.07	L	P	Jessica Wood	13	TCA	EKU	05/12/2024 EGA Summer Championships
87	1:37.23	L	P	Hayley Hodnett	13	AFIN	JHB	29/11/2024 CGA Championships 2024
88	1:37.25	L	F	Donyelle Cupido	13	BLNE	MAN	11/10/2024 Otters Prestige Gala 2024
89	1:37.32	L	F	Abigail Slabber	13	SEAL	UMD	02/07/2024 Prestige Tournament 2024
90	1:37.70	L	F	Mia Strydom	13	INFA	NMA	31/01/2025 Infinity Gala 2025
91	1:37.72	L	F	Rylie Crous	13	BLMA	CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
92	1:37.75	L	F	Peighton Le Roux	13	SOUL	EKU	12/10/2024 EGA Summer 2
93	1:37.85	L	P	Annabelle Gwilt	13	SASE	JHB	29/11/2024 CGA Championships 2024
94	1:38.07	L	P	Gabriella Roelandt	13	AA	JHB	29/11/2024 CGA Championships 2024
95	1:38.27	L	F	Anya Sonnekus	13	TYGE	CPT	15/06/2024 PEA Winter Gala 2024
96	1:38.33	L	P	Courtney Biggs	13	SASE	JHB	29/11/2024 CGA Championships 2024
97	1:38.51	L	P	Tinokudzaishe Shoniwa	13	MDOL	JHB	29/11/2024 CGA Championships 2024
98	1:38.53	L	F	Amber Terclavers	13	SOUL	EKU	12/10/2024 EGA Summer 2
99*	1:38.57	L	F	Jemma Van Der Merwe	13	ELEC	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
99*	1:38.57	L	P	Edith Lindsay	13	FISH	EDD	15/06/2024 PEA Winter Gala 2024
101	1:38.66	L	F	Chantel Kleingeld	13	AWIN	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
102	1:38.88	L	F	Isabelle Boyd	13	UNI	EZD	29/11/2024 Mpumalanga Championships 2024
103	1:38.94	L	F	Ashley Williams	13	BLNE	MAN	11/10/2024 Otters Prestige Gala 2024
104*	1:39.11	L	F	Amelie Erasmus	13	SOUL	EKU	26/10/2024 Summer 3 Delville
104*	1:39.11	L	F	Danieka Botha	13	HARL	BUF	22/11/2024 BCA Long Course Championships 2024
106	1:39.20	L	F	Jodie Marais	13	ELRAS	WBD	29/11/2024 Limpopo Champs 2024
107	1:39.38	L	F	Amelia Kyprou	13	ESP	EKU	26/10/2024 Summer 3 Delville
108	1:39.45	L	P	Frances Esterhuysen	13	KSTAR	EDD	05/12/2024 Western Cape LC-A Championship 2024
109	1:39.51	L	P	Charlotte Costa	13	MDOL	JHB	29/11/2024 CGA Championships 2024
110	1:39.69	L	F	Ava Pretorius	13	USC	BUF	22/11/2024 BCA Long Course Championships 2024
111	1:39.77	L	P	Emily Ackerman	13	QUES	JHB	29/11/2024 CGA Championships 2024
112	1:39.89	L	F	Liv Van den Heever	13	AZON	ETH	14/06/2024 AQZ Winter Warmer 2024
113	1:39.93	L	P	Kiara Naidoo	13	MAKO	EKU	05/12/2024 EGA Summer Championships
114	1:40.07	L	P	Tatum Venter	13	WSS	LLD	04/12/2024 Free State Champs 2024
115	1:40.32	L	P	Emerson Woods	13	ESTR	EKU	05/12/2024 EGA Summer Championships
116	1:40.39	L	F	Mieke Botha	13	STAR	BPD	23/11/2024 NWS Age Group 3 + 4 2024
117	1:40.68	L	P	Mia Lourens	13	CASC	CPT	05/12/2024 Western Cape LC-A Championship 2024
118	1:40.78	L	P	Zoey Van Leeuwen	13	CRSC	JHB	29/11/2024 CGA Championships 2024
119	1:40.80	L	F	Liandi Joubert	13	USC	BUF	22/11/2024 BCA Long Course Championships 2024
120	1:40.92	L	F	Victoria Jackson	13	SOUL	EKU	12/10/2024 EGA Summer 2
121	1:41.07	L	P	Trinity Kavanagh	13	TCA	EKU	05/12/2024 EGA Summer Championships
122*	1:41.25	L	F	Laaiqah Abrahams	13	INFA	NMA	17/08/2024 Madibaz Swim Meet 2024
122*	1:41.25	L	F	Izelle Arrow	13	TASC	MPD	09/11/2024 Limpopo Age Group 5
124	1:41.30	L	F	Samantha Kröger	13	BARR	CPT	17/10/2024 43rd Freda Barnard Invitational Gala
125	1:41.32	L	F	Nina Alberts	13	VRC	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
126	1:41.46	L	P	Nina Steyn	13	BLSS	MAN	04/12/2024 Free State Champs 2024
127	1:41.62	L	F	Iane Joubert	13	ROA	EDD	17/10/2024 43rd Freda Barnard Invitational Gala
128	1:41.66	L	P	Rachele Goosen	13	UNIU	EZD	29/11/2024 Mpumalanga Championships 2024
129	1:41.73	L	P	Courtney Logie	13	KLOO	ETH	02/07/2024 Prestige Tournament 2024
130	1:41.81	L	P	Emily Oelofsen	13	TCA	EKU	05/12/2024 EGA Summer Championships
131	1:41.94	L	P	Maike Wheeler	13	MDOL	JHB	29/11/2024 CGA Championships 2024
132	1:42.10	L	P	Chloe Potgieter	13	SEAL	UMD	02/07/2024 Prestige Tournament 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
133	1:42.13	L	F	Lana Van Schalkwyk	13	TUKS FSH	13/09/2024	NTS September Age Group 2024
134	1:42.15	L	P	Lisa Ferreira	13	BULS MAN	04/12/2024	Free State Champs 2024
135	1:42.21	L	F	Mia Lombard	13	HARL BUF	22/11/2024	BCA Long Course Championships 2024
136	1:42.23	L	F	Ezra Swartz	13	BULS MAN	06/09/2024	Bull Sharks Annual Gala
137	1:42.41	L	F	Talitha Vd Schyff	13	ELRAS WBD	12/10/2024	Limpopo Age Group 4
138	1:42.42	L	P	Maya Johnstone	13	AFIN JHB	29/11/2024	CGA Championships 2024
139	1:42.46	L	P	Frané van Wyk	13	BS LLD	04/12/2024	Free State Champs 2024
140	1:42.64	L	F	Aila van Biljon	13	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
141	1:43.09	L	F	Moné De Kock	13	ELRAS WBD	29/11/2024	Limpopo Champs 2024
142	1:43.30	L	F	Terina Retief	13	BLNE MAN	11/10/2024	Otters Prestige Gala 2024
143*	1:43.33	L	P	Abigail Weber	13	DRGN EKU	29/11/2024	CGA Championships 2024
143*	1:43.33	L S	F	Leonie Wink	13	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
145	1:43.37	L	F	Juané Labuschagne	13	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
146	1:43.42	L	F	Emma Groenewald	13	KTS	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
147	1:43.52	L	P	Janneke Scheepers	13	SGUL ETH	02/07/2024	Prestige Tournament 2024
148	1:43.56	L	F	Ontshiametse Makatiers	13	RBOT BPD	07/12/2024	NWS Championships 2024
149	1:43.62	L S	F	Josephine Endres	13	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
150	1:43.69	L	F	Kaylee Van der Merwe	13	LAD UTD	07/12/2024	Uthukela District Age Group Gala
151	1:43.70	L	F	Gabriela Govender	13	INFA NMA	14/09/2024	3rd A League Gala 2024
152	1:43.73	L	F	Casey Lee Mccabe	13	DOLFI MPD	29/11/2024	Limpopo Champs 2024
153	1:43.75	L	F	Angelina Fernandes	13	WSS LLD	25/10/2024	Neptunes Gala
154	1:43.98	L	F	Nokukhanya Maseko	13	MAKO EKU	26/10/2024	Summer 3 Delville
155*	1:44.02	L	P	Kylie Broncho	13	PER JHB	29/11/2024	CGA Championships 2024
155*	1:44.02	L	F	Addisyn Moloney	13	AWSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
157	1:44.23	L	P	Zoe Bayisayi	13	TCA EKU	05/12/2024	EGA Summer Championships
158	1:44.28	L	F	Sameeha Valli	13	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
159	1:44.62	L	F	Giorgia Wood	13	STSC KCD	25/01/2025	uShaka Champs 2025
160	1:44.93	L	F	Danicka Groenewald	13	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
161	1:45.26	L	F	Amalia van der Westhuizen	13	INFA NMA	13/12/2024	NMBA Championships 2024
162*	1:45.40	L	F	Emihle James	13	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
162*	1:45.40	L	F	Katlego Maja	13	TRAZ FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
164	1:45.57	L	F	Isla Kruger	13	PLAY CED	09/11/2024	Swartland Prestige Gala 2024
165	1:45.59	L	P	Zaila Forsdyke de Almeida	13	RACE JHB	29/11/2024	CGA Championships 2024
166	1:45.83	L	P	Kiana Kalpage	13	RACE JHB	29/11/2024	CGA Championships 2024
167	1:45.84	L	P	Bella Spolander	13	DORE JHB	29/11/2024	CGA Championships 2024
168	1:45.96	L	F	Liat Fittinghoff	13	OLDE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
169	1:45.98	L	F	Leah Gerischer	13	STAQ CED	09/11/2024	Winelands SL4
170	1:46.03	L	F	Nikita Radley	13	NSAD EZD	29/11/2024	Mpumalanga Championships 2024
171	1:46.11	L	P	Bokang Seleke	13	AFIN JHB	29/11/2024	CGA Championships 2024
172	1:46.16	L	F	Maya Mbhokota	13	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
173	1:46.21	L	F	Mikayla Twali	13	RFA FSH	13/09/2024	NTS September Age Group 2024
174*	1:46.28	L S	F	Keandra Jardim	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
174*	1:46.28	L	F	Alessia Dowle	13	SS MPD	29/11/2024	Limpopo Champs 2024
176	1:46.43	L	P	Abbeygail Emond	13	DRGN EKU	29/11/2024	CGA Championships 2024
177	1:46.44	L	P	Alouise Supra	13	TNDER FDD	04/12/2024	Free State Champs 2024
178	1:46.52	L	F	Mieke Van der Walt	13	NWUC KKD	07/12/2024	NWS Championships 2024
179	1:46.62	L	F	Mia Bogacz	13	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
180	1:47.09	L	F	Casey Charlton	13	TRAZ FSH	13/09/2024	NTS September Age Group 2024
181	1:47.17	L	F	Hannah Kemp	13	LALE CED	09/11/2024	Winelands SL4
182	1:47.31	L	F	Chizara Nsibanyoni-Anyam	13	WATR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
183	1:47.33	L	F	Alexia Montgomery	13	AQUA UTD	07/12/2024	Uthukela District Age Group Gala
184	1:47.34	L	F	Kaitlynn Moodley	13	SEAL UMD	25/01/2025	uShaka Champs 2025
185	1:47.49	L	F	Janike Marais	13	BEARS FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
186	1:47.50	L	P	Ngoko Seke	13	MDOL JHB	29/11/2024	CGA Championships 2024
187	1:47.57	L	P	Amy Wellsted	13	CRSC JHB	29/11/2024	CGA Championships 2024
188	1:47.85	L	F	Heike Wessels	13	QUIC CPT	09/11/2024	Swartland Prestige Gala 2024
189	1:48.44	L	F	Amée Mc Laughlin	13	RFA FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
190	1:48.51	L	F	Morgan Coskey	13	SGUL ETH	13/12/2024	NMBA Championships 2024
191	1:48.54	L	F	Kaira Nel	13	WSS LLD	15/11/2024	Valsrivier Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
192	1:48.64	L	F	Kayla De Lange	13	TASC MPD	09/11/2024 Limpopo Age Group 5
193	1:48.71	L	F	Jemah Van der Westhuizen	13	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
194	1:48.99	L	F	Orefile Ramphele	13	MATL KKD	09/11/2024 NWS Age Group 1 & 2 2024
195	1:49.00	L	F	Mia Venter	13	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
196	1:49.01	L	F	Erin Hilliar	13	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
197	1:49.13	L	F	Angelique Marais	13	EXP TSH	01/02/2025 EGA Last Chance Gala
198	1:49.26	L	P	Ivanke Jacobs	13	HREF BPD	07/12/2024 NWS Championships 2024
199	1:49.35	L	F	Inge Borman	13	BULS MAN	01/02/2025 Heidedal & Sentraal Galal
200	1:49.40	L	F	Sunechka Roodt	13	MATL KKD	07/12/2024 NWS Championships 2024
201	1:50.14	L	F	Chiara Surtees	13	CRSC JHB	22/01/2025 Crusaders Night Gala 2
202	1:50.42	L	P	Isabella Ryan	13	ESTR EKU	05/12/2024 EGA Summer Championships
203	1:50.72	L	F	Danica Carey	13	CA EKU	26/10/2024 Summer 3 Delville
204	1:50.85	L	F	Maleleko Mushikita	13	SS MPD	29/11/2024 Limpopo Champs 2024
205	1:51.01	L	F	Beah-Zita Cerone	13	HAAG UTD	11/01/2025 Uthukela District Age Group Gala
206	1:51.30	L	F	Chibeka Mwansa	13	MAHD NMD	23/11/2024 NWS Age Group 3 + 4 2024
207	1:51.77	L	F	Sithabile Mdlalose	13	JAQ EKU	26/10/2024 Summer 3 Delville
208	1:51.92	L	P	Cornelea Breedt	13	ESP EKU	05/12/2024 EGA Summer Championships
209	1:52.09	L	P	Saheli Kalpage	13	RACE JHB	29/11/2024 CGA Championships 2024
210	1:52.25	L	P	Olwethu Gqoloma	13	RBOT BPD	07/12/2024 NWS Championships 2024
211	1:52.28	L	P	Zeina Bhamjee	13	ATLA JHB	29/11/2024 CGA Championships 2024
212	1:52.31	L	F	Hesmari MacRobert	13	KSTAR EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
213	1:52.37	L	F	Kara Wentzel	13	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
214	1:52.40	L	F	Leelah Kemp	13	TINC TSH	13/09/2024 NTS September Age Group 2024
215	1:52.76	L	F	Elle Joubert	13	PLAY CED	17/10/2024 43rd Freda Barnard Invitational Gala
216	1:52.88	L	F	Sydney Sprout	13	TYGE CPT	09/11/2024 Swartland Prestige Gala 2024
217	1:53.63	L	F	Kirsten Koopman	13	LEGC ETH	25/01/2025 uShaka Champs 2025
218	1:53.64	L	F	Riley Pieterse	13	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
219	1:53.69	L	P	Ciara Kroef	13	FAC EKU	05/12/2024 EGA Summer Championships
220	1:53.70	L	F	Lucy Seymour	13	CRSC JHB	22/01/2025 Crusaders Night Gala 2
221	1:53.82	L	F	Lily Theron	13	TINC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
222	1:54.64	L	P	Yalsha Moodley	13	SEALE ETH	02/07/2024 Prestige Tournament 2024
223	1:54.97	L	P	Abigail Naicker	13	ACSA ETH	02/07/2024 Prestige Tournament 2024
224	1:55.04	L	F	Ellene' Van Zyl	13	BLNE MAN	09/11/2024 Bull Sharks Gala
225	1:55.06	L	F	Danielle Du Plessis	13	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
226	1:55.28	L	P	Jadyne Dowie	13	QUES JHB	29/11/2024 CGA Championships 2024
227	1:55.43	L	P	Mienke Byliefeldt	13	RBUR BPD	07/12/2024 NWS Championships 2024
228	1:55.71	L	P	Paballo Mabote	13	MAKO EKU	05/12/2024 EGA Summer Championships
229	1:55.82	L	F	Chloë Snyman	13	HBV MP	01/02/2025 Limpopo School Champs & Limpopo AG
230	1:56.53	L S	F	Lika Els	13	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
231	1:56.66	L	F	Chardè Bocks	13	WEST CPT	09/11/2024 Swartland Prestige Gala 2024
232	1:56.80	L	F	Taylor-Lee Cameron	13	RFA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
233	1:57.96	L	F	Kaitlin Groenewald	13	NAE EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
234	1:58.64	L	F	Ava Koortzen	13	LINR JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
235	1:59.26	L	P	Clarika Van den Hever	13	BULS MAN	04/12/2024 Free State Champs 2024
236	1:59.56	L	F	Keletso Goeieman	13	KALA	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
237	1:59.83	L	F	Carli Wessels	13	AGAQ OBD	09/11/2024 Swartland Prestige Gala 2024
238	1:59.97	L	F	Landri Du Toit	13	BULS MAN	09/11/2024 Bull Sharks Gala
239	2:01.07	L	F	Suhela Mohamed	13	LINR JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
240	2:01.86	L	P	Lunè Botes	13	BS LLD	04/12/2024 Free State Champs 2024
241	2:01.93	L	F	Peyton Russell	13	PGAC EKU	12/10/2024 EGA Summer 2
242	2:03.50	L	P	Anesuishe Jojozi	13	PELIC MAN	04/12/2024 Free State Champs 2024
243	2:03.53	L	P	Naledi Mohapi	13	ESTR EKU	05/12/2024 EGA Summer Championships
244	2:04.14	L	F	Johanna Hanekom	13	UPSK ZMD	05/10/2024 FLAMINGO GALA OCT 2024
245	2:04.86	L	F	Nala Hlapho	13	RBOT BPD	09/11/2024 NWS Age Group 1 & 2 2024
246	2:05.63	L	P	Nomathemba Makhasane	13	MATL KKD	07/12/2024 NWS Championships 2024
247	2:08.00	L	F	Gabby Veldman	13	AASC EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
248	2:08.01	L	F	Bontle Dube	13	ESP EKU	26/10/2024 Summer 3 Delville
249	2:08.09	L	F	Reabetswe Sebola	13	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
250	2:08.57	L S	F	Nkosinathi Zondo	13	BARR CPT	21/09/2024 CTA INVITATIONAL LC MEET

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
251	2:08.81	L	P	Lienka Pretorius	13	RBOT	BPD	07/12/2024	NWS Championships 2024
252	2:08.99	L	P	Zisuliwe Zikhali	13	MAKO	EKU	05/12/2024	EGA Summer Championships
253	2:11.88	L	F	Angelique Benn	13	MAKO	EKU	01/02/2025	EGA Last Chance Gala
254	2:11.92	L	F	Karla Botha	13	MAKO	EKU	18/01/2025	EGA Summer 5
255	2:11.98	L	F	Amahle Mazula	13	MAKO	EKU	01/02/2025	EGA Last Chance Gala
256	2:12.45	L	F	Miahlee Flink	13	KHAY	CPT	10/01/2025	2024 Grand Prix Invitation Swimming
257	2:12.53	L	F	Mienka Loubser	13	QSAW	GED	09/11/2024	Swartland Prestige Gala 2024
258	2:13.73	L	F	Salma Mire	13	LINR	JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
259	2:15.94	L	F	Mjanyelwa Mtshweni	13	CA	EKU	26/10/2024	Summer 3 Delville
260	2:17.45	L	P	Mieka Janse van Rensburg	13	JAQ	EKU	05/12/2024	EGA Summer Championships
261	2:32.26	L	F	Reabetswe Mokwele	13	HNDL	CCD	01/02/2025	Limpopo School Champs & Limpopo AG
262	2:45.29	L	F	Tatum Eccles	13	WEST	CPT	09/11/2024	Swartland Prestige Gala 2024
263	3:29.59	L	F	Londiwe Khumalo	13	MPAR	JHB	10/01/2025	2024 Grand Prix Invitation Swimming
Women 13-13 200 Breast									
1	2:52.86	L	F	Taylor van Dyk	13	USC	BUF	25/01/2025	BCA January Age Group Gala 2025
2	2:57.10	L	F	Caeli Ferreira	13	CRSC	JHB	29/11/2024	CGA Championships 2024
3	2:58.16	L S	F	Leandi Prinsloo	13	BS	LLD	04/12/2024	Free State Champs 2024
4	3:01.18	L	F	Amelia Oosthuizen	13	TUKS	FSH	13/12/2024	NMBA Championships 2024
5	3:02.14	L	F	Isabella Mare	13	CASC	CPT	02/11/2024	CTA A & B CHAMPS 2024
6	3:04.62	L	F	Elrie Moolman	CR	VASA	EKU	01/02/2025	EGA Last Chance Gala
7	3:04.73	L	F	Erin Weimann	13	USC	BUF	22/11/2024	BCA Long Course Championships 2024
8	3:06.35	L	F	Chiniq Breet	13	CSA	EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
9	3:07.62	L	F	Kiana Borstlap	13	POTC	KKD	23/11/2024	NWS Age Group 3 + 4 2024
10	3:08.59	L	F	Anelle Ward	13	TUKS	FSH	18/10/2024	NTS Level 3+ October Age Group 2024
11	3:09.02	L	F	Ami Van der Merwe	13	FSE	KCD	25/01/2025	uShaka Champs 2025
12	3:09.18	L	P	Isobelle Vlok	13	LINR	JHB	29/11/2024	CGA Championships 2024
13	3:09.88	L	F	Ella Bunge	13	BLUO	UGD	07/12/2024	Stingrays Champs 2024
14	3:10.14	L	F	Emily Geldart	13	INFA	NMA	15/06/2024	PEA Winter Gala 2024
15	3:10.38	L	F	Ansuné Van Vuuren	13	NWUC	KKD	23/11/2024	NWS Age Group 3 + 4 2024
16	3:11.08	L	F	Rebecca Nilsson	13	TYGE	CPT	15/06/2024	PEA Winter Gala 2024
17	3:11.14	L S	F	Mia Putter	13	NWUC	KKD	07/12/2024	NWS Championships 2024
18	3:12.84	L	F	Irma Kotzé	13	POTC	KKD	23/11/2024	NWS Age Group 3 + 4 2024
19	3:13.88	L	F	Cara Hughes	13	FRA	KCD	25/01/2025	uShaka Champs 2025
20	3:13.89	L	P	Nicole Uys	13	DRGN	EKU	29/11/2024	CGA Championships 2024
21	3:14.17	L	F	Mbalenhle Jared	13	ELEC	FSH	18/10/2024	NTS Level 3+ October Age Group 2024
22	3:15.15	L	P	Kiersten Hillen	CR	VASA	EKU	05/12/2024	EGA Summer Championships
23	3:15.23	L	F	Isabella Van Rooyen	13	SEALE	ETH	25/01/2025	uShaka Champs 2025
24	3:15.76	L	F	Melan van der Spuy	13	BLOT	MAN	25/10/2024	Neptunes Gala
25	3:16.50	L	P	Zoi Dimatellis	13	FISH	EDD	05/12/2024	Western Cape LC-A Championship 2024
26	3:16.75	L	F	Eirley Lottering	13	USC	BUF	22/11/2024	BCA Long Course Championships 2024
27	3:17.28	L	F	Arabella Sadler	13	LEGC	ETH	13/12/2024	NMBA Championships 2024
28	3:17.33	L S	F	Lindsay Balmer	13	BLOT	MAN	04/12/2024	Free State Champs 2024
29	3:17.43	L	P	Nicola Hawley	13	PLAY	GED	05/12/2024	Western Cape LC-A Championship 2024
30	3:17.56	L	F	Anri Jonker	13	TUKS	FSH	13/09/2024	NTS September Age Group 2024
31	3:17.59	L	F	Tyla Charles	13	VINE	CPT	21/09/2024	CTA INVITATIONAL LC MEET
32	3:18.59	L	P	Ellen Faul	13	QSAW	GED	05/12/2024	Western Cape LC-A Championship 2024
33	3:18.79	L	F	Liandri Terblanche	13	SS	MPD	29/11/2024	Limpopo Champs 2024
34	3:19.50	L	P	Morgan Maree	13	DRGN	EKU	29/11/2024	CGA Championships 2024
35	3:20.01	L	F	Miané Cronjé	13	FISH	EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
36	3:20.18	L	F	Leane Van der Merwe	13	UNI	EZD	29/11/2024	Mpumalanga Championships 2024
37	3:20.21	L	F	Amaani Abrahams	13	MARL	CPT	02/11/2024	CTA A & B CHAMPS 2024
38	3:21.46	L	F	Seruby Van Tromp	13	JAQ	EKU	05/12/2024	EGA Summer Championships
39	3:21.47	L	F	Mary Maponyane	13	TCA	EKU	05/12/2024	EGA Summer Championships
40	3:22.05	L	F	Miya De Villiers	13	INFA	NMA	17/08/2024	Madibaz Swim Meet 2024
41	3:22.26	L S	F	Elle Gasson	13	BLSS	MAN	04/12/2024	Free State Champs 2024
42	3:22.87	L	F	Andrea van Huyssteen	13	PAC	FSH	13/09/2024	NTS September Age Group 2024
43	3:23.84	L	F	Keira Wilson	13	ELEC	FSH	18/10/2024	NTS Level 3+ October Age Group 2024
44	3:23.87	L	F	Taya Du Plooy	13	TRAZ	FSH	13/09/2024	NTS September Age Group 2024
45	3:23.97	L	F	Ava-Sophia Smith	13	HARL	BUF	13/12/2024	NMBA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
46	3:24.06 L	P	Hayley Hodnett	13	AFIN JHB	29/11/2024	CGA Championships 2024
47	3:25.48 L	P	Emily Ackerman	13	QUES JHB	29/11/2024	CGA Championships 2024
48	3:26.35 L	F	Mari Bruwer	13	SS MPD	29/11/2024	Limpopo Champs 2024
49	3:27.03 L	P	Emma Love	13	MDOL JHB	29/11/2024	CGA Championships 2024
50	3:27.16 L	P	Tayla Scheepers	13	AFIN JHB	29/11/2024	CGA Championships 2024
51	3:27.63 L	F	Emma De Villiers	13	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
52	3:27.80 L	P	Courtney Biggs	13	SASE JHB	29/11/2024	CGA Championships 2024
53	3:27.82 L	P	Aimee van der Merwe	13	MDOL JHB	29/11/2024	CGA Championships 2024
54	3:27.86 L S	P	Melokuhle Mhlongo	13	PSCP UMD	02/07/2024	Prestige Tournament 2024
55	3:28.34 L	F	Olivia Botha	13	OHAN ILD	25/01/2025	uShaka Champs 2025
56	3:28.37 L S	F	Marine Wilken	13	VALS FDD	04/12/2024	Free State Champs 2024
57	3:28.87 L	F	Olivia Latimer	13	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
58	3:29.14 L	F	Elmiah Vd Merwe	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
59	3:29.74 L	F	Jenna Van Eeden	13	EXP TSH	18/10/2024	NTS Level 3+ October Age Group 2024
60	3:30.02 L	F	Courtney Logie	13	KLOO ETH	25/01/2025	uShaka Champs 2025
61	3:30.61 L	P	Sasha Bailey	13	RACE JHB	29/11/2024	CGA Championships 2024
62	3:31.15 L	F	Nina Alberts	13	VRC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
63	3:31.26 L	F	Edith Lindsay	13	FISH EDD	15/06/2024	PEA Winter Gala 2024
64	3:31.28 L	P	Surayia Harris	13	CRSC JHB	29/11/2024	CGA Championships 2024
65	3:31.33 L	P	Annelie Thiar	13	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024
66	3:31.66 L	F	Isabelle Boyd	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
67	3:31.76 L	P	Swapnika Kasireddy	13	SASE JHB	29/11/2024	CGA Championships 2024
68	3:31.94 L	F	Storm Bircher	13	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
69	3:32.56 L	P	Gabriella Roelandt	13	AA JHB	29/11/2024	CGA Championships 2024
70	3:32.63 L S	F	Nina Steyn	13	BLSS MAN	04/12/2024	Free State Champs 2024
71	3:32.73 L	F	Samantha Kröger	13	BARR CPT	02/11/2024	CTA A & B CHAMPS 2024
72	3:33.13 L S	F	Ashley Williams	13	BLNE MAN	04/12/2024	Free State Champs 2024
73	3:33.47 L	P	Charlotte Costa	13	MDOL JHB	29/11/2024	CGA Championships 2024
74	3:33.58 L	P	Peighton Le Roux	13	SOUL EKU	05/12/2024	EGA Summer Championships
75	3:33.87 L	F	Anya Sonnekus	13	TYGE CPT	15/06/2024	PEA Winter Gala 2024
76	3:33.96 L	P	Oatile Oliphant	13	WATR JHB	29/11/2024	CGA Championships 2024
77	3:34.41 L	F	Izelle Arrow	13	TASC MPD	29/11/2024	Limpopo Champs 2024
78	3:34.64 L S	F	Arinda Vorster	13	BS LLD	04/12/2024	Free State Champs 2024
79	3:34.95 L	F	Janika Wessels	13	BLOT MAN	13/09/2024	Pelicans Age Group Gala
80	3:35.18 L S	F	Donyelle Cupido	13	BLNE MAN	04/12/2024	Free State Champs 2024
81	3:35.69 L	F	Tatum Venter	13	WSS LLD	25/10/2024	Neptunes Gala
82	3:36.06 L	P	Maike Wheeler	13	MDOL JHB	29/11/2024	CGA Championships 2024
83	3:36.19 L	P	Kiara Naidoo	13	MAKO EKU	05/12/2024	EGA Summer Championships
84	3:36.44 L	F	Esté Gersbach	13	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
85	3:36.79 L	F	Leah Stewart	13	TASC MPD	12/10/2024	Limpopo Age Group 4
86	3:36.80 L	F	Jodie Marais	13	ELRAS WBD	29/11/2024	Limpopo Champs 2024
87	3:37.36 L	P	Zoe Bayisayi	13	TCA EKU	05/12/2024	EGA Summer Championships
88*	3:37.84 L	F	Danieka Botha	13	HARL BUF	22/11/2024	BCA Long Course Championships 2024
88*	3:37.84 L	P	Amy Wellsted	13	CRSC JHB	29/11/2024	CGA Championships 2024
90	3:39.09 L	P	Tinokudzaishe Shoniwa	13	MDOL JHB	29/11/2024	CGA Championships 2024
91	3:39.29 L	F	Ava Pretorius	13	USC BUF	22/11/2024	BCA Long Course Championships 2024
92	3:40.31 L	P	Emerson Woods	13	ESTR EKU	05/12/2024	EGA Summer Championships
93	3:41.13 L	F	Tayla-Jean Gibb	13	HARL BUF	25/01/2025	BCA January Age Group Gala 2025
94	3:41.85 L S	F	Aila van Biljon	13	BLOT MAN	04/12/2024	Free State Champs 2024
95	3:42.28 L	P	Jordan Godfrey	13	AFIN JHB	29/11/2024	CGA Championships 2024
96	3:42.62 L	F	Mieke Botha	13	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
97	3:42.90 L S	F	Mieke Van der Walt	13	NWUC KKD	07/12/2024	NWS Championships 2024
98	3:44.62 L	F	Lisa Ferreira	13	BULS MAN	01/02/2025	Heidedal & Sentraal Galal
99	3:44.70 L	F	Laaiqah Abrahams	13	INFA NMA	13/12/2024	NMBA Championships 2024
100	3:44.79 L	F	Janike Marais	13	BEARS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
101	3:45.18 L	F	Kaitlynn Moodley	13	SEAL UMD	25/01/2025	uShaka Champs 2025
102	3:45.19 L	F	Janneke Scheepers	13	SGUL ETH	13/12/2024	NMBA Championships 2024
103	3:45.70 L	F	Juané Labuschagne	13	SS MPD	29/11/2024	Limpopo Champs 2024
104	3:45.95 L	P	Amelia Kyprou	13	ESP EKU	05/12/2024	EGA Summer Championships

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
105	3:46.22	L	F	Rachele Goosen	13	UNIU EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
106	3:46.25	L	F	Amelie Erasmus	13	SOUL EKU	15/11/2024	Summer 4 Delville
107	3:47.04	L	F	Moné De Kock	13	ELRAS WBD	29/11/2024	Limpopo Champs 2024
108	3:47.40	L	P	Nokukhanya Maseko	13	MAKO EKU	05/12/2024	EGA Summer Championships
109	3:47.52	L	P	Lucy Seymour	13	CRSC JHB	29/11/2024	CGA Championships 2024
110	3:47.61	L	F	Nkembo Baghana	13	CPSC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
111	3:48.30	L	F	Casey Lee Mccabe	13	DOLFI MPD	12/10/2024	Limpopo Age Group 4
112	3:48.87	L	P	Zoey Van Leeuwen	13	CRSC JHB	29/11/2024	CGA Championships 2024
113	3:49.01	L S	F	Ivanke Jacobs	13	HREF BPD	07/12/2024	NWS Championships 2024
114	3:49.05	L	F	Gabriela Govender	13	INFA NMA	15/06/2024	PEA Winter Gala 2024
115	3:49.18	L	P	Bokang Seleke	13	AFIN JHB	29/11/2024	CGA Championships 2024
116	3:49.27	L	F	Iane Joubert	13	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala
117	3:49.73	L	P	Bella Spolander	13	DORE JHB	29/11/2024	CGA Championships 2024
118	3:50.04	L	F	Katlego Maja	13	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
119	3:50.65	L	F	Isabella Ryan	13	ESTR EKU	01/02/2025	EGA Last Chance Gala
120	3:50.66	L	F	Chloe' Oliphant	13	PAC TSH	13/09/2024	NTS September Age Group 2024
121	3:50.90	L	P	Ngoko Seke	13	MDOL JHB	29/11/2024	CGA Championships 2024
122	3:51.11	L	F	Keandra Jardim	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
123	3:51.14	L	F	Kaira Nel	13	WSS LLD	15/11/2024	Valsrivier Gala 2024
124	3:51.36	L	P	Kylie Broncho	13	PER JHB	29/11/2024	CGA Championships 2024
125	3:51.37	L	P	Sameeha Valli	13	MDOL JHB	29/11/2024	CGA Championships 2024
126	3:51.59	L	P	Addisyn Moloney	13	AWSC JHB	29/11/2024	CGA Championships 2024
127	3:51.75	L	P	Ciara Kroef	13	FAC EKU	05/12/2024	EGA Summer Championships
128	3:51.77	L S	F	Emihle James	13	RBOT BPD	07/12/2024	NWS Championships 2024
129	3:51.88	L	P	Kiana Kalpage	13	RACE JHB	29/11/2024	CGA Championships 2024
130	3:53.40	L	F	Beah-Zita Cerone	13	HAAG UTD	11/01/2025	Uthukela District Age Group Gala
131	3:53.56	L	F	Kayla De Lange	13	TASC MPD	29/11/2024	Limpopo Champs 2024
132	3:53.89	L	F	Ezra Swartz	13	BULS MAN	02/11/2024	Heidedal
133	3:53.92	L	P	Zeina Bhamjee	13	ATLA JHB	29/11/2024	CGA Championships 2024
134	3:54.19	L	F	Angelique Marais	13	EXP TSH	13/09/2024	NTS September Age Group 2024
135	3:54.31	L	P	Cornelea Breedt	13	ESP EKU	05/12/2024	EGA Summer Championships
136	3:54.97	L	F	Kaylee Van der Merwe	13	LAD UTD	11/01/2025	Uthukela District Age Group Gala
137	3:56.38	L	P	Chizara Nsibanyoni-Anyiam	13	WATR JHB	29/11/2024	CGA Championships 2024
138	3:57.18	L	F	Inge Borman	13	BULS MAN	25/10/2024	Neptunes Gala
139	3:57.78	L	F	Orefile Ramphele	13	MATL KKD	23/11/2024	NWS Age Group 3 + 4 2024
140	3:58.79	L	F	Peyton Van Der Ross	13	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
141	3:59.26	L S	P	Yalsha Moodley	13	SEALE ETH	02/07/2024	Prestige Tournament 2024
142	3:59.70	L	F	Suzanne Marais	13	BEARS TSH	13/09/2024	NTS September Age Group 2024
143	3:59.86	L	P	Chiara Surtees	13	CRSC JHB	29/11/2024	CGA Championships 2024
144	4:00.98	L	F	Kirsten Koopman	13	LEGC ETH	25/01/2025	uShaka Champs 2025
145	4:01.53	L	F	Frané van Wyk	13	BS LLD	02/11/2024	Heidedal
146	4:02.90	L	F	Chibeka Mwansa	13	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
147	4:03.31	L	F	Mia Venter	13	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
148	4:03.95	L	F	Sydney Sprout	13	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
149	4:06.88	L	F	Elle Joubert	13	PLAY CED	17/10/2024	43rd Freda Barnard Invitational Gala
150	4:07.72	L	F	Kara Wentzel	13	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
151	4:09.25	L	P	Jadyne Dowie	13	QUES JHB	29/11/2024	CGA Championships 2024
152	4:09.59	L	F	Maleleko Mushikita	13	SS MPD	29/11/2024	Limpopo Champs 2024
153	4:10.58	L	P	Sithabile Mdlalose	13	JAQ EKU	05/12/2024	EGA Summer Championships
154	4:10.67	L	F	Kendra Samuels	13	GREY CPT	02/11/2024	CTA A & B CHAMPS 2024
155	4:11.17	L	F	Keletso Goeieman	13	KALA	15/11/2024	AGE GROUP 2 KATHU 2024
156	4:13.27	L S	P	Abigail Naicker	13	ACSA ETH	02/07/2024	Prestige Tournament 2024
157	4:13.81	L	F	Lika Els	13	QSAW CED	09/11/2024	Winelands SL4
158	4:16.19	L S	F	Anesuishe Jojozi	13	PELIC MAN	04/12/2024	Free State Champs 2024
159	4:20.59	L	F	Chloë Snyman	13	SS MPD	09/11/2024	Limpopo Age Group 5
160	4:20.70	L	F	Chardè Bocks	13	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
161	4:21.33	L	P	Peyton Russell	13	PGAC EKU	05/12/2024	EGA Summer Championships
162	4:36.01	L	F	Carli Wessels	13	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
163	4:50.40	L	F	Nkosinathi Zondo	13	BARR CPT	21/09/2024	CTA INVITATIONAL LC MEET

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
164	5:15.94 L	F	Reabetswe Mokwele	13	HNDL	CCD	01/02/2025	Limpopo School Champs & Limpopo AG
Women 13-13 50 Fly								
1	29.86 L	P	Sophie Smith	13	VINE	CPT	05/12/2024	Western Cape LC-A Championship 2024
2	29.93 L	F	Gemma Spies	13	INFA	NMA	05/10/2024	4th A League Gala 2024
3	30.35 L	F	Leandi Prinsloo	13	BS	LLD	04/12/2024	Free State Champs 2024
4	30.63 L	F	Sophie Barrow	13	MDOL	JHB	29/11/2024	CGA Championships 2024
5	31.16 L	F	Irma Kotzé	13	NWS		25/01/2025	4+1 INTERPROVINCIAL GALA 2025
6	31.31 L	F	Olivia Stroebel	13	HPS	FSH	18/10/2024	NTS Level 3+ October Age Group 2024
7*	31.32 L	F	Morgan Tandy	13	CA	EKU	01/02/2025	EGA Last Chance Gala
7*	31.32 L	F	Saskya Kistnasami	13	ASA	ILD	02/07/2024	Prestige Tournament 2024
9	31.59 L	F	Ava Lorenzen	13	BLMA	CPT	05/12/2024	Western Cape LC-A Championship 2024
10	31.72 L	F	Thandi Bosman	13	USC	BUF	13/12/2024	NMBA Championships 2024
11	31.85 L	F	Keira Swanepoel	13	KLOO	ETH	02/07/2024	Prestige Tournament 2024
12	32.06 L	F	Ellen Faul	13	QSAW	CED	05/12/2024	Western Cape LC-A Championship 2024
13	32.09 L	F	Deune' Du Plessis	13	BLSS	MAN	04/12/2024	Free State Champs 2024
14	32.65 L	F	Lauren Walker	13	WATR	JHB	29/11/2024	CGA Championships 2024
15	32.66 L	F	Angelica Tsai-Rieb	13	CYBE	CPT	05/12/2024	Western Cape LC-A Championship 2024
16	32.94 L	F	Kiersten Hillen	CR	VASA	EKU	12/10/2024	EGA Summer 2
17*	32.95 L	F	Ella Bunge	13	BLUO	UGD	25/01/2025	uShaka Champs 2025
17*	32.95 L	F	Emily Geldart	13	INFA	NMA	31/01/2025	Infinity Gala 2025
19	32.97 L	P	Rebecca Nilsson	13	TYGE	CPT	05/12/2024	Western Cape LC-A Championship 2024
20	33.00 L	F	Zoi Dimatellis	13	EDA	ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE
21	33.18 L	F	Jothany Ngotchouye	13	SEAL	UMD	02/07/2024	Prestige Tournament 2024
22	33.20 L	P	Romy Smith	13	MDOL	JHB	29/11/2024	CGA Championships 2024
23	33.25 L	F	Mila Strydom	13	GHSK		05/10/2024	FLAMINGO GALA OCT 2024
24	33.33 L	F	Liane Coetzee	13	PLAY	CED	09/11/2024	Swartland Prestige Gala 2024
25	33.34 L	F	Abigail Weber	13	DRGN	EKU	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
26	33.37 L	F	Carolina Eybers	13	VHD	ZLD	11/01/2025	Uthukela District Age Group Gala
27	33.62 L	P	Leah de Jager	13	CRSC	JHB	29/11/2024	CGA Championships 2024
28	33.70 L	F	Daniela Martin	13	TUKS	FSH	18/10/2024	NTS Level 3+ October Age Group 2024
29	33.81 L	P	Nicola Hawley	13	PLAY	CED	05/12/2024	Western Cape LC-A Championship 2024
30	33.84 L	F	Mackenzie Abrams	13	BCA	BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE
31	33.90 L	F	Nina Steyn	13	BLSS	MAN	04/12/2024	Free State Champs 2024
32	34.03 L	P	Alice Esterhuysen	13	KSTAR	EDD	05/12/2024	Western Cape LC-A Championship 2024
33	34.06 L	F	Daniella McLean	13	PEAS	NMA	17/08/2024	Madibaz Swim Meet 2024
34*	34.07 L S	F	Tyla Charles	13	VINE	CPT	21/09/2024	CTA INVITATIONAL LC MEET
34*	34.07 L	F	Taylor van Dyk	13	USC	BUF	22/11/2024	BCA Long Course Championships 2024
36	34.13 L	P	Leane Van der Merwe	13	UNI	EZD	29/11/2024	Mpumalanga Championships 2024
37*	34.26 L	F	Lulu Swanepoel	13	ASAC	CPT	02/11/2024	CTA A & B CHAMPS 2024
37*	34.26 L	F	Hayley De Haas	13	SEAL	UMD	25/01/2025	uShaka Champs 2025
39	34.27 L	P	Aimee van der Merwe	13	MDOL	JHB	29/11/2024	CGA Championships 2024
40*	34.31 L	P	Shellaine Pahl	13	DRGN	EKU	29/11/2024	CGA Championships 2024
40*	34.31 L	F	Caeli Ferreira	13	CRSC	JHB	22/01/2025	Crusaders Night Gala 2
42	34.39 L	P	Kaylee Naidoo	13	SEAL	UMD	02/07/2024	Prestige Tournament 2024
43	34.65 L	F	Jaimee Cronje	13	COMS	FSH	13/09/2024	NTS September Age Group 2024
44	34.77 L	P	Amber Gaddin	13	CRSC	JHB	29/11/2024	CGA Championships 2024
45	34.83 L	F	Arinda Vorster	13	BS	LLD	25/10/2024	Neptunes Gala
46	34.88 L	P	Anja De Villiers	13	TYGE	CPT	05/12/2024	Western Cape LC-A Championship 2024
47*	34.91 L	P	Mila Nienaber	13	QSAW	CED	05/12/2024	Western Cape LC-A Championship 2024
47*	34.91 L	F	Ansuné Van Vuuren	13	NWUC	KKD	07/12/2024	NWS Championships 2024
49	34.97 L	P	Edith Lindsay	13	FISH	EDD	05/12/2024	Western Cape LC-A Championship 2024
50	34.98 L	F	Mari Bruwer	13	LSTZN	CCD	02/11/2024	Limpopo LS - Top 8 skole 2024
51	34.99 L	F	Sofia Nixon	13	VINE	CPT	02/11/2024	CTA A & B CHAMPS 2024
52	35.03 L	P	Melokuhle Mhlongo	13	PSCP	UMD	02/07/2024	Prestige Tournament 2024
53	35.15 L	F	Zenicke Van Schalkwyk	13	DESA	NMA	16/11/2024	5th A League Gala 2024
54	35.17 L	P	Surayia Harris	13	CRSC	JHB	29/11/2024	CGA Championships 2024
55	35.18 L	F	Mary Maponyane	13	TCA	EKU	05/12/2024	EGA Summer Championships
56	35.19 L	F	Saheli Kalpage	13	RACE	JHB	29/11/2024	CGA Championships 2024
57	35.26 L	F	Demi Murray	13	USC	BUF	22/11/2024	BCA Long Course Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
58	35.35	L	P	Isabella Oswald	13	CRSC JHB	29/11/2024 CGA Championships 2024
59*	35.37	L	F	Olivia Botha	13	OHAN ILD	25/01/2025 uShaka Champs 2025
59*	35.37	L	F	Jessica Wood	13	TCA EKU	18/01/2025 EGA Summer 5
61	35.39	L	F	Kiana Kalpage	13	RACE JHB	29/11/2024 CGA Championships 2024
62	35.41	L	F	Lika Zietsman	13	BETH FDD	04/12/2024 Free State Champs 2024
63	35.42	L	F	Mia Pienaar	13	PGAC EKU	01/02/2025 EGA Last Chance Gala
64	35.48	L	F	Martinet Bezuidenhout	13	TUKS FSH	13/12/2024 NMBA Championships 2024
65*	35.49	L	P	Philippa Groves	13	SSISA CPT	05/12/2024 Western Cape LC-A Championship 2024
65*	35.49	L	F	Erin Weimann	13	BCA BUF	11/01/2025 EDEN INTER DISTRICT PRESTIGE
67	35.50	L	F	Kristen Roos	13	TRAZ FSH	13/09/2024 NTS September Age Group 2024
68	35.53	L	F	Elle Gasson	13	BLSS MAN	04/12/2024 Free State Champs 2024
69	35.67	L	F	Hannah Wright	13	CA EKU	05/12/2024 EGA Summer Championships
70*	35.86	L	F	Roxanne Barnard	13	BEAV ETH	25/01/2025 uShaka Champs 2025
70*	35.86	L S	F	Emma De Villiers	13	INFA NMA	17/01/2025 6th A League Gala 2025
72	36.00	L	F	Stacey Welsh	13	BEST NMA	31/01/2025 Infinity Gala 2025
73	36.04	L	F	Taylor Henderson	13	COMS FSH	13/09/2024 NTS September Age Group 2024
74	36.08	L	F	Hannah-Grace Havinga	13	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
75	36.12	L	P	Tayla Scheepers	13	AFIN JHB	29/11/2024 CGA Championships 2024
76	36.16	L	P	Mia Lourens	13	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
77*	36.23	L	F	Kiana Borstlap	13	POTC KKD	07/12/2024 NWS Championships 2024
77*	36.23	L	F	Donyelle Cupido	13	RSA	04/10/2024 Curro AquaElite Gala
79	36.29	L	P	Francesca Flack	13	TGA WCD	05/12/2024 Western Cape LC-A Championship 2024
80	36.31	L	F	Sasha Bailey	13	RACE JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
81	36.32	L	P	Daniella Tolmay	13	AFIN JHB	29/11/2024 CGA Championships 2024
82	36.33	L	F	Mia Putter	13	NWUC KKD	07/12/2024 NWS Championships 2024
83	36.38	L	F	Mikayla Rondel	13	CA EKU	01/02/2025 EGA Last Chance Gala
84	36.39	L	F	Talitha Vd Schyff	13	ELRAS WBD	29/11/2024 Limpopo Champs 2024
85	36.51	L	F	Amelia Oosthuizen	13	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
86	36.53	L	P	Amy Madeley	13	ANAX CPT	05/12/2024 Western Cape LC-A Championship 2024
87	36.57	L	F	Eirley Lottering	13	USC BUF	13/12/2024 NMBA Championships 2024
88	36.69	L S	F	Amalia van der Westhuizen	13	INFA NMA	17/01/2025 6th A League Gala 2025
89	36.76	L	F	Tyloh Aitken	13	WSTV ETH	02/07/2024 Prestige Tournament 2024
90	36.81	L	P	Chiniq Breet	13	CSA EZD	29/11/2024 Mpumalanga Championships 2024
91*	36.84	L	F	Anya Sonnekus	13	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
91*	36.84	L	F	Caitlin Matthasen	13	RFA FSH	01/02/2025 EGA Last Chance Gala
93	36.86	L	F	Hannah Van der Merwe	13	PSCP UMD	28/09/2024 KCDA Age Group 1 2024
94	36.88	L	P	Amaani Abrahams	13	MARL CPT	05/12/2024 Western Cape LC-A Championship 2024
95	37.02	L	F	Arabella Sadler	13	LEGC ETH	13/12/2024 NMBA Championships 2024
96	37.11	L	P	Frances Esterhuysen	13	KSTAR EDD	05/12/2024 Western Cape LC-A Championship 2024
97	37.12	L	F	Chloe Potgieter	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
98	37.16	L	F	Gabriela Govender	13	INFA NMA	14/09/2024 3rd A League Gala 2024
99	37.19	L	P	Hayley Hodnett	13	AFIN JHB	29/11/2024 CGA Championships 2024
100	37.26	L	F	Mia Strydom	13	INFA NMA	31/01/2025 Infinity Gala 2025
101	37.27	L	P	Eden Jacobs	13	PER JHB	29/11/2024 CGA Championships 2024
102	37.37	L	P	Nicole Uys	13	DRGN EKU	29/11/2024 CGA Championships 2024
103	37.38	L	P	Rebecca Botha	13	KNYA EDD	15/06/2024 PEA Winter Gala 2024
104	37.44	L	F	Isabella De Beer	13	QSAW CED	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
105	37.49	L	F	Moné De Kock	13	ELRAS WBD	29/11/2024 Limpopo Champs 2024
106	37.51	L	F	Madison Alton	13	RFA FSH	07/12/2024 NWS Championships 2024
107	37.54	L	F	Ami Van der Merwe	13	FSE KCD	26/10/2024 Froggies Aquatics Championships 2024
108	37.59	L	P	Seruby Van Tromp	13	JAQ EKU	05/12/2024 EGA Summer Championships
109	37.79	L	F	Morgan Maree	13	DRGN EKU	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
110	37.91	L	F	Danelle Carstens	13	PSA ZLD	25/01/2025 uShaka Champs 2025
111	38.01	L	F	Phoebe Oagile-Motso	13	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
112	38.05	L	F	Alicia Kock	13	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
113	38.11	L	P	Zoey Van Leeuwen	13	CRSC JHB	29/11/2024 CGA Championships 2024
114	38.12	L	P	Jani Barkhuysen	13	ASAC CPT	05/12/2024 Western Cape LC-A Championship 2024
115*	38.21	L	P	Isobelle Vlok	13	LINR JHB	29/11/2024 CGA Championships 2024
115*	38.21	L	F	Mikah Cillie	13	TUKS FSH	11/10/2024 NTS Level 1+2 October Age Group 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
117	38.28	L	F	Elrie Moolman	CR	VASA EKU	12/10/2024	EGA Summer 2
118	38.30	L	P	Gabriella Roelandt	13	AA JHB	29/11/2024	CGA Championships 2024
119	38.45	L	P	Nina Van Staden	13	KSC EZD	29/11/2024	Mpumalanga Championships 2024
120	38.46	L	P	Amelie Erasmus	13	SOUL EKU	05/12/2024	EGA Summer Championships
121	38.57	L	F	Jeannemi Pretorius	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
122	38.60	L	F	Nangamso Bodlani	13	STSC KCD	28/09/2024	KCDA Age Group 1 2024
123*	38.79	L	P	Annabelle Marsh	13	TINC FSH	29/11/2024	CGA Championships 2024
123*	38.79	L	F	Ava Kranenburg	13	VINE CPT	09/11/2024	Swartland Prestige Gala 2024
125	38.82	L	P	Jessica Van Wyk	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
126	38.83	L	F	Jany Norval	13	SS MPD	29/11/2024	Limpopo Champs 2024
127	38.84	L	F	Kaylee Van der Merwe	13	LAD UTD	02/11/2024	Uthukela District Age Group Gala
128	38.85	L	F	Maleleko Mushikita	13	SS MPD	29/11/2024	Limpopo Champs 2024
129	38.94	L S	F	Zoe Geddes	13	INFA NMA	17/01/2025	6th A League Gala 2025
130	39.00	L	F	Iane Joubert	13	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala
131	39.02	L	F	Jeanrie Lennox	13	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
132	39.14	L	F	Leah Stewart	13	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
133	39.20	L	F	Casey Lee Mccabe	13	DOLFI MPD	29/11/2024	Limpopo Champs 2024
134	39.21	L	P	Emily Oelofsen	13	TCA EKU	05/12/2024	EGA Summer Championships
135	39.40	L	F	Peyton Van Der Ross	13	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
136	39.42	L	P	Emma Love	13	MDOL JHB	29/11/2024	CGA Championships 2024
137	39.45	L	F	Trinity Kavanagh	13	TCA EKU	12/10/2024	EGA Summer 2
138	39.48	L	F	Isabella Van Rooyen	13	SEALE ETH	25/01/2025	uShaka Champs 2025
139	39.54	L	F	Janika Wessels	13	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
140	39.55	L	F	Elmiah Vd Merwe	13	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
141*	39.66	L	F	Kirstin Bouwer	13	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
141*	39.66	L	F	Esté Gersbach	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
143	39.77	L	P	Melan van der Spuy	13	BLOT MAN	04/12/2024	Free State Champs 2024
144	39.82	L	F	Abigail Slabber	13	SEAL UMD	14/06/2024	AQZ Winter Warmer 2024
145	39.83	L	F	Katelyn Ferns	13	LPTBO CCD	02/11/2024	Limpopo LS - Top 8 skole 2024
146	39.94	L	F	Daniela de Gouveia	13	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
147	40.02	L	F	Chloe' Oliphant	13	PAC FSH	13/09/2024	NTS September Age Group 2024
148	40.06	L	P	Oatile Oliphant	13	WATR JHB	29/11/2024	CGA Championships 2024
149	40.27	L	P	Swapnika Kasireddy	13	SASE JHB	29/11/2024	CGA Championships 2024
150	40.45	L	F	Ella Hodges	13	RSA	04/10/2024	Curro AquaElite Gala
151	40.55	L	F	Juané Labuschagne	13	SS MPD	29/11/2024	Limpopo Champs 2024
152	40.76	L	F	Alexia Montgomery	13	AQUA UTD	11/01/2025	Uthukela District Age Group Gala
153	40.77	L	P	Lucy Seymour	13	CRSC JHB	29/11/2024	CGA Championships 2024
154	40.78	L	P	Liat Fittinghoff	13	OLDE JHB	29/11/2024	CGA Championships 2024
155*	40.86	L	F	Katelyn Dutton	13	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
155*	40.86	L	F	Danicka Groenewald	13	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
157	40.89	L	P	Tinokudzaishe Shoniwa	13	MDOL JHB	29/11/2024	CGA Championships 2024
158	40.91	L	P	Emerson Woods	13	ESTR EKU	05/12/2024	EGA Summer Championships
159	41.03	L	F	Emma Groenewald	13	KTS	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
160	41.04	L	F	Mieke Haughton	13	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
161	41.15	L	P	Ashley Williams	13	BLNE MAN	04/12/2024	Free State Champs 2024
162	41.20	L	F	Belen Neethling	13	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
163	41.22	L	P	Rachele Goosen	13	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
164	41.27	L	F	Lindsay Balmer	13	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
165	41.29	L	F	Ontshiametse Makatiers	13	RBOT BPD	07/12/2024	NWS Championships 2024
166	41.34	L	P	Zaila Forsdyke de Almeida	13	RACE JHB	29/11/2024	CGA Championships 2024
167	41.36	L	P	Charlotte Costa	13	MDOL JHB	29/11/2024	CGA Championships 2024
168	41.50	L	P	Danica Carey	13	CA EKU	05/12/2024	EGA Summer Championships
169	41.60	L	P	Zeina Bhamjee	13	ATLA JHB	29/11/2024	CGA Championships 2024
170	41.70	L	F	Lene Bester	13	MATL KKD	07/12/2024	NWS Championships 2024
171*	41.77	L	F	Angelina Fernandes	13	WSS LLD	25/10/2024	Neptunes Gala
171*	41.77	L	F	Ilane' Smit	13	BULS MAN	06/09/2024	Bull Sharks Annual Gala
173	41.85	L	P	Courtney Biggs	13	SASE JHB	29/11/2024	CGA Championships 2024
174	41.88	L	F	Danieka Botha	13	HARL BUF	22/11/2024	BCA Long Course Championships 2024
175	41.94	L	P	Marine Wilken	13	VALS FDD	04/12/2024	Free State Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
176	41.95	L	P	Maya Johnstone	13	AFIN JHB	29/11/2024 CGA Championships 2024
177	42.23	L	F	Mikayla Twali	13	RFA TSH	13/09/2024 NTS September Age Group 2024
178	42.28	L	F	Lune Coetsee	13	LAD UTD	02/11/2024 Uthukela District Age Group Gala
179	42.30	L	F	Amelia Minnaar	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
180	42.37	L	F	Mieke Botha	13	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
181	42.38	L	F	Kaiyann Bricknell	13	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
182*	42.41	L	P	Bokang Seleke	13	AFIN JHB	29/11/2024 CGA Championships 2024
182*	42.41	L	F	Zuwena Khamanga	13	LEGC ETH	25/01/2025 uShaka Champs 2025
184	42.56	L	F	Mia Bogacz	13	CUHE QBD	09/11/2024 Swartland Prestige Gala 2024
185	42.61	L	F	Emihle James	13	RBOT BPD	07/12/2024 NWS Championships 2024
186	42.67	L	F	Janneke Scheepers	13	SGUL ETH	13/12/2024 NMBA Championships 2024
187	42.71	L	F	Sunechka Roodt	13	MATL KKD	07/12/2024 NWS Championships 2024
188	42.78	L	F	Addisyn Moloney	13	AWSC JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
189	42.81	L	F	Nomathemba Makhasane	13	MATL KKD	09/11/2024 NWS Age Group 1 & 2 2024
190	42.85	L	F	Isabella Cownie	13	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
191	42.99	L	F	Leah Gerischer	13	STAQ CED	09/11/2024 Winelands SL4
192	43.00	L	F	Riley Pieterse	13	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
193	43.13	L	F	Liv Van den Heever	13	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
194	43.19	L	P	Cornelea Breedt	13	ESP EKU	05/12/2024 EGA Summer Championships
195	43.30	L	F	Elnye Potgieter	13	RFA TSH	07/12/2024 NWS Championships 2024
196	43.42	L	F	Morgan Coskey	13	SGUL ETH	13/12/2024 NMBA Championships 2024
197	43.47	L	P	Anesuishe Jojozi	13	PELIC MAN	04/12/2024 Free State Champs 2024
198	43.61	L	F	Bontle Dube	13	ESP EKU	01/02/2025 EGA Last Chance Gala
199	43.65	L	F	Julie Marais	13	LSWBA WB	01/02/2025 Limpopo School Champs & Limpopo AG
200	43.80	L	F	Kaira Nel	13	WSS LLD	15/11/2024 Valsrivier Gala 2024
201*	43.84	L	P	Kiara Naidoo	13	MAKO EKU	05/12/2024 EGA Summer Championships
201*	43.84	L	P	Ngoko Seke	13	MDOL JHB	29/11/2024 CGA Championships 2024
203	43.98	L	F	Xandri Hattingh	13	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
204	44.18	L	F	Jemah Van der Westhuizen	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
205	44.47	L S	F	Paula Theron	13	CASC CPT	21/09/2024 CTA INVITATIONAL LC MEET
206	44.48	L	F	Nala Hlapho	13	RBOT BPD	07/12/2024 NWS Championships 2024
207	44.71	L	F	Anè Joubert	13	BLOT MAN	01/02/2025 Heidedal & Sentraal Galal
208	44.89	L	F	Miane Muller	13	CA EKU	18/01/2025 EGA Summer 5
209	44.96	L	P	Zoe Bayisayi	13	TCA EKU	05/12/2024 EGA Summer Championships
210	45.00	L	F	Tatum Venter	13	WSS LLD	27/09/2024 Seals Gala 2
211	45.10	L	F	Amelia Kyprou	13	ESP EKU	12/10/2024 EGA Summer 2
212	45.12	L	F	Mia Venter	13	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
213	45.13	L	F	Lisa Ferreira	13	BULS MAN	25/10/2024 Neptunes Gala
214	45.18	L	P	Isabella Ryan	13	ESTR EKU	05/12/2024 EGA Summer Championships
215	45.49	L	P	Layla Bettencourt	13	CA EKU	05/12/2024 EGA Summer Championships
216	45.63	L	P	Nikita Radley	13	NSAD EZD	29/11/2024 Mpumalanga Championships 2024
217	45.72	L	F	Lara Louw	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
218	45.80	L	P	Nokukhanya Maseko	13	MAKO EKU	05/12/2024 EGA Summer Championships
219	45.87	L	F	Erin Hilliar	13	UNIU EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
220	46.18	L	F	Inge Borman	13	BULS MAN	25/10/2024 Neptunes Gala
221	46.21	L	P	Chizara Nsibanyoni-Anyiam	13	WATR JHB	29/11/2024 CGA Championships 2024
222	46.42	L	F	Erin Arnoldus	13	RSA	04/10/2024 Curro AquaElite Gala
223	46.81	L	F	Emily Ackerman	13	QUES JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
224	47.02	L	F	Leah Hopper	13	KNYA EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
225	47.08	L	P	Abigail Naicker	13	ACSA ETH	02/07/2024 Prestige Tournament 2024
226	47.54	L	F	Ellene' Van Zyl	13	BLNE MAN	09/11/2024 Bull Sharks Gala
227	47.71	L	F	Terina Retief	13	BLNE MAN	19/10/2024 Pelicans Gala 2
228	47.84	L	F	Ofentse Mothopeng	13	MDOL JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
229	48.08	L	F	Mjanyelwa Mtshweni	13	CA EKU	12/10/2024 EGA Summer 2
230	48.09	L	F	Laaiqah Abrahams	13	INFA NMA	31/01/2025 Infinity Gala 2025
231	48.54	L	F	Jemma Van Der Merwe	13	ELEC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
232	48.56	L	F	Beah-Zita Cerone	13	HAAG UTD	02/11/2024 Uthukela District Age Group Gala
233	48.61	L	F	Luna Copteros	13	PEAS NMA	13/12/2024 NMBA Championships 2024
234*	48.63	L	P	Aila van Biljon	13	BLOT MAN	04/12/2024 Free State Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
234*	48.63	L	F	Ava Koortzen	13	LINR	JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
236	48.66	L	P	Paballo Mabote	13	MAKO	EKU	05/12/2024	EGA Summer Championships
237	48.85	L	F	Peyton Russell	13	PGAC	EKU	12/10/2024	EGA Summer 2
238	48.90	L	F	Lea Grobler	13	AQUA	UTD	11/01/2025	Uthukela District Age Group Gala
239	48.95	L	F	Michelle De Beer	13	TASC	MPD	29/11/2024	Limpopo Champs 2024
240	49.21	L	F	Mieke Pretorius	13	STELL	RMD	23/11/2024	NWS Age Group 3 + 4 2024
241	49.29	L	F	Sumayya Dangor	13	ATLA	JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
242	49.45	L	F	Lianie Pietersen	13	LSKP	WB	02/11/2024	Limpopo LS - Top 8 skole 2024
243	49.51	L	F	Kayla De Lange	13	LSTZN	CCD	01/02/2025	Limpopo School Champs & Limpopo AG
244	49.71	L	P	Zisuliwe Zikhali	13	MAKO	EKU	05/12/2024	EGA Summer Championships
245	49.84	L	F	Kendra Samuels	13	GREY	CPT	02/11/2024	CTA A & B CHAMPS 2024
246	49.91	L	P	Ciara Kroef	13	FAC	EKU	05/12/2024	EGA Summer Championships
247	50.07	L	F	Amée Mc Laughlin	13	RFA	FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
248	50.10	L	F	Klara Nel	13	HMER	MP	01/02/2025	Limpopo School Champs & Limpopo AG
249	51.01	L	F	Orefile Ramphela	13	MATL	KKD	23/11/2024	NWS Age Group 3 + 4 2024
250	51.97	L	F	Naledi Mohapi	13	ESTR	EKU	12/10/2024	EGA Summer 2
251	52.23	L	P	Sithabile Mdlalose	13	JAQ	EKU	05/12/2024	EGA Summer Championships
252	52.48	L	P	Landri Du Toit	13	BULS	MAN	04/12/2024	Free State Champs 2024
253	53.11	L	F	Kate Tager	13	CUHE	QBD	09/11/2024	Swartland Prestige Gala 2024
254	53.80	L	F	Reabetswe Mokwele	13	POLSC	CCD	29/11/2024	Limpopo Champs 2024
255	54.08	L	F	Danielle Du Plessis	13	SWAR	WCD	09/11/2024	Swartland Prestige Gala 2024
256	54.15	L	P	Ayamaah Zwane	13	WSTV	ETH	02/07/2024	Prestige Tournament 2024
257	54.26	L	F	Miahlee Flink	13	KHAY	CPT	17/10/2024	43rd Freda Barnard Invitational Gala
258	54.49	L	P	Oratilwe Ngubeni	13	JAQ	EKU	05/12/2024	EGA Summer Championships
259	54.81	L	F	Angelique Benn	13	MAKO	EKU	18/01/2025	EGA Summer 5
260	55.07	L	P	Lunè Botes	13	BS	LLD	04/12/2024	Free State Champs 2024
261*	55.21	L	F	Annabel Chinakidzwa	13	RBOT	BPD	23/11/2024	NWS Age Group 3 + 4 2024
261*	55.21	L	F	Zande Bata	13	BCA	BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE
263	56.62	L	F	Chloë Snyman	13	HBV	MP	01/02/2025	Limpopo School Champs & Limpopo AG
264	56.73	L	P	Amahle Mazula	13	MAKO	EKU	05/12/2024	EGA Summer Championships
265	57.39	L	F	Paige Halse	13	AQUA	BUF	15/06/2024	PEA Winter Gala 2024
266	58.45	L	F	Mienke Byliefeldt	13	RBUR	BPD	09/11/2024	NWS Age Group 1 & 2 2024
267	58.92	L	F	Mienka Loubser	13	QSAW	CED	09/11/2024	Swartland Prestige Gala 2024
268	59.86	L	F	Nolwazi Malaza	13	CSC	FSH	13/09/2024	NTS September Age Group 2024
Women 13-13 100 Fly									
1	1:07.28	L	F	Morgan Gous	13	INFA	NMA	13/12/2024	NMBA Championships 2024
2	1:09.06	L	F	Irma Kotzé	13	NWS		25/01/2025	4+1 INTERPROVINCIAL GALA 2025
3	1:09.28	L	F	Sophie Barrow	13	MDOL	JHB	10/01/2025	2024 Grand Prix Invitation Swimming
4	1:09.52	L	F	Thandi Bosman	13	BCA	BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE
5	1:09.93	L	F	Gemma Spies	13	INFA	NMA	10/01/2025	2024 Grand Prix Invitation Swimming
6	1:10.70	L S	F	Leandi Prinsloo	13	BS	LLD	04/12/2024	Free State Champs 2024
7	1:11.46	L S	F	Angelica Tsai-Riebs	13	CYBE	CPT	05/12/2024	Western Cape LC-A Championship 2024
8	1:11.51	L S	F	Ava Lorenzen	13	BLMA	CPT	05/12/2024	Western Cape LC-A Championship 2024
9	1:13.26	L S	F	Lulu Swanepoel	13	ASAC	CPT	05/12/2024	Western Cape LC-A Championship 2024
10	1:13.79	L	F	Lauren Walker	13	WATR	JHB	29/11/2024	CGA Championships 2024
11	1:14.07	L	F	Kiersten Hillen	CR	VASA	EKU	05/12/2024	EGA Summer Championships
12	1:14.44	L S	P	Rebecca Nilsson	13	TYGE	CPT	05/12/2024	Western Cape LC-A Championship 2024
13	1:14.75	L	F	Mila Strydom	13	GHSK		19/10/2024	NCASA AGE GROUP 1 KBY 2024
14	1:15.86	L	F	Jothany Ngnotchouye	13	SEAL	UMD	02/07/2024	Prestige Tournament 2024
15	1:16.36	L	F	Keira Swanepoel	13	KLOO	ETH	02/07/2024	Prestige Tournament 2024
16	1:16.87	L	F	Ellen Faul	13	QSAW	CED	09/11/2024	Swartland Prestige Gala 2024
17	1:17.95	L S	F	Nina Steyn	13	BLSS	MAN	04/12/2024	Free State Champs 2024
18	1:18.10	L	F	Olivia Stroebel	13	HPS	FSH	13/09/2024	NTS September Age Group 2024
19	1:18.40	L	F	Leane Van der Merwe	13	UNI	EZD	29/11/2024	Mpumalanga Championships 2024
20	1:18.54	L	F	Mackenzie Abrams	13	USC	BUF	13/07/2024	1st A League Gala 2024
21	1:18.67	L	F	Abigail Weber	13	DRGN	EKU	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
22	1:20.13	L	P	Leah de Jager	13	CRSC	JHB	29/11/2024	CGA Championships 2024
23	1:20.15	L	F	Kaylee Naidoo	13	SEAL	UMD	02/07/2024	Prestige Tournament 2024
24	1:20.23	L S	P	Zoi Dimatellis	13	FISH	EDD	05/12/2024	Western Cape LC-A Championship 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
25	1:20.84	L	F	Ansuné Van Vuuren	13	NWUC KKD	23/11/2024 NWS Age Group 3 + 4 2024
26	1:20.96	L	F	Jaimee Cronje	13	COMS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
27	1:21.16	L	F	Mary Maponyane	13	TCA EKU	05/12/2024 EGA Summer Championships
28	1:21.35	L	F	Alice Esterhuysen	13	EDA ED	11/01/2025 EDEN INTER DISTRICT PRESTIGE
29	1:22.16	L S	P	Nicola Hawley	13	PLAY CED	05/12/2024 Western Cape LC-A Championship 2024
30	1:22.31	L	F	Aimee van der Merwe	13	MDOL JHB	29/11/2024 CGA Championships 2024
31	1:22.38	L	F	Rylie Crous	13	BLMA CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
32	1:23.51	L	P	Hannah Wright	13	CA EKU	05/12/2024 EGA Summer Championships
33	1:23.52	L	F	Jessica Wood	13	TCA EKU	05/12/2024 EGA Summer Championships
34	1:24.15	L	F	Shellaine Pahl	13	DRGN EKU	29/11/2024 CGA Championships 2024
35	1:24.50	L	F	Isabella Oswald	13	CRSC JHB	29/11/2024 CGA Championships 2024
36	1:25.15	L S	P	Amy Madeley	13	ANAX CPT	05/12/2024 Western Cape LC-A Championship 2024
37	1:25.46	L S	P	Amaani Abrahams	13	MARL CPT	05/12/2024 Western Cape LC-A Championship 2024
38	1:25.61	L	F	Mia Putter	13	NWUC KKD	09/11/2024 NWS Age Group 1 & 2 2024
39	1:25.74	L	F	Donyelle Cupido	13	RSA	04/10/2024 Curro AquaElite Gala
40	1:26.84	L S	P	Mila Nienaber	13	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
41	1:26.91	L	F	Anya Sonnekus	13	TYGE CPT	15/06/2024 PEA Winter Gala 2024
42	1:27.49	L	F	Zoe Geddes	13	INFA NMA	31/01/2025 Infinity Gala 2025
43	1:27.53	L	F	Amalia van der Westhuizen	13	INFA NMA	13/12/2024 NMBA Championships 2024
44	1:27.71	L	P	Elrie Moolman	CR	VASA EKU	05/12/2024 EGA Summer Championships
45	1:27.90	L S	F	Stacey Welsh	13	BEST NMA	17/01/2025 6th A League Gala 2025
46	1:27.92	L	F	Roxanne Barnard	13	BEAV ETH	25/01/2025 uShaka Champs 2025
47	1:28.46	L S	F	Mia Strydom	13	INFA NMA	17/01/2025 6th A League Gala 2025
48	1:29.56	L	F	Mbalenhle Jared	13	ELEC TSH	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
49	1:29.98	L	F	Mari Bruwer	13	SS MPD	29/11/2024 Limpopo Champs 2024
50	1:30.78	L	F	Lika Zietsman	13	BETH FDD	31/08/2024 Seals Gala
51	1:30.83	L	F	Ami Van der Merwe	13	FSE KCD	07/12/2024 Stingrays Champs 2024
52	1:31.33	L	F	Gabriela Govender	13	INFA NMA	15/06/2024 PEA Winter Gala 2024
53	1:31.51	L	F	Leah Stewart	13	TASC MPD	29/11/2024 Limpopo Champs 2024
54	1:31.54	L	F	Nangamso Bodlani	13	STSC KCD	07/12/2024 Stingrays Champs 2024
55	1:32.33	L	F	Demi Murray	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
56	1:32.94	L	F	Madison Alton	13	RFA TSH	01/02/2025 EGA Last Chance Gala
57	1:33.07	L S	F	Ontshiametse Makatiers	13	RBOT BPD	07/12/2024 NWS Championships 2024
58	1:33.18	L	F	Annabelle Marsh	13	TINC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
59	1:33.91	L	F	Moné De Kock	13	ELRAS WBD	29/11/2024 Limpopo Champs 2024
60	1:34.28	L S	F	Esté Gersbach	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
61	1:34.29	L	F	Gabriella Roelandt	13	AA JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
62	1:34.68	L	P	Kiana Kalpage	13	RACE JHB	29/11/2024 CGA Championships 2024
63*	1:34.96	L	F	Maleleko Mushikita	13	SS MPD	29/11/2024 Limpopo Champs 2024
63*	1:34.96	L	P	Daniella Tolmay	13	AFIN JHB	29/11/2024 CGA Championships 2024
65	1:35.08	L	F	Liandi Joubert	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
66	1:35.38	L	P	Sasha Bailey	13	RACE JHB	29/11/2024 CGA Championships 2024
67	1:35.52	L	F	Eirley Lottering	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
68	1:35.56	L	F	Emma Groenewald	13	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
69	1:35.81	L	F	Kaylee Van der Merwe	13	LAD UTD	07/12/2024 Uthukela District Age Group Gala
70	1:35.82	L S	F	Arinda Vorster	13	BS LLD	04/12/2024 Free State Champs 2024
71	1:36.90	L	F	Janika Wessels	13	BLOT MAN	13/09/2024 Pelicans Age Group Gala
72	1:37.40	L	F	Morgan Coskey	13	SGUL ETH	13/12/2024 NMBA Championships 2024
73	1:37.67	L	F	Hayleigh Sutherland	13	AWIN TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
74	1:37.75	L	P	Emerson Woods	13	ESTR EKU	05/12/2024 EGA Summer Championships
75	1:39.25	L	P	Cornelea Breedt	13	ESP EKU	05/12/2024 EGA Summer Championships
76	1:39.59	L	P	Annabelle Gwilt	13	SASE JHB	29/11/2024 CGA Championships 2024
77	1:39.77	L	F	Danelle Carstens	13	PSA ZLD	25/01/2025 uShaka Champs 2025
78	1:41.10	L	F	Ashley Williams	13	BLNE MAN	31/08/2024 Seals Gala
79	1:41.77	L	P	Janneke Scheepers	13	SGUL ETH	02/07/2024 Prestige Tournament 2024
80	1:42.98	L	P	Tinokudzaishe Shoniwa	13	MDOL JHB	29/11/2024 CGA Championships 2024
81	1:43.39	L	F	Ava Pretorius	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
82	1:44.82	L S	F	Lara Louw	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
83	1:45.16	L	F	Marine Wilken	13	VALS FDD	09/11/2024 Bull Sharks Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
84	1:45.17 L	F	Terina Retief	13	BLNE MAN	11/10/2024	Otters Prestige Gala 2024	
85	1:45.71 L	F	Lindsay Balmer	13	BLOT MAN	11/10/2024	Otters Prestige Gala 2024	
86	1:45.73 L	F	Amelia Minnaar	13	USC BUF	22/11/2024	BCA Long Course Championships 2024	
87	1:45.89 L	F	Michelle De Beer	13	TASC MPD	29/11/2024	Limpopo Champs 2024	
88	1:46.53 L	F	Katelyn Dutton	13	RSA	04/10/2024	Curro AquaElite Gala	
89	1:47.51 L S	F	Emihle James	13	RBOT BPD	07/12/2024	NWS Championships 2024	
90	1:47.82 L	F	Bhakti Vassan	13	USC BUF	22/11/2024	BCA Long Course Championships 2024	
91	1:48.60 L	F	Addisyn Moloney	13	AWSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan	
92	1:49.77 L S	F	Anesuishe Jojozi	13	PELIC MAN	04/12/2024	Free State Champs 2024	
93	1:50.28 L	P	Nokukhanya Maseko	13	MAKO EKU	05/12/2024	EGA Summer Championships	
94	1:50.82 L	P	Kiara Naidoo	13	MAKO EKU	05/12/2024	EGA Summer Championships	
95	1:51.97 L	F	Julie Marais	13	LSWBA WB	01/02/2025	Limpopo School Champs & Limpopo AG	
96	1:52.12 L S	F	Lene Bester	13	MATL KKD	07/12/2024	NWS Championships 2024	
97	1:52.39 L	P	Isabella Ryan	13	ESTR EKU	05/12/2024	EGA Summer Championships	
98	1:52.45 L	F	Nomathemba Makhasane	13	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024	
99	1:53.85 L S	F	Lisa Ferreira	13	BULS MAN	04/12/2024	Free State Champs 2024	
100	1:54.24 L	F	Tlotliso Rakubutu	13	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024	
101	1:56.98 L	F	Bontle Dube	13	ESP EKU	01/02/2025	EGA Last Chance Gala	
102	1:59.72 L	F	Orefile Ramphele	13	MATL KKD	23/11/2024	NWS Age Group 3 + 4 2024	
103	2:04.10 L	F	Amelia Kyprou	13	ESP EKU	01/02/2025	EGA Last Chance Gala	
104	2:04.30 L	P	Paballo Mabote	13	MAKO EKU	05/12/2024	EGA Summer Championships	
105	2:23.29 L	F	Zisuliwe Zikhali	13	MAKO EKU	15/11/2024	Summer 4 Delville	
Women 13-13 200 Fly								
1	2:27.29 L	F	Morgan Gous	13	INFA NMA	31/01/2025	Infinity Gala 2025	
2	2:34.63 L	F	Angelica Tsai-Rieb	13	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024	
3	2:38.40 L	F	Ava Lorenzen	13	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024	
4	2:47.87 L	F	Lulu Swanepoel	13	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024	
5	2:53.28 L	F	Leandi Prinsloo	13	BS LLD	04/12/2024	Free State Champs 2024	
6	2:53.85 L	F	Rebecca Nilsson	13	TYGE CPT	15/06/2024	PEA Winter Gala 2024	
7	3:00.10 L	F	Nina Steyn	13	BLSS MAN	04/12/2024	Free State Champs 2024	
8	3:05.86 L	F	Alice Esterhuyse	13	KSTAR EDD	17/10/2024	43rd Freda Barnard Invitational Gala	
9	3:34.18 L	F	Isabella Oswald	13	CRSC JHB	29/11/2024	CGA Championships 2024	
10	3:34.59 L	F	Annabelle Marsh	13	TINC TSH	13/09/2024	NTS September Age Group 2024	
Women 13-13 200 IM								
1	2:29.77 L	F	Morgan Gous	13	INFA NMA	13/12/2024	NMBA Championships 2024	
2	2:33.60 L	F	Ava Lorenzen	13	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024	
3	2:35.57 L	F	Leandi Prinsloo	13	BS LLD	04/12/2024	Free State Champs 2024	
4	2:38.40 L	F	Thandi Bosman	13	BCA BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE	
5	2:38.83 L	P	Sophie Smith	13	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024	
6	2:40.00 L	F	Caeli Ferreira	13	CRSC JHB	22/01/2025	Crusaders Night Gala 2	
7	2:40.38 L	F	Gemma Spies	13	INFA NMA	10/01/2025	2024 Grand Prix Invitation Swimming	
8	2:40.47 L	F	Irma Kotzé	13	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
9	2:41.44 L	F	Hannah-Grace Havinga	13	TUKS TSH	13/12/2024	NMBA Championships 2024	
10	2:42.17 L	F	Keira Swanepoel	13	KLOO ETH	15/01/2025	uShaka Champs 2025	
11	2:43.34 L	F	Morgan Tandy	13	CA EKU	10/01/2025	2024 Grand Prix Invitation Swimming	
12	2:44.06 L	F	Kiersten Hillen	CR	VASA EKU	05/12/2024	EGA Summer Championships	
13	2:44.75 L	F	Amelia Oosthuizen	13	TUKS TSH	13/12/2024	NMBA Championships 2024	
14	2:46.48 L	F	Zoe Morgado	13	CSA EZD	29/11/2024	Mpumalanga Championships 2024	
15	2:46.86 L S	F	Anja De Villiers	13	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET	
16	2:46.91 L	F	Mbalenhle Jared	13	ELEC TSH	05/12/2024	EGA Summer Championships	
17	2:47.28 L	F	Saskya Kistnasami	13	ASA ILD	25/01/2025	uShaka Champs 2025	
18	2:47.29 L	F	Ansuné Van Vuuren	13	NWUC KKD	07/12/2024	NWS Championships 2024	
19	2:48.13 L	F	Deune' Du Plessis	13	BLSS MAN	04/12/2024	Free State Champs 2024	
20	2:48.23 L	P	Rebecca Nilsson	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024	
21	2:48.38 L	F	Lulu Swanepoel	13	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024	
22	2:49.56 L	F	Zoi Dimatellis	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024	
23	2:50.16 L	F	Kiana Borstlap	13	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024	
24	2:50.37 L	F	Ella Bunge	13	BLUO UGD	07/12/2024	Stingrays Champs 2024	

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
25	2:50.50	L	F	Amber Gaddin	13	CRSC JHB	20/11/2024	Crusaders Night Gala 1
26	2:50.64	L	F	Mackenzie Abrams	13	USC BUF	13/07/2024	1st A League Gala 2024
27	2:50.82	L S	F	Rylie Crous	13	BLMA CPT	21/09/2024	CTA INVITATIONAL LC MEET
28	2:50.86	L	F	Jothany Ngnotchouye	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
29	2:51.03	L	P	Lauren Walker	13	WATR JHB	29/11/2024	CGA Championships 2024
30	2:51.49	L	F	Alice Esterhuysen	13	KSTAR EDD	05/12/2024	Western Cape LC-A Championship 2024
31	2:51.83	L	F	Mary Maponyane	13	TCA EKU	05/12/2024	EGA Summer Championships
32	2:51.87	L	F	Zenicke Van Schalkwyk	13	DESA NMA	13/12/2024	NMBA Championships 2024
33	2:51.97	L	F	Stacey Welsh	13	BEST NMA	13/12/2024	NMBA Championships 2024
34	2:52.62	L	P	Leah de Jager	13	CRSC JHB	29/11/2024	CGA Championships 2024
35	2:52.89	L	P	Romy Smith	13	MDOL JHB	29/11/2024	CGA Championships 2024
36	2:52.98	L	F	Erin Weimann	13	BCA BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE
37	2:53.17	L	P	Sophie Barrow	13	MDOL JHB	29/11/2024	CGA Championships 2024
38	2:53.90	L	P	Anya Sonnekus	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
39	2:53.97	L	F	Martinet Bezuidenhout	13	TUKS TSH	13/12/2024	NMBA Championships 2024
40	2:54.03	L	F	Mari Bruwer	13	LSTZN CCD	02/11/2024	Limpopo LS - Top 8 skole 2024
41	2:54.23	L	F	Demi Murray	13	USC BUF	22/11/2024	BCA Long Course Championships 2024
42	2:54.32	L	P	Elrie Moolman	CR	VASA EKU	05/12/2024	EGA Summer Championships
43	2:54.62	L	F	Talitha Vd Schyff	13	ELRAS WBD	29/11/2024	Limpopo Champs 2024
44	2:54.76	L	F	Aimee van der Merwe	13	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
45	2:54.81	L	P	Isobelle Vlok	13	LINR JHB	29/11/2024	CGA Championships 2024
46	2:54.89	L	F	Anelle Ward	13	TUKS TSH	13/09/2024	NTS September Age Group 2024
47	2:54.93	L	F	Daniella McLean	13	PEAS NMA	13/12/2024	NMBA Championships 2024
48	2:55.02	L	F	Mia Pienaar	13	PGAC EKU	18/01/2025	EGA Summer 5
49	2:55.13	L	F	Leane Van der Merwe	13	UNI EZD	29/11/2024	Mpumalanga Championships 2024
50	2:55.23	L	F	Emily Geldart	13	INFA NMA	15/06/2024	PEA Winter Gala 2024
51	2:55.57	L	P	Isabella Oswald	13	CRSC JHB	29/11/2024	CGA Championships 2024
52	2:55.73	L	F	Kaylee Naidoo	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
53	2:55.81	L	F	Jenna Van Eeden	13	EXP TSH	18/10/2024	NTS Level 3+ October Age Group 2024
54	2:55.95	L	F	Nina Steyn	13	BLSS MAN	04/12/2024	Free State Champs 2024
55	2:55.96	L	P	Isabella Brooker	13	AACTA CPT	05/12/2024	Western Cape LC-A Championship 2024
56	2:56.29	L	F	Melan van der Spuy	13	BLOT MAN	04/12/2024	Free State Champs 2024
57	2:56.53	L	P	Mila Nienaber	13	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
58*	2:56.86	L	P	Isabella Mare	13	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
58*	2:56.86	L	F	Arabella Sadler	13	LEGC ETH	13/12/2024	NMBA Championships 2024
60	2:57.27	L	F	Mila Strydom	13	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
61	2:57.33	L	F	Hannah Wright	13	CA EKU	05/12/2024	EGA Summer Championships
62	2:57.49	L	F	Jessica Wood	13	TCA EKU	05/12/2024	EGA Summer Championships
63	2:57.91	L	P	Francesca Flack	13	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024
64	2:58.22	L	P	Chloe Potgieter	13	SEAL UMD	02/07/2024	Prestige Tournament 2024
65	2:58.26	L	P	Storm Bircher	13	CUHE OBD	05/12/2024	Western Cape LC-A Championship 2024
66	2:58.37	L	F	Tyla Charles	13	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
67	2:58.51	L	P	Miané Cronjé	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
68	3:00.35	L	F	Emma De Villiers	13	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
69	3:00.38	L	F	Ami Van der Merwe	13	FSE KCD	25/01/2025	uShaka Champs 2025
70	3:00.80	L	F	Elara Köpplinger	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
71	3:00.82	L	F	Amaani Abrahams	13	MARL CPT	02/11/2024	CTA A & B CHAMPS 2024
72	3:00.87	L	P	Rebecca Botha	13	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024
73	3:00.93	L	P	Seruby Van Tromp	13	JAQ EKU	05/12/2024	EGA Summer Championships
74	3:00.95	L	F	Donyelle Cupido	13	BLNE MAN	11/10/2024	Otters Prestige Gala 2024
75	3:01.20	L	F	Tyloh Aitken	13	WSTV ETH	02/07/2024	Prestige Tournament 2024
76	3:01.29	L	F	Ellen Faul	13	QSAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
77	3:01.57	L	F	Mia Strydom	13	INFA NMA	31/01/2025	Infinity Gala 2025
78	3:01.61	L	P	Edith Lindsay	13	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
79	3:02.21	L	P	Philippa Groves	13	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024
80	3:02.54	L	P	Nicole Uys	13	DRGN EKU	29/11/2024	CGA Championships 2024
81	3:02.96	L	P	Amy Madeley	13	ANAX CPT	05/12/2024	Western Cape LC-A Championship 2024
82	3:03.14	L	F	Caitlin Matthesen	13	RFA TSH	01/02/2025	EGA Last Chance Gala
83	3:03.18	L	P	Surayia Harris	13	CRSC JHB	29/11/2024	CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
84	3:03.27	L	F	Hayley Hodnett	13	AFIN JHB	29/11/2024 CGA Championships 2024
85	3:03.48	L	F	Mikayla Rondel	13	CA EKU	10/01/2025 2024 Grand Prix Invitation Swimming
86	3:03.53	L	P	Isabella De Beer	13	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
87	3:03.59	L	P	Abigail Weber	13	DRGN EKU	29/11/2024 CGA Championships 2024
88*	3:03.63	L	P	Mia Lourens	13	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
88*	3:03.63	L	F	Gabriella Roelandt	13	AA JHB	22/01/2025 Crusaders Night Gala 2
90	3:03.66	L	F	Elle Gasson	13	BLSS MAN	04/12/2024 Free State Champs 2024
91	3:03.72	L	F	Abigail Slabber	13	SEAL UMD	25/01/2025 uShaka Champs 2025
92	3:03.83	L	F	Olivia Botha	13	OHAN ILD	25/01/2025 uShaka Champs 2025
93	3:04.24	L	P	Frances Esterhuysen	13	KSTAR EDD	05/12/2024 Western Cape LC-A Championship 2024
94	3:04.62	L	F	Emma Groenewald	13	KTS	05/10/2024 FLAMINGO GALA OCT 2024
95	3:05.20	L	F	Jeannemi Pretorius	13	TUKS TSH	13/09/2024 NTS September Age Group 2024
96	3:05.29	L	F	Leah Stewart	13	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
97	3:05.87	L	F	Mia Putter	13	NWUC KKD	07/12/2024 NWS Championships 2024
98	3:06.67	L	F	Madison Alton	13	RFA TSH	18/10/2024 NTS Level 3+ October Age Group 2024
99	3:06.94	L	F	Nicola Hawley	13	PLAY CED	17/10/2024 43rd Freda Barnard Invitational Gala
100	3:07.03	L	F	Katelyn Dutton	13	RSA	04/10/2024 Curro AquaElite Gala
101	3:07.08	L	F	Liandi Joubert	13	USC BUF	13/12/2024 NMBA Championships 2024
102	3:07.22	L	F	Lika Zietsman	13	BETH FDD	27/09/2024 Seals Gala 2
103	3:07.33	L	F	Eirley Lottering	13	USC BUF	13/12/2024 NMBA Championships 2024
104*	3:07.55	L	F	Janika Wessels	13	BLOT MAN	06/09/2024 Bull Sharks Annual Gala
104*	3:07.55	L	F	Carolina Eybers	13	VHD ZLD	07/12/2024 Stingrays Champs 2024
106	3:07.56	L	F	Amalia van der Westhuizen	13	INFA NMA	13/12/2024 NMBA Championships 2024
107	3:07.91	L	F	Gabriela Govender	13	INFA NMA	14/09/2024 3rd A League Gala 2024
108	3:08.25	L	P	Oatile Oliphant	13	WATR JHB	29/11/2024 CGA Championships 2024
109	3:08.35	L	F	Leonie Wink	13	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
110	3:08.44	L	P	Sasha Bailey	13	RACE JHB	29/11/2024 CGA Championships 2024
111	3:08.57	L	F	Ashleigh de Jager	13	BLOT MAN	31/08/2024 Seals Gala
112	3:09.27	L	F	Elmiah Vd Merwe	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
113	3:09.43	L	F	Iane Joubert	13	ROA EDD	17/10/2024 43rd Freda Barnard Invitational Gala
114	3:09.68	L	P	Maike Wheeler	13	MDOL JHB	29/11/2024 CGA Championships 2024
115	3:09.73	L	P	Trinity Kavanagh	13	TCA EKU	05/12/2024 EGA Summer Championships
116	3:09.74	L	F	Samantha Kröger	13	BARR CPT	17/10/2024 43rd Freda Barnard Invitational Gala
117	3:10.24	L	P	Emily Ackerman	13	QUES JHB	29/11/2024 CGA Championships 2024
118	3:10.53	L	F	Kaylee Van der Merwe	13	LAD UTD	11/01/2025 Uthukela District Age Group Gala
119	3:11.03	L	F	Esté Gersbach	13	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
120	3:11.07	L	F	Casey Lee McCabe	13	LSPHA MP	02/11/2024 Limpopo LS - Top 8 skole 2024
121	3:11.08	L	F	Emma Love	13	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
122	3:11.18	L	F	Isabella Oliver	13	QSAW CED	09/11/2024 Winelands SL4
123	3:11.27	L	F	Miya De Villiers	13	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
124	3:11.48	L	F	Ashley Williams	13	BLNE MAN	25/10/2024 Neptunes Gala
125	3:11.54	L	F	Nangamso Bodlani	13	STSC KCD	25/01/2025 uShaka Champs 2025
126	3:11.67	L	P	Courtney Biggs	13	SASE JHB	29/11/2024 CGA Championships 2024
127	3:12.04	L	F	Liane Coetzee	13	PLAY CED	17/10/2024 43rd Freda Barnard Invitational Gala
128	3:12.41	L	F	Anri Jonker	13	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
129	3:12.46	L	F	Danieka Botha	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
130	3:12.62	L	P	Emerson Woods	13	ESTR EKU	05/12/2024 EGA Summer Championships
131	3:12.70	L	F	Anika Lamprecht	13	VRC TSH	13/09/2024 NTS September Age Group 2024
132	3:12.75	L	F	Zoe Geddes	13	INFA NMA	31/01/2025 Infinity Gala 2025
133	3:12.91	L	F	Mia Lombard	13	HARL BUF	22/11/2024 BCA Long Course Championships 2024
134	3:13.12	L	P	Zaila Forsdyke de Almeida	13	RACE JHB	29/11/2024 CGA Championships 2024
135	3:13.74	L	F	Juliette Wallis	13	GREY CPT	02/11/2024 CTA A & B CHAMPS 2024
136	3:13.88	L	F	Marine Wilken	13	VALS FDD	04/12/2024 Free State Champs 2024
137	3:13.99	L	F	Moné De Kock	13	ELRAS WBD	29/11/2024 Limpopo Champs 2024
138	3:14.06	L	P	Janneke Scheepers	13	SGUL ETH	02/07/2024 Prestige Tournament 2024
139	3:14.11	L	F	Emily Oelofsen	13	TCA EKU	26/10/2024 Summer 3 Delville
140	3:14.13	L	P	Kiana Kalpage	13	RACE JHB	29/11/2024 CGA Championships 2024
141	3:14.25	L	P	Annabelle Marsh	13	TINC TSH	29/11/2024 CGA Championships 2024
142	3:14.57	L	F	Cornelea Breedt	13	ESP EKU	26/10/2024 Summer 3 Delville

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
143	3:15.00	L	F	Emma Terblanche	13	UNI EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
144	3:15.48	L	F	Jany Norval	13	SS MPD	29/11/2024 Limpopo Champs 2024
145	3:15.69	L	P	Courtney Logie	13	KLOO ETH	02/07/2024 Prestige Tournament 2024
146	3:16.17	L	F	Keira Wilson	13	ELEC TSH	13/09/2024 NTS September Age Group 2024
147	3:16.19	L	P	Charlotte Costa	13	MDOL JHB	29/11/2024 CGA Championships 2024
148	3:16.43	L	F	Lindsay Balmer	13	BLOT MAN	24/08/2024 Kovsie Gala 2
149	3:16.50	L	F	Lyla Barnard	13	RFA TSH	13/09/2024 NTS September Age Group 2024
150	3:17.21	L	P	Jessica Van Wyk	13	SEAL UMD	02/07/2024 Prestige Tournament 2024
151	3:17.38	L	F	Tatum Venter	13	WSS LLD	24/08/2024 Kovsie Gala 2
152	3:17.54	L	P	Daniella Tolmay	13	AFIN JHB	29/11/2024 CGA Championships 2024
153	3:17.55	L	F	Holly Oosthuizen	13	AQUA UTD	11/01/2025 Uthukela District Age Group Gala
154	3:18.52	L	P	Jordan Godfrey	13	AFIN JHB	29/11/2024 CGA Championships 2024
155	3:18.78	L	P	Peighton Le Roux	13	SOUL EKU	05/12/2024 EGA Summer Championships
156	3:18.81	L	P	Arinda Vorster	13	BS LLD	04/12/2024 Free State Champs 2024
157	3:19.47	L	F	Miane Muller	13	CA EKU	26/10/2024 Summer 3 Delville
158	3:20.00	L	P	Eden Jacobs	13	PER JHB	29/11/2024 CGA Championships 2024
159	3:20.24	L	F	Lene Bester	13	MATL KKD	07/12/2024 NWS Championships 2024
160	3:20.34	L	F	Taylor Henderson	13	COMS TSH	13/09/2024 NTS September Age Group 2024
161	3:21.08	L	F	Mia Bogacz	13	CUHE OBD	09/11/2024 Swartland Prestige Gala 2024
162	3:21.35	L	F	Carle Scholtz	13	CRSC JHB	22/01/2025 Crusaders Night Gala 2
163	3:21.40	L	P	Zoe Bayisayi	13	TCA EKU	05/12/2024 EGA Summer Championships
164	3:22.18	L	P	Lucy Seymour	13	CRSC JHB	29/11/2024 CGA Championships 2024
165	3:22.41	L	F	Sunechka Roodt	13	MATL KKD	09/11/2024 NWS Age Group 1 & 2 2024
166	3:22.66	L	F	Ava Pretorius	13	USC BUF	22/11/2024 BCA Long Course Championships 2024
167	3:22.74	L	F	Isabelle Boyd	13	UNI EZD	29/11/2024 Mpumalanga Championships 2024
168	3:22.90	L	P	Maya Johnstone	13	AFIN JHB	29/11/2024 CGA Championships 2024
169	3:23.01	L	F	Alessia Dowle	13	SS MPD	29/11/2024 Limpopo Champs 2024
170	3:23.26	L	P	Swapnika Kasireddy	13	SASE JHB	29/11/2024 CGA Championships 2024
171	3:23.87	L	F	Cara Hughes	13	FRA KCD	28/09/2024 KCDA Age Group 1 2024
172	3:23.91	L	F	Aila van Biljon	13	BLOT MAN	31/08/2024 Seals Gala
173	3:24.65	L	F	Mieke Botha	13	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
174	3:24.69	L	F	Peyton Van Der Ross	13	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
175	3:25.22	L	F	Amy Wellsted	13	CRSC JHB	20/11/2024 Crusaders Night Gala 1
176	3:25.30	L	F	Maleleko Mushikita	13	SS MPD	29/11/2024 Limpopo Champs 2024
177	3:25.34	L	P	Ciara Kroef	13	FAC EKU	05/12/2024 EGA Summer Championships
178	3:25.37	L	F	Moloko Masemene	13	ELEC TSH	13/09/2024 NTS September Age Group 2024
179	3:25.51	L	F	Danielle Bond	13	ROA EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
180	3:25.70	L	P	Zeina Bhamjee	13	ATLA JHB	29/11/2024 CGA Championships 2024
181	3:26.30	L	F	Danicka Groenewald	13	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
182	3:26.40	L	P	Kukhokonke Hlatshwayo	13	AA JHB	29/11/2024 CGA Championships 2024
183	3:27.19	L	F	Juané Labuschagne	13	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
184	3:27.25	L	F	Isabella Cownie	13	TUKS TSH	13/09/2024 NTS September Age Group 2024
185	3:27.32	L	F	Jemma Van Der Merwe	13	ELEC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
186	3:28.12	L	F	Emihle James	13	RBOT BPD	07/12/2024 NWS Championships 2024
187	3:28.31	L	F	Xandri Hattingh	13	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
188	3:28.71	L	F	Ava-Sophia Smith	13	HARL BUF	25/01/2025 BCA January Age Group Gala 2025
189	3:29.14	L	P	Bokang Seleke	13	AFIN JHB	29/11/2024 CGA Championships 2024
190	3:29.35	L	P	Kiara Naidoo	13	MAKO EKU	05/12/2024 EGA Summer Championships
191	3:29.55	L	F	Alouise Supra	13	TNDER FDD	15/11/2024 Valsrivier Gala 2024
192	3:29.75	L	F	Katlego Maja	13	TRAZ TSH	13/09/2024 NTS September Age Group 2024
193	3:29.98	L	F	Sameeha Valli	13	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
194	3:30.23	L	P	Ngoko Seke	13	MDOL JHB	29/11/2024 CGA Championships 2024
195	3:30.24	L	P	Clarrisa Schuch	13	LEGC ETH	02/07/2024 Prestige Tournament 2024
196	3:30.32	L	F	Ivanke Jacobs	13	HREF BPD	07/12/2024 NWS Championships 2024
197	3:30.36	L	P	Zoey Van Leeuwen	13	CRSC JHB	29/11/2024 CGA Championships 2024
198	3:30.54	L	F	Elle Joubert	13	PLAY CED	09/11/2024 Swartland Prestige Gala 2024
199	3:30.96	L	F	Kaitlynn Moodley	13	SEAL UMD	25/01/2025 uShaka Champs 2025
200	3:31.15	L	F	Anè Joubert	13	BLNE MAN	11/10/2024 Otters Prestige Gala 2024
201	3:31.22	L	F	Amelia Minnaar	13	USC BUF	13/12/2024 NMBA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
202	3:31.52	L	F	Lea Grobler	13	AQUA	UTD 07/12/2024 Uthukela District Age Group Gala
203	3:31.94	L	F	Alexia Montgomery	13	AQUA	UTD 12/10/2024 Uthukela District Age Group Gala
204	3:32.25	L	F	Leah Hopper	13	KNYA	EDD 02/11/2024 EDEN 2nd A-League Gala 2024 Schools
205*	3:32.26	L	P	Chizara Nsibanyoni-Anyiam	13	WATR	JHB 29/11/2024 CGA Championships 2024
205*	3:32.26	L	F	Nina Van Staden	13	KSC	EZD 29/11/2024 Mpumalanga Championships 2024
207	3:32.28	L	F	Kaira Nel	13	WELA	LLD 24/08/2024 Kovsie Gala 2
208	3:32.54	L	F	Hesmari MacRobert	13	KSTAR	EDD 02/11/2024 EDEN 2nd A-League Gala 2024 Schools
209	3:33.41	L	F	Rachele Goosen	13	UNIU	EZD 14/09/2024 MP SPRINT GALA 14 SEPTEMBER
210	3:33.72	L	F	Kirstin Bouwer	13	AGAQ	QBD 09/11/2024 Swartland Prestige Gala 2024
211	3:34.48	L	P	Isabella Ryan	13	ESTR	EKU 05/12/2024 EGA Summer Championships
212	3:34.65	L	F	Laaiqah Abrahams	13	INFA	NMA 31/01/2025 Infinity Gala 2025
213	3:35.40	L	F	Maya Mbhokota	13	CUHE	QBD 09/11/2024 Swartland Prestige Gala 2024
214	3:35.63	L	F	Tayla-Jean Gibb	13	HARL	BUF 25/01/2025 BCA January Age Group Gala 2025
215	3:35.85	L	P	Danica Carey	13	CA	EKU 05/12/2024 EGA Summer Championships
216	3:36.60	L	F	Amelia Kyprou	13	ESP	EKU 01/02/2025 EGA Last Chance Gala
217	3:37.26	L	F	Terina Retief	13	BLNE	MAN 11/10/2024 Otters Prestige Gala 2024
218	3:37.63	L	F	Chibeka Mwansa	13	MAHD	NMD 23/11/2024 NWS Age Group 3 + 4 2024
219	3:37.91	L	F	Zande Bata	13	SRAY	BUF 22/11/2024 BCA Long Course Championships 2024
220	3:38.63	L	F	Inge Borman	13	BULS	MAN 11/10/2024 Otters Prestige Gala 2024
221	3:38.66	L	F	Zanie Van Rooyen	13	RFA	TSH 11/10/2024 NTS Level 1+2 October Age Group 2024
222	3:38.89	L	F	Mieke Van der Walt	13	NWUC	KKD 07/12/2024 NWS Championships 2024
223	3:38.98	L	P	Chiara Surtees	13	CRSC	JHB 29/11/2024 CGA Championships 2024
224	3:39.42	L	P	Ofentse Mothopeng	13	MDOL	JHB 29/11/2024 CGA Championships 2024
225	3:39.51	L	P	Nokukhanya Maseko	13	MAKO	EKU 05/12/2024 EGA Summer Championships
226	3:39.90	L	F	Nikita Radley	13	NSAD	EZD 29/11/2024 Mpumalanga Championships 2024
227	3:40.46	L	P	Kylie Broncho	13	PER	JHB 29/11/2024 CGA Championships 2024
228	3:40.86	L	F	Angelina Fernandes	13	WSS	LLD 27/09/2024 Seals Gala 2
229	3:40.94	L	F	Nkembo Baghana	13	CPSC	TSH 13/09/2024 NTS September Age Group 2024
230	3:41.17	L	P	Anesuishe Jojozi	13	PELIC	MAN 04/12/2024 Free State Champs 2024
231	3:41.50	L	P	Kate Doull	13	ASA	ILD 02/07/2024 Prestige Tournament 2024
232	3:42.28	L	F	Beah-Zita Cerone	13	HAAG	UTD 07/12/2024 Uthukela District Age Group Gala
233	3:42.62	L S	F	Jamie Drysdale	13	GREY	CPT 21/09/2024 CTA INVITATIONAL LC MEET
234	3:42.75	L	F	Lune Coetsee	13	LAD	UTD 02/11/2024 Uthukela District Age Group Gala
235	3:43.53	L	P	Abigail Naicker	13	ACSA	ETH 02/07/2024 Prestige Tournament 2024
236	3:43.54	L	P	Paballo Mabote	13	MAKO	EKU 05/12/2024 EGA Summer Championships
237	3:44.45	L	F	Michelle De Beer	13	TASC	MPD 29/11/2024 Limpopo Champs 2024
238	3:44.85	L	F	Kate Tager	13	CUHE	QBD 09/11/2024 Swartland Prestige Gala 2024
239	3:45.25	L	F	Thandolwethu Dlamini	13	MSC	NGD 14/09/2024 MP SPRINT GALA 14 SEPTEMBER
240	3:45.87	L	F	Nomathemba Makhasane	13	MATL	KKD 09/11/2024 NWS Age Group 1 & 2 2024
241	3:47.18	L	P	Nala Hlapho	13	RBOT	BPD 07/12/2024 NWS Championships 2024
242	3:47.37	L	F	Sydney Sprout	13	TYGE	CPT 09/11/2024 Swartland Prestige Gala 2024
243	3:48.85	L	F	Bontle Dube	13	ESP	EKU 01/02/2025 EGA Last Chance Gala
244	3:50.16	L	F	Mienke Byliefeldt	13	RBUR	BPD 18/01/2025 EGA Summer 5
245	3:51.24	L	P	Amahle Mazula	13	MAKO	EKU 05/12/2024 EGA Summer Championships
246	3:52.04	L	P	Yalsha Moodley	13	SEALE	ETH 02/07/2024 Prestige Tournament 2024
247	3:52.81	L	P	Landri Du Toit	13	BULS	MAN 04/12/2024 Free State Champs 2024
248	3:52.85	L	F	Danelle Carstens	13	PSA	ZLD 26/10/2024 Froggies Aquatics Championships 2024
249	3:53.61	L	P	Peyton Russell	13	PGAC	EKU 05/12/2024 EGA Summer Championships
250	3:57.40	L	F	Orefile Ramphole	13	MATL	KKD 09/11/2024 NWS Age Group 1 & 2 2024
251	3:59.99	L	F	Mieka Janse van Rensburg	13	JAQ	EKU 18/01/2025 EGA Summer 5
252	4:00.41	L	P	Sithabile Mdlalose	13	JAQ	EKU 05/12/2024 EGA Summer Championships
253	4:00.48	L	F	Reabetswe Sebola	13	TUKS	TSH 13/09/2024 NTS September Age Group 2024
254	4:03.56	L	F	Carli Wessels	13	AGAQ	QBD 17/10/2024 43rd Freda Barnard Invitational Gala
255	4:07.00	L	F	Kayla De Lange	13	TASC	MPD 29/11/2024 Limpopo Champs 2024
256	4:07.72	L	P	Zisuliwe Zikhali	13	MAKO	EKU 05/12/2024 EGA Summer Championships
257	4:12.95	L	F	Amber Terclavers	13	SOUL	EKU 01/02/2025 EGA Last Chance Gala
258	4:13.72	L	F	Naledi Mohapi	13	ESTR	EKU 26/10/2024 Summer 3 Delville
259	4:19.97	L	F	Gabby Veldman	13	AASC	EZD 11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
260	4:24.22	L	F	Leane Botha	13	FRA	KCD 28/09/2024 KCDA Age Group 1 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
261	4:26.32 L	F	Paige Halse	13	AQUA BUF	15/06/2024	PEA Winter Gala 2024	
262	4:28.36 L	F	Lunè Botes	13	BS LLD	15/11/2024	Valsrivier Gala 2024	
263	4:49.08 L	P	Oratilwe Ngubeni	13	JAQ EKU	05/12/2024	EGA Summer Championships	
Women 13-13 400 IM								
1	5:26.32 L	F	Ava Lorenzen	13	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024	
2	5:32.47 L	F	Thandi Bosman	13	USC BUF	22/11/2024	BCA Long Course Championships 2024	
3	5:34.97 L	F	Angelica Tsai-Rieb	13	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024	
4	5:37.71 L	F	Irma Kotzé	13	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
5	5:44.29 L	F	Leandi Prinsloo	13	BS LLD	04/12/2024	Free State Champs 2024	
6	5:47.10 L	F	Lulu Swanepoel	13	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024	
7	5:53.72 L	F	Anja De Villiers	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024	
8	5:59.95 L	F	Zoe Morgado	13	CSA EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024	
9	6:01.08 L	F	Rebecca Nilsson	13	TYGE CPT	15/06/2024	PEA Winter Gala 2024	
10	6:04.66 L	F	Olivia Stroebel	13	HPS TSH	13/09/2024	NTS September Age Group 2024	
11	6:06.37 L	F	Erin Weimann	13	USC BUF	22/11/2024	BCA Long Course Championships 2024	
12	6:06.95 L	F	Hannah-Grace Havinga	13	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
13	6:11.71 L	F	Anya Sonnekus	13	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024	
14	6:14.25 L	F	Mia Pienaar	13	PGAC EKU	05/12/2024	EGA Summer Championships	
15	6:21.27 L	F	Ansuné Van Vuuren	13	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024	
16	6:23.72 L	F	Isabella Oswald	13	CRSC JHB	29/11/2024	CGA Championships 2024	
17	6:37.51 L	F	Mia Putter	13	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024	
18	6:42.44 L	F	Storm Bircher	13	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024	
19	6:44.57 L	F	Jaimee Cronje	13	COMS TSH	13/09/2024	NTS September Age Group 2024	
20	6:46.45 L	F	Annabelle Gwilt	13	SASE JHB	29/11/2024	CGA Championships 2024	
21	7:07.90 L	F	Annabelle Marsh	13	TINC TSH	29/11/2024	CGA Championships 2024	
22	7:09.95 L	F	Mia Bogacz	13	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024	
23	7:16.86 L	F	Cornelea Breedt	13	ESP EKU	05/12/2024	EGA Summer Championships	
24	7:32.71 L	F	Kiara Naidoo	13	MAKO EKU	12/10/2024	EGA Summer 2	